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25th July 2024

Dear parents and carers,

Welcome to the last newsletter of the summer term.

We have reached the end of another year at Torridon and what a year it has been! The children have enjoyed so many wonderful experiences throughout the year – trips, workshops, concerts, exhibitions, performances, sports events, theme weeks and celebrations have all come together to enhance their learning and their enjoyment of school.

None of those things could happen without the amazing staff team. Teachers and support staff work so hard to make sure that children are cared for, challenged and have fun throughout the year. Karen and Sai make sure that our children with SEND have everything they need to thrive. I know you will want to join me in saying thank you to each and every one of them for going above and beyond to make sure that our children's time at Torridon is truly memorable.

We also need to thank some of the unsung heroes of Torridon – our fantastic admin, premises and breakfast club teams. We definitely could not manage without them and really appreciate everything they do.

Thank you to our dedicated Governing Board who give up their precious time to support the school and help in setting the strategic direction and huge thanks to our wonderful PTA team who have organised and run many amazing events to bring us together and raise funds for the school.

What a great way to finish the year with our *'one school, many cultures event'* yesterday. It was so wonderful to see the whole school community coming together and we want to thank you for sharing all your delicious dishes with us.

I would also like to take the opportunity to thank you for all your ongoing support for Torridon. It is an absolute pleasure to work in partnership with you and I am so proud to be the headteacher of your school.

Have a great summer and we look forward to seeing you in September.

Best wishes

Manda George

Headteacher



Sports Day Results!

Thank you to everyone who came to spectate and participate in our three sports days this year! It was lovely to see so many smiles on faces while playing the games, as well as the incredible athletic skills showcased by the children. The final results are in! Scores from all three events were totalled, meaning the final results were based on the EYFS, KS1 and KS2 children's scores. Congratulations to the blue team who accumulated the most points overall!! Second place went to the red team this year whilst the green team were not so far behind in third place. Please see the table below to find out which team won in each of the 22 classes of Torridon.

Torridon Primary School Sports Day Results 2024				
Class	Winners	Year Group	Winners	Whole school winners 2024
N1	Red	EYFS	Blue	Torridon Primary School Sports Day Winners 2024: Blue Team!
N2	Red			
RY	Blue			
RB	Blue			
RR	Red			
1M	Blue	Year 1	Green	
1N	Green			
1W	Red			
2S	Red	Year 2	Blue	
2SW	Blue			
2V	Green			
3A	Blue	Year 3	Blue	
3G	Blue			
3S	Red			
4A	Blue	Year 4	Blue	
4L	Blue			
4S	Green			
5C	Red	Year 5	Red	
5L	Green			
5S	Blue			
6A	Red	Year 6	Red	
6B	Red			

One School, Many Cultures



Thank you Loren, Shalom and Shanae for organising such a wonderful event!

Thank you from Friends of Torridon PTA

We had our best Summer Fair yet!

Running a school fair is a real labour of love, and we couldn't do it without all those who give so generously of their time, passion, and resources to make our school community truly great. We extend our heartfelt thanks to everyone who made the day possible - our hardworking and committed PTA volunteers, our supportive school staff, and generous business sponsors and individual donors, especially:

- Camella's World Food team and the amazing home cooks, community groups, and small businesses who brought so much flavour and energy to the fair
- Bex and Holly's Barbecue team and David Oakman & Sons Ltd Family Butchers who offered a generous discount on the burgers and sausages
- Katy's Bake Sale team and all the fabulous home bakers
- Ruth's Licenced Bar team and Torridon Convenience Store who offered a significant discount on drinks
- Emma's Raffle team and all the businesses and individuals who generously offered prizes and sponsorship donations, including Hunters Estate Agents, Saplings After School Club, Harlem2Manila, and Bailwood
- Meliz's Games and Prizes team with helpful support from Michael Church and all Torridon families who contributed games prizes
- Elle and the Badge Making & Plants team
- Siobhan and the Glitter Tattoos team
- Hannah's Books team and everyone who donated books
- Inflatables volunteers and Epic Inflatables who offered discounted hire fees
- Sarah and the Ticket Sales team
- Chris, Sam, Deme, Irie Dance, and all the student performers
- Kelley, the Year 5 Bracelets team, and Sarah and the Eco Leaders
- Tom, Darryl, Jo, Katherine, Shai, and Sue for always offering a friendly smile and helping hand
- Set up and clean up crews who made light work of all the heavy lifting
- Chase and his team of volunteers for their hard work and initiative
- Manda and Claire for their ongoing support
- Everyone in our community who came to the fair and spent their hard earned money to support our school

We hope you have a fantastic summer and are looking forward to seeing you next year!

- Megan Wybrew, PTA Trustee

Year 6 - Disco



Thank you to our wonderful year 6 parents and carers for giving our year 6 leavers such a great send off!



Term Dates 2024 - 2025

AUTUMN TERM 2024

INSET DAYS	Monday 2 nd and Tuesday 3 rd September 2024
First Day of Autumn Term	Wednesday 4 th September 2024
HALF TERM HOLIDAY	Monday 28 th - Friday 1 st November 2024
INSET DAY	Friday 22 nd November 2024
Last Day of Autumn Term	Friday 20 th December 2024
CHRISTMAS HOLIDAY	Monday 23 rd December 2024 – Friday 3 rd January 2025

SPRING TERM 2025

First Day of Spring Term	Monday 6 th January 2025
INSET DAY	Friday 17 th January 2025
HALF TERM HOLIDAY	Monday 17 th - Friday 21 st February 2025
Last Day of Spring Term	Friday 4 th April 2025
EASTER HOLIDAY	Monday 7 th – Monday 21 st April 2025

SUMMER TERM 2025

First Day of Summer Term	Tuesday 22 nd April 2025
BANK HOLIDAY	Monday 5 th May 2025
HALF TERM HOLIDAY	Monday 26 th May – Friday 30 th May 2025
INSET DAY	Friday 20 th June 2025
Last Day of Summer Term	Tuesday 22 nd July 2025
Children do not come to school on INSET Days	

Nursery – Teddy Bears Picnic



We have had a busy end of the term in Nursery. We had a leavers party with Manda and Kelley. They had the opportunity to try our homemade jam using Forest school blackberries.

Then, we went to Forster park for our teddy bears' picnic. They had lots of fun with their friends!

Reception – That's a Wrap!

Reception have had an absolutely brilliant year and a final week of spending time and playing with our staff. We celebrated our different cultures and showed off our wonderful outfits on Wednesday. We had a class party to end the year with lots of dancing! We're excited for our summer holidays but even more excited to come back in September and start our journey in Year 1.



Year 1 – One School, Many Cultures

Year 1 have had a great day dressing up in traditional clothes and learning about each other's cultures and nationalities. We showed off our outfits in a fashion show and displayed our diverse and beautiful 'stain glass window' culture portraits in the windows next to the year one classrooms.



Year 2 - One School, Many Cultures

This week in year 2, we have been looking at the many different communities that we are a part of as well as sharing and appreciating all our different cultures.



Year 3 – One School, Many Cultures

This week, year 3 have discussed what 'One School Many Cultures' means to us. We thought carefully about what makes each person unique and designed a puzzle piece which best represents us. All of the puzzle pieces connect to make our wonderful, diverse community.



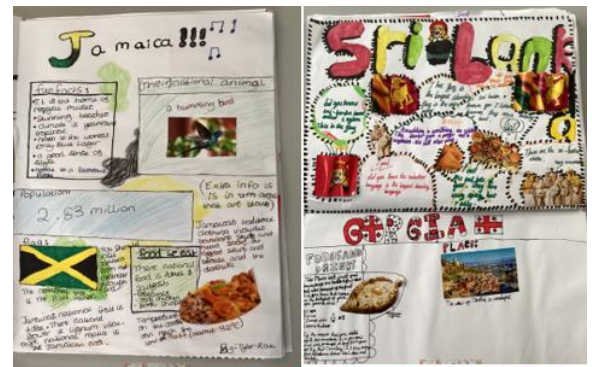
Year 4 – DT Cooking

In year 4 this week, we have been making a very tasty chickpea curry. We sliced and diced our fresh spices and vegetables which included: ginger, garlic, onion and green beans. Then we measured out our dry spices – we were very careful with the chilli powder! We sautéed the onions and veg and added chickpeas and chopped tomatoes. We then got to sample it alongside pitta bread and yoghurt. Most of us agreed it was delicious and we want to try making at home! For our families!



Year 5 – One School, Many Cultures

This week, year 5 have immersed themselves in the 'One School Many Cultures' week. They created art pieces and non-chronological reports based on their countries. Year 5 had a fantastic day dressing up in their traditional clothes and it has been a very colourful, diverse day! We are proud to learn from each other's rich cultural experiences.



Resource Base - Olympics

We held the Resource Base Olympics this week! The children loved trying new activities, competing against each other and also working together in their teams.



Instrumental Lessons For September

We provide lessons on the following instruments:

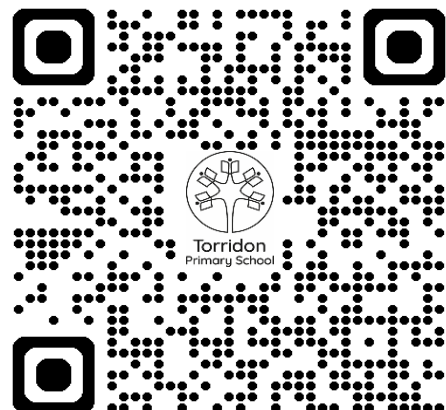
Violin	Solo/Paired/Group
Piano	Solo
Guitar	Solo/Paired/Group
Drum Kit	Solo/Paired
Recorder	Solo/Paired/Group
Clarinet	Solo/Paired/Group
Saxophone	Solo/Paired/Group
Drum Fun	Large Group

If you would like to apply for an instrumental lesson for September, please use the following link and complete the form at the bottom of the page:

<https://www.torridonprimary.lewisham.sch.uk/curriculum/creative-curriculum/music/>

If you wish to discuss an existing lesson, please contact the music email address:

music@torridonprimary.lewisham.sch.uk



Football Match – Staff vs Torridon Girls' Football Team

After the KS2 sports day was cut short due to the incredible heat, we rearranged the staff vs children football matches to take place in school. On Tuesday, the girls' football team played against the year 3&4 staff in front of the year 3&4 children. It was lovely to see how well they have come together as a team and how their confidence has grown this year. They dominated the opening stages of the game and 1-0 up but eventually lost the match 3-1 to after the staff team began to grow together and Valerie (year 4 staff member) made some incredible saves in goal! The boys' team played against the year 5&6 staff members and thoroughly enjoyed breaking the pattern by winning the game 3-1! Anthony (year 5 staff member) pulled the staff team level after going 1-0 down but the boys rallied on and scored twice more to eventually secure the first children's team win ever! Well done to the boys and girls for an incredible year of football. For those of you who wish to continue playing in secondary school - this is only the beginning!






Dates for Your Diary

Monday 1 st and Tuesday 2 nd September	INSET DAY (school closed to children)
Wednesday 4th September	First Day of Autumn Term
Monday 9 th September	9.00am Year 1 Welcome meeting
	2.45pm Year 2 Welcome meeting
Tuesday 10 th September	9.00am Year 3 Welcome meeting
	2.45pm Year 4 Welcome meeting
Wednesday 11 th September	9.00am Year 5 Welcome meeting
	2.45pm Year 6 Welcome meeting

Weekly Attendance

Well Done to All the Classes Who Won The Attendance Cup This Week!

Class	Attendance		Class	Attendance		Class	Attendance	
1M	94%		3A	97.46%		5C	94.51%	
1N	93%		3G	93%		5L	93%	
1W	95%		3S	96%		5S	94.55%	
2S	97.13%		4A	97.31%		6A	94%	
2SW	96.62%		4L	95%		6C	94%	
2V	95%		4S	95%		6L	94.63%	

Therapeutic Parenting Groups

We have two Therapeutic Parenting groups starting in September at
St Marys and Rushey Green Schools.

Our Therapeutic Parenting group is for parents and carers with a child
aged 4 – 11 years who either has a diagnosis or may have ADHD.

Your child may also display behaviours that make places and spaces unsafe to be in or cause
serious harm to themselves and others.

This course is not suitable for children with a diagnosis of ASD.

During the course parents learn alongside other parents about:

- Why taking the time to play is important.
- How language can help to manage emotions.
- Creating and enforcing boundaries.
- How to help your child calm down
- Recognising the positives and how praise helps
- How incentives can help with behaviour change.
- Understanding consequences and how and when they are helpful.
- Give efficient commands
- Issue realistic consequences

To enquire or book your place please contact us via

www.lewishamcfc.org.uk/contact-us/ or call 07377 724243

Secondary School Updates



2024
Saturday 20th July
Saturday 10th August
Saturday 31st August
AM or PM available



Townley PTA 11+ Mock Tests

Mathematics | Comprehension | Verbal Reasoning | Non-Verbal Reasoning

Mock tests are run for Year 5 pupils who are planning to sit secondary school entrance tests. Pupils will sit a unique and full-length Bexley/Kent 11+ mock test produced by Atom Learning.

These sessions will replicate the real 11+ experience on test day and will be held at Townley Grammar School.

Spaces are limited and early booking is recommended.

Each session will cost £70
Package of 3 tests available for £180

To book: Scan the QR code or visit
<https://wearetownley.com/pages/mock-tests>

Please note: Mock tests are organised by the Townley Grammar School PTA
Contact: ptamocktgs@gmail.com

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College



OPEN DAY
Saturday 21 September 2024
Doors open 9.00am, final entry 2.00pm

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London, SE6 4TY
020 8516 7226





STARS OF THE WEEK



Class	Name	Reason
Nursery FT	Everybody	For being amazing this year. We are all proud of you 😊
Nursery AM	Everybody	For being amazing this year. We are all proud of you 😊
Nursery PM	Everybody	For being amazing this year. We are all proud of you 😊
Blue Class	Zolihat	For settling into Blue class and listening to instructions this week. Well done!
Red Class	Erin G	For her fantastic positive attitude to her learning throughout the year. Well done!
Yellow Class	Albert	For always being kind to others and his positive attitude to learning. Well done!
1M	The Whole Class!	For their amazing effort, resilience and achievements this year! I am extremely proud of all. Well done 1M and enjoy your summer! 😊
1N	The Whole Class!	For the amazing effort they have put into their learning, this year. They have made us extremely proud. Keep up the great work in year two! 😊
1W	The Whole Class!	For their amazing effort, resilience and achievements this year! I am extremely proud of them. Well done 1W!
2S	The Whole Class!	For all of their hard work and progress during their time in Year 2! I am so proud of you all, good luck in Year 3! 😊
2SW	The Whole Class!	For all of their hard work and progress during their time in Year 2! I am so proud of you all, good luck in Year 3! 😊
2V	The Whole Class!	For all of their hard work and progress during their time in Year 2! I am so proud of you all, good luck in Year 3! 😊
3A	3A	You have been stars all year and we are so proud of you.
3G	3G	For working so hard throughout the year. I am so proud of you all! Good luck in Year 4. 😊
3S	3S	For being amazing! Well done everyone for all that you have achieved this year. Kepp being fabulous in Year 4 😊
4A	May	For being such a star in all your learning and such a lovely, kind member of our community. Good luck in your new school, May!
4L	Everybody	For their fantastic achievements this year!
4S	All of you!	For being such a kind, considerate and fun class. I have LOVED teaching you this year. Well done for all that you have achieved. Messi is not the GOAT, you are!
5C	5C	For their hard work and perseverance this year. Well done and all the best in Year 6.
5L	All of 5L	For your perseverance, commitment and achievements this year. You made it a fun, interesting and special year. Wishing you all the best for year 6! I am proud of you all!
5S	The Whole of 5S	For their dedication and hard work which has truly paid off. I am extremely proud of your growth and progress this year. As you move into Year 6, I wish you all the best and continued success! Keep up the fantastic work!
6A	All of 6A	For their commitment to learning and perseverance throughout the year leading to successful outcomes in their SATs results. Really proud of everyone! Keep it up!
6C	6C	For your drive and determination to succeed. You have shown commitment and resilience. You should be proud of what you have achieved. Well done.
6L	All of 6L	For your hard work and dedication, you have excelled throughout this year and should be so proud of your achievements. I am so proud of you, well done!
RB Blue	Year 6 children	Well done for a fantastic year of hard work and resilience. We wish you the best of luck at your new schools.
RB Green	All Green Pathway children	We are so proud of all of you for being so fantastic. Well done for a great year of learning.

Summer Camps at Torridon

£15
per day

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Eve

GIRLS
8-15YRS

the SUMMER OF LOVE CAMP



Calling all child adventurers! Join us for an unforgettable summer at our Summer Of Love Camp filled with exciting outdoor activities, with creative arts and crafts, sports and endless fun. Don't miss this fun to create lasting memories. Sign up now and let the adventure begin!



Dates
29 Jul - 16 Aug, 2024



Time
9:00am - 4:00pm

FIND OUT MORE



www.beleveuk.org



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KIDS SUMMER HOLIDAY AND FOOD PROGRAMME

Get ready to learn about
the Ocean, Royalty, Rainforests and
Around the World from

**Monday, 29 July 2024 to
Thursday, 22nd August 2024
10 am to 2 pm**

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Summer Fun



SUMMER HOLIDAY PROGRAMME

FREE

DATE	TIME	ACTIVITIES
Wed 31st July	10am-2pm	Skate maintenance - Beckenham Skate Park
Thurs 1st July	10am-2pm	Skate maintenance workshop + Sports Activities
Fri 1st Aug	10am-2pm	Bowling Trip
Mon 4th Aug	10am-2pm	Table Tennis Tournament
Wed 6th Aug	10am-2pm	Skate Maintenance Workshop + Sports Activities
Thurs 7th Aug	10am-2pm	Skate Maintenance workshop- Beckenham Skate Park
Fri 8th Aug	10am-2pm	Ice Skating Trip

*Timings may vary for trips

Lewisham Virtual School

Please bring a packed lunch

YOUNG LEWISHAM PROJECT

CONTACT: 07925131506

LOCATION: YOUNG LEWISHAM PROJECT, 124 KILMORE ROAD, SE23 2SR

*For Trips Please contact the number above

WWW.YOUNGLEWISHAMPROJECT.ORG.UK

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10 Top Tips for Parents and Educators STAYING SAFE IN HOT WEATHER

As temperatures rise, it's essential to take proactive steps to ensure children and young people stay safe and healthy. Hot weather can pose serious risks such as dehydration, heatstroke and sunburn. This guide provides practical tips for parents and teachers to protect children during summer spells, helping them enjoy the summer safely.

1 STAY HYDRATED

Ensure children drink plenty of water throughout the day, even if they don't feel thirsty. Encourage them to carry water bottles and take regular sips. It's better to drink small amounts to maintain the effects of rehydrating. Even if children replenish lost fluids with equal amounts of water, they may still be dehydrated due to salt loss from the body. Avoid sugary drinks and caffeine, which can contribute to dehydration.

2 APPLY SUNSCREEN

Use a broad-spectrum sunscreen with at least SPF 30 on all exposed skin and reapply every two hours or after swimming. Don't forget often-missed spots like the ears, back of the head and legs of feet. Sunscreen needs around 20 to 30 minutes to be absorbed by the skin, so make sure you have plenty of time to apply it.

3 WEAR PROTECTIVE CLOTHING

Dress children in light-colored, loose-fitting clothing made from breathable fabrics like cotton. Ideally, clothing should cover as much skin as possible. Children should always be dressed so they can easily burn. Wide-brimmed hats and sunglasses with UV protection are also essential to shield them from the sun. Be sure to check your school's dress policy, as uniform rules may be relaxed during summer or hot heatwave alerts (HWA).

4 SEEK SHADE

Covering up and seeking shade are the most important sun protection measures. Encourage children to play in shaded areas, especially during peak sun intensity between the hours of 11 am and 3 pm. Use umbrellas or canopies if natural shade is unavailable.

5 AVOID STRENUOUS ACTIVITIES

Children shouldn't take part in vigorous physical activities in very hot weather (and these during the warmest parts of the day). Schedule any outdoor games or sports for early morning or late afternoon when it's slightly cooler.

6 KEEP COOL Indoors

If it's safe and appropriate, open windows early in the morning to allow stored heat to escape from the building. Use fans or air conditioning to maintain a cool indoor environment. Close curtains or blinds to block direct sunlight. Switch off electrical equipment like computers, heaters and printers when not in use; don't leave them 'standby mode' as this still generates heat.

7 TAKE COOL BATHS OR SHOWERS

Encourage children to take cool baths or showers to lower their body temperature. Alternatively, use damp cloths on their skin to provide relief from the heat. When heading out of the house, consider filling up a spray bottle to cool everyone down on the go.

8 MONITOR FOR SIGNS OF ILLNESS

If suitable precautions are taken, children are unlikely to be seriously affected by hot conditions – but teachers, parents, school nurses and all child carers should watch for symptoms of heat exhaustion, such as heavy sweating, weakness, dizziness, nausea or fainting. If any signs are present, move the child to a cool place, make sure they drink water, and seek medical advice if needed.

9 MAINTAIN A COOL SLEEPING ENVIRONMENT

Ensure children's bedrooms stay cool by using fans or air conditioning. Use lightweight bedding and consider letting them sleep in the coolest part of the house. Older children can have more choice over what they wear to bed. Some children may prefer to sleep without pyjamas, while some may prefer to opt for a light cotton t-shirt and shorts.

10 EDUCATE CHILDREN ON SUN SAFETY

Teach children the importance of sun safety and encourage them to take responsibility for their health. Explain the risks of sunburn and heatstroke and the value of following these safety tips.

Meet Our Expert

James Whelan is an experienced health and safety expert who is a Chartered Member of the Institution of Occupational Safety and Health. He provides services to educational settings (and other industries) to help them maintain a safe working environment.



#WakeUpWednesday

The National College

Source: See NSD reference 222 on guide page 50: Staying safe in hot weather

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@wake.up.wednesday

@wake.up.weds

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