



Hazelbank Road, Catford, London, SE6 1TG

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15th November 2024

Dear parents and carers,

We have had such a lovely day today thinking about Children in Need and learning about all the amazing work that goes on to support vulnerable children across the country. Thanks to your generosity, we raised over £500 on the gates this morning. There is still time to donate if you would like to: <https://donate.bbcchildreninneed.co.uk/>

The children have been also very reflective this week during anti-bullying week. They discussed ways in which to help each other to speak out against bullying and the importance of reporting any worries or concerns they might have.

Thank you to those who attended the workshops for Oracy and Speech and Language this week. We hope you found them helpful. We will be running more workshops throughout the year. If there are particular themes or topics you would like us to cover, please get in touch via the admin inbox.

Don't forget to be ready for school photographs on Monday. Please make sure children are in school uniform.

We have updated the dates for your diary section this week so please check for newly added events.

Please remember to order your holiday cards by 20th November. See details later on in the newsletter.



I hope you have a wonderful weekend.

Best wishes
Manda George
Headteacher

Rights Respecting School

During our Rights Respecting assemblies this week, we have been discussing Anti-Bullying Week. Anti-bullying Week is held each year in November and is a time for all of us to think about how we can develop positive relationships in school based on dignity and respect, take a proactive approach to preventing bullying and also support people who have faced or are facing bullying. There are a number of articles that link to Anti-Bullying Week including Article 2,

Article 12, Article 13 and Article 19
which we discussed with our peers.



Children In Need




Together, we can
MAKE A DIFFERENCE

Height and Weight Screening – Tuesday 19th November

Height and Weight Screening
on the 19th November 2024 for Year 6 and
Reception ONLY

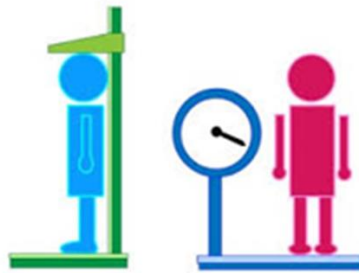


Photo Day – Monday 18th November

Photo day is on Monday 18th November. Please ensure your child is in school uniform. Parents are responsible for sibling photos which will take place after school from 3.15-4:15pm. Sibling photos will include Torridon children only.



Exam Success



Congratulations to Imogen who passed her grade 2 guitar exam with merit.

Well done Imogen, we are all very proud of you!

Bake Sale - Nursery Fundraiser



The bake sale is at 3.15pm – 3.45pm.

Cakes are £1 and biscuits are 50p each.

The bake sale is cash only.

Reception – Children in Need

Reception had a wonderful day showing off their spotty outfits. We learnt about the charity Children in Need and talked about our love for Pudsey.



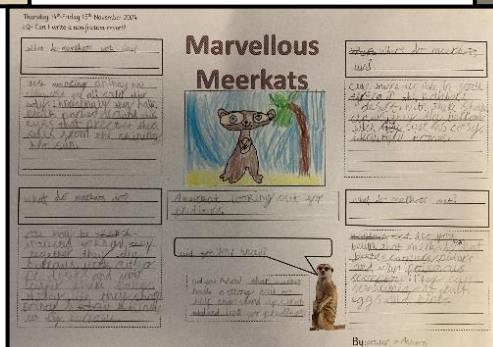
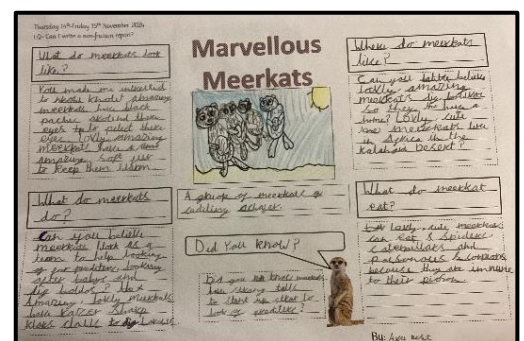
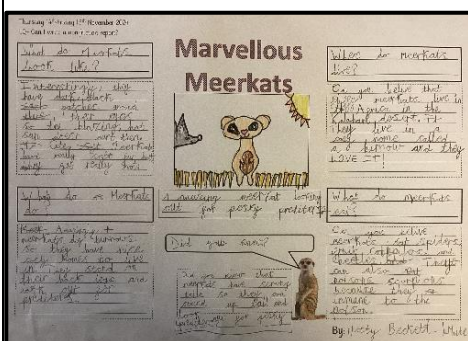
Year 1 – Trip to the Horniman Museum

As part of Year 1's topic 'Under The Sea', we visited the Horniman Museum. We explored the museum's aquarium and learned about creatures that live under water and discusses the importance of keeping the oceanic habitats clean.



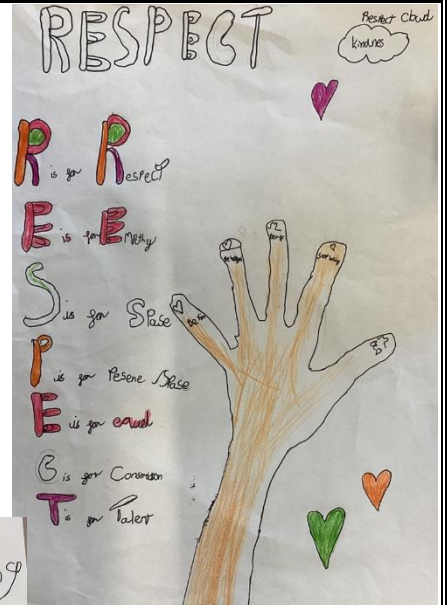
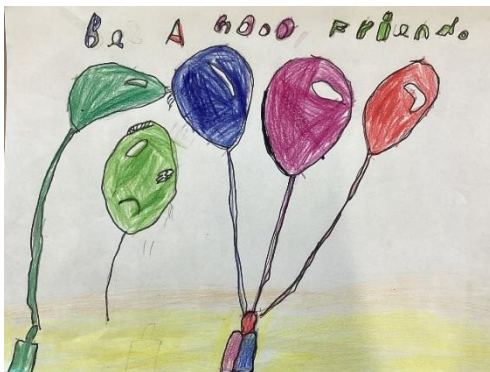
Year 2 – Marvellous Meerkats

This week year 2 have been busy learning all about Meerkats! Throughout the week we collected lots of facts about these amazing animals and had lots of fun making our very own Meerkat report! Take a look at our lovely learning to find our lots of incredible facts about Meerkats...



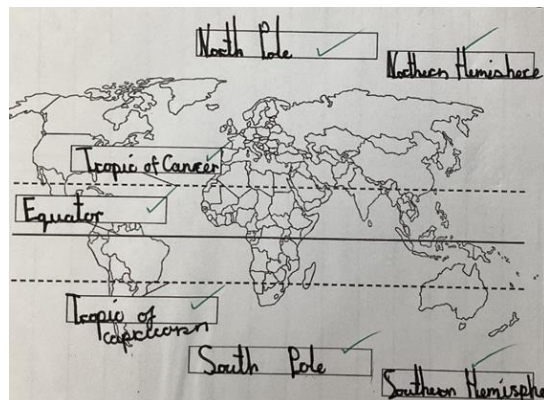
Year 3 – Anti-Bullying Week

During Anti-Bullying week, the year 3 children have done lots of activities to raise awareness, and to choose respect. For story time, we read Hector's New Trainers, which we all really enjoyed and gave us lots of food for thought! After discussing the themes and messages of the story, we went on to collaboratively create posters and leaflets all about anti-bullying and respect. We are proud of our learning, and how we are demonstrating kindness and respect to one another.



Year 4 - Geography

We have started our 'Discovering the Ice Caps' theme by using our geographical skills to learn about lines of latitude and longitude. To do this, we looked at globes to identify and label the significant lines of latitude. Then we gathered knowledge from different sources including atlases to prove whether a set of statements about lines of latitude were true or false.



Year 5 – Dance

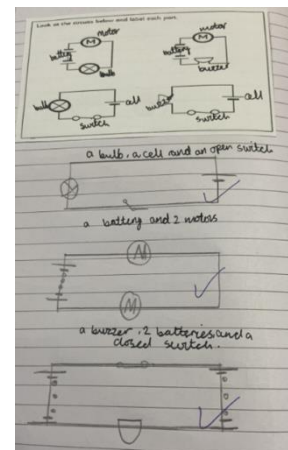
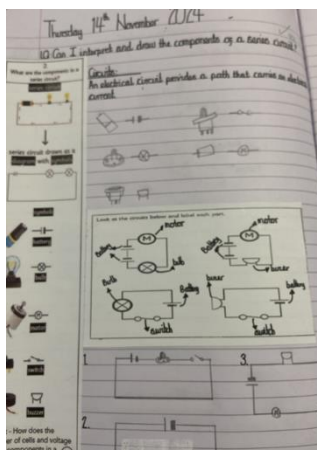
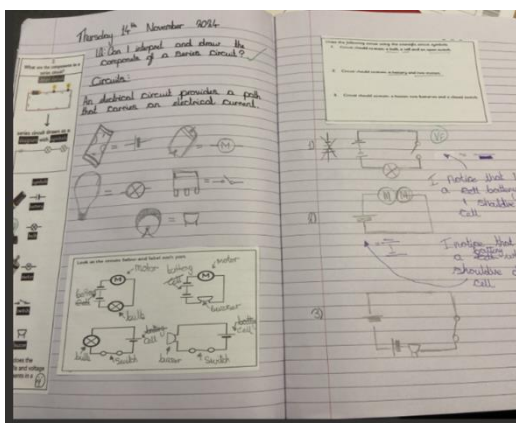
This term, Year 5 children have been immersing themselves in the world of dance by exploring narrative and visual imagery from around the globe. As part of their choreography, they have been using a variety of creative stimuli, including artwork and stories, to inspire their movement.



This week, a key focus has been the dramatic theme of a shipwreck, with students using props to bring the scene to life. They've worked collaboratively to interpret the chaos and emotion of a shipwreck, integrating dance vocabulary to express the unfolding events through movement. Each class has produced exciting and imaginative outcomes, showcasing the diverse ways in which the students have interpreted the theme.

Year 6 - Science

In Year 6 we are learning about electricity. In today's lesson, we learned about the components of a series circuit and were able to identify the scientific symbols for them. An electrical circuit provides a path that carries an electrical current and we deduced that when a circuit is incomplete, the energy will not flow and components like a bulb or motor will not operate.



Resource Base – Life Skills

This week in the Resource Base, we have been learning life skills to encourage the children to be more independent. We started with putting our shoes on the right feet and tying our laces. The children were grouped based on their stages of development and used visual instructions or models to try and complete the activity independently. All of the children were so resilient and really persevered. We are going to continue learning more life skills throughout this term.



Royal Ballet Upper School Trip

Year 2 children visited the Royal Ballet Upper School to watch a demonstration of classical ballet. We were invited to watch a class and then visited the Royal Opera House and ballroom. The children could make links to the dance curriculum and their prior learning of *The Nutcracker*.



PTA Inset Day

PTA INSET DAY

Date: Friday 22 November 2024

TIME: 9.30am - 3pm

Location: Bellingham Leisure centre

Scan the QR Code to book

BOXING



SOFTPLAY

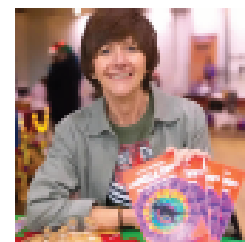
(Children upto aged 10)



FOOTBALL

[https://friendsoftorridonpta.sumupstore.com
/category/bellingham-inset-22-nov-2024](https://friendsoftorridonpta.sumupstore.com/category/bellingham-inset-22-nov-2024)

**STORYTIME WITH
ALLISON PARKINSON**



All children MUST be accompanied by their parent/guardian!!

Access All Arts



You may remember that the Sky Arts team came to do some filming in the summer term. We can finally see a taster of the promotional video.

[Click here for the Sky Arts Access All Arts Video Clip](#)

Art Exhibition – Change of Date

Please note the whole school Art Exhibition has been postponed and will now take place on:

Thursday 13th February 3.15 – 6.00pm

and

Friday 14th February 3.15pm – 4.30pm

Christmas Cards

To customise and order your child's cards or other gift items, visit www.apfsorders.co.uk and input the unique code found on the label on the back of your child's artwork. You will also be asked to input your child's first name and surname – this is just for the school's benefit to help with distribution of orders.

Orders must be placed by midnight Wednesday 20th November.

At the start of December, you will receive your cards and any other items you've ordered!



CHRISTMAS PROJECT
Turn your child's creativity into personalised gifts that everyone will love!

HOW TO ORDER:

- 1 Visit apfsorders.co.uk
- 2 Enter the unique artwork code on the back of your child's artwork under the QR code.
- 3 Place your order and get your unique gifts delivered to school.

Why doesn't the QR code scan on the back of my artwork?
The QR code is for internal use only and won't work with external devices. Head to apfsorders.co.uk and enter your unique code.

What if I miss the deadline?
You can still place an order, but the school won't receive fundraising, and your items will be sent to your home with an additional postage fee.

What if you didn't send us your artwork?
No problem, just enter the 8 character code that appears under your QR code on the reverse of your artwork and you will be prompted to upload a photo of your artwork (Jpeg).

When will I receive my order?
Your order will be delivered to the school along with all other orders on the date agreed by the organiser.

TAP HERE

01227 262417 info@apfs.org.uk   

Dogs At The School Gates

We respectfully ask that you do not bring your dog to school for pick up and drop off. Pick up is a very busy time of day. We have a number of children with allergies and we do not want to run the risk of dog poo near the school gates. Some children are afraid of dogs and if a nervous child runs or screams, a dog may think it is a game and get overexcited. This can add to the child's and the dog's anxiety.

Only assistance dogs and dogs being used for education purposes are allowed onto school premises.

Thank you for your co-operation.



Dates for Your Diary

Monday 18th November	Individual, sibling and class photographs
Tuesday 19 th November	Reception and Year 6 height and weight screening
Wednesday 20 th November	Year 2 to London Zoo
Thursday 21 st November	Year 3 Pool River Walk
Friday 22nd November	INSET DAY – SCHOOL CLOSED TO CHILDREN PTA Activities, tickets on Torridon Sumup Store
Monday 25 th November	Year 5 Zoolab workshop
Friday 29 th November	String ensemble performance at Saint Andrew's Church (time TBC)
Week beginning 2nd December	Whole school assessment week
Thursday 12 th December	Friends of Torridon PTA School Disco
Friday 13 th December	9.00 Year 5 assembly performance 2.45 Year 6 assembly performance
	String ensemble performance Lewisham Shopping Centre
Monday 16 th December	9.00 Year 1 assembly performance 2.00 Resource Base assembly performance 2.45 Year 2 assembly performance
Tuesday 17 th December	Early Years Nativity performance 9.00am OR 2.45pm
Wednesday 18 th December	Christmas Lunch
Thursday 19 th December	9.00 Year 3 performance assembly 2.45 Year 4 performance assembly
Friday 20 th December	Last day of the autumn term
Monday 23rd December – Friday 3rd January	CHRISTMAS HOLIDAY
Monday 6th January 2025	First day of the spring tem
Friday 17th January	INSET DAY – SCHOOL CLOSED TO CHILDREN
Thursday 30 th January	PTA Sponsored Bounce
Wednesday 5 th February	9am – parent and carer coffee morning with the Mental Health Schools Team
Tuesday 11 th February	Safer Internet Day
Thursday 13 th and Friday 14 th February	Whole school art exhibition PLEASE NOTE CHANGE OF DATES
Friday 14 th February	PTA fundraiser Non-uniform day
Monday 17th – Friday 21st February	HALF TERM HOLIDAY

Guru Nanak Jayanti



In the Sikh calendar, 15th November is observed worldwide as **Guru Nanak Jayanti**. On this sacred day, devotees honor the founder of Sikhism, beginning with an 'Akhand Journey' and paying tribute to his teachings. This year is very special, as it will be celebrated as the 555th birth anniversary of Guru Nanak Dev Ji.

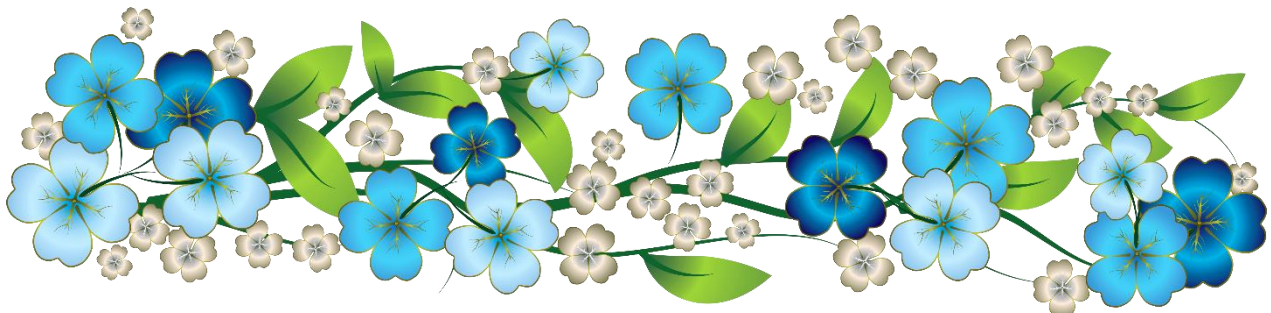
Oracy Project – Favourite Food

Oracy

What is your favourite food and why?



My favourite food is... because...



Drumbeat Outreach



Drumbeat Outreach

Parent Workshop

Developing Independence in Self-Care and Hygiene for children with Social Communication Differences

A parent workshop exploring the barriers to support children in developing independence in self-care skills such as toileting.

Monday 18th November 2024 – 10.30am-12pm

This session will be a webinar.

Please email outreach_admin@drumbeat.lewisham.sch.uk or telephone
020 7635 9022 to reserve your place.



Drumbeat






STARS OF THE WEEK



Class	Name	Reason
Nursery FT	Ainhoo	For being kind and looking after your friends, especially helping to put on their coats. Well done, Ainhoo! 😊
Nursery AM	Aswi	For playing nicely with your friends. Well done, Aswi! 😊
Nursery PM	Theo	For being kind and speaking with your friends. Well done, Theo! 😊
Blue Class	Narjis	For being a kind friend and showing great work in his phonics. Well done Narjis! 😊
Red Class	Max	For being a fantastic helper at forest school and having a positive attitude to his learning. Well done Max! 😊
Yellow Class	Bobby	For always having a positive attitude to school and learning. Well done!
1M	The Whole Class	For being absolutely fantastic on our trip to the aquarium! You all represented Torridon with pride and excellence. 😊
1N	The Whole Class	For your enthusiasm and teamwork on our trip to the aquarium. You made it an enjoyable experience for us all. 😊
1W	The Whole Class	For embracing the adventure with such positivity and excitement. 😊
2E	Chance	For trying his best in all areas of his learning! It has been wonderful to see your confidence and enthusiasm in learning this week! 😊
2S	Hetty	For her excellent effort in all areas of her learning! You are a wonderful role model to your peers and we are so proud to have you in 2S. Keep it up Hetty! 😊
2SW	Christian	For writing an excellent non-chronological report all about Meerkats. I was so impressed to see that his learning was presented so beautifully. He really tried his very best! Well done Christian, keep it up! 😊
3A	Masha	For being such a friendly and positive member of the class. Well done! 😊
3G	Talula	For always trying her best and for being a great role-model in 3G. Well done Talula!
3S	Oscar	For working really hard in writing all week. Well done for being a positive role model to everyone in our class. 😊
4K	Cairo	For showing excellent effort during lessons this week and working hard.
4L	Phaedra	For always putting in 100% effort and presenting her work beautifully. Thank you for being an excellent role model for behaviour!
4S	Arlo	For being an outstanding role model to his peers! He is kind and considerate, he tries his best in everything he does and he makes interesting contributions to discussions. Well done to our fabulous Times Tables Rock Star! 😊
5C	Abigail	For always being focused and participating in lessons. She portrays a very good attitude to learning. Well done!
5L	Lola	For always actively participating in class discussions and offering to read aloud during whole class reading. Well done!
5V	Hannah	For being kind and helpful to others
6A	David	For his resilience and positive approach in every area of his learning. He never gives up; always tries his best, even when tasks are challenging. Keep it up!
6L	Moyo	For showing fantastic effort in your maths learning. We can see how hard you are working and are proud of you. Well done!
6R	Neriah	For always demonstrating all of the core values and being a role model of integrity.
RB Blue	Kenny	Well done for persevering with tying your shoelaces during our life skills session this week.
RB Green	Jarelle	Well done for settling into the Resource Base so well, trying your best with your learning and asking lots of questions.

Weekly Attendance

Class	Attendance		Class	Attendance		Class	Attendance	
1M	96%		3A	98%		5C	99.23%	
1N	97%		3G	96%		5L	93%	
1W	99%		3S	96%		5V	93%	
2S	98%		4K	93%		6A	95%	
2SW	97%		4L	96%		6R	99.59%	
2E	96%		4S	97%		6L	94%	

Well done to all the classes who won the attendance cup this week!

Christmas Festivals



ORDER NOW
FOR EARLY BIRD DISCOUNTS
WWW.ABBOTSHALLHLC.ORG.UK/CHRISTMAS-TREES

CHRISTMAS TREES
CHRISTMAS WREATHS

LOCAL DELIVERY AVAILABLE

abbotshall
 HEALTHY LIFESTYLE CENTRE





South London Children and
Young People's Community
Immunisation Service

Missed your flu vaccine?

**Live or go to school in the borough of
Lewisham? Aged 4-16?**

Come down to a flu catch-up clinic and protect
yourself this winter!

**Monday 18 November, 15:30 - 17:00
Downham Health & Leisure Centre, BR1 5EW**

**Tuesday 19 November, 15:30 - 17:00
Downham Health & Leisure Centre, BR1 5EW**

**Wednesday 20 November, 15:30 - 17:00
Downham Health & Leisure Centre, BR1 5EW**

**Thursday 21 November, 15:30 - 17:00
Downham Health & Leisure Centre, BR1 5EW**

**Friday 22 November, 15:30 - 17:00
Downham Health & Leisure Centre, BR1 5EW**

**No appointment necessary.
Call 020 3903 3635 for more information**

10 Top Tips for Parents and Educators TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

1 CONSIDER CYCLE TRAINING

Courses like Bikeability are extremely useful, and training in general has come a long way since cycling proficiency began; there are also ability courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signaling and visibility), and can help both parents and children feel more at ease on busy streets.

2 USE A SUITABLE BIKE

Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

3 TRY A CARGO BIKE

Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

4 INSPECT YOUR CYCLE

It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

5 BRING SUITABLE GEAR

Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bike with a white front light, a red rear light and a red rear reflector. These are required by law.

6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

7 STAY ALERT AND IN SAFE FORMATIONS

For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

8 AVOID PARKED CARS

When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

9 START A 'BIKE BUS'

Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together, who knows – maybe, in time, you'll have other folks asking to join you!

10 HAVE FUN!

Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.



Source: see full reference list on guide page at: <https://nationalcollege.com/guides/teaching-cycle-safety>