

Hazelbank Road, Catford, London, SE6 1TG

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17<sup>th</sup> May 2024

Dear parents and carers,

We are very proud of all of our amazing year 6 children this week. They showed resilience and absolutely tried their very best at all times. We are incredibly pleased with the effort shown. Thank you to our wonderful staff team who made sure there was a calm and purposeful environment.

This week our year 4 children enjoyed a visit to see the London Symphony Orchestra. The children had the opportunity to learn more about how music can be used to tell stories. We have also been busy in school this week learning about butterflies – resource base and our early years classes have been watching the life cycle from egg to butterfly. They released the butterflies into forest school. Reception made some delicious tomato soup and tomato jam. They enjoyed preparing and making these yummy dishes.

We hope you all enjoy a restful weekend and manage to enjoy some sunshine. Don't forget to sign up for the Torridon Fun Run!

Best wishes

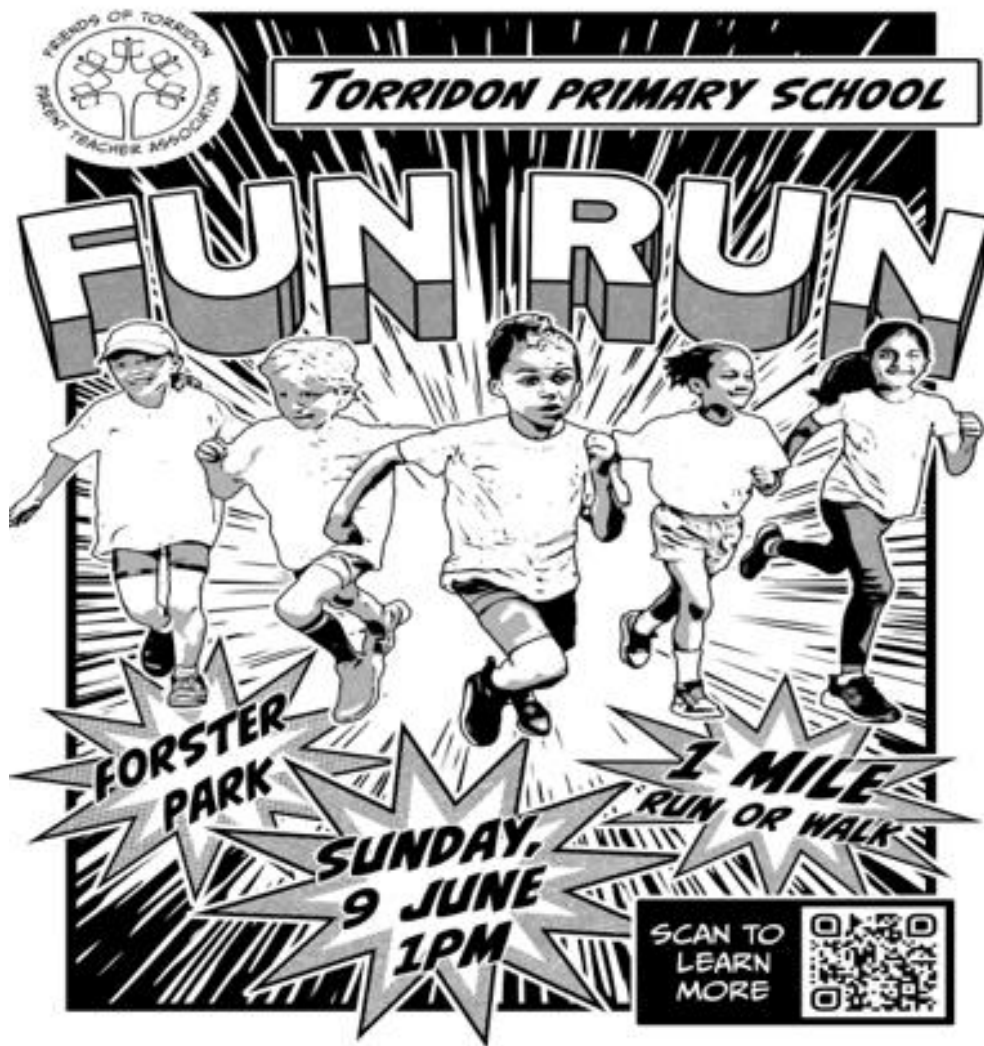
Manda George

Headteacher



# Torridon Fun Run – Sunday 9<sup>th</sup> June

For registration and more information [click here Fun Run 2024](#)



## Well Done Matthew!



Well done Matthew for placing Top 3 in the Selkent Youth League!

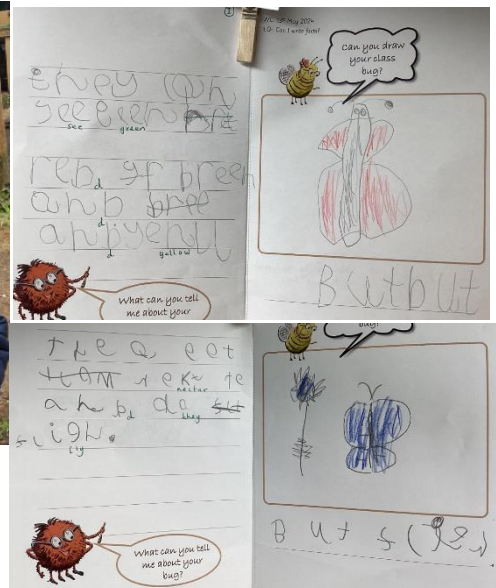
We are very proud!



# Reception – Butterfly Release



This week, our butterflies were ready to FLY. Each class has been looking after 5 caterpillars and watching them grow. We named our butterflies and gently released them out into Forest school. Some butterflies did not seem strong enough, but the children were so kind, gentle and patiently waited until they were ready! We also enjoyed making our own butterflies using collage and writing our own minibeast fact books!



# Year 1 - History

In History, Year 1 have been learning about changes overtime from the past to the present. We used timelines to put toys in order from the oldest to the newest. We used photos to compare Catford today and Catford in the past. Also, we used role play to explore what shopping was like in the 1950s. It's safe to say that things have certainly changed, but we've loved learning all about the similarities and differences!



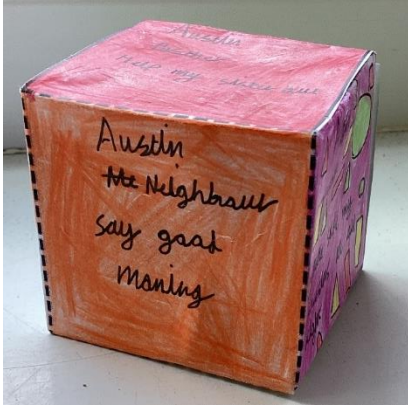
# Year 2 - History

This week, a part of our Great Fire of London learning, Year 2 made a replica of the houses from 1666, before they burned down. The children worked incredibly hard and had great fun making them.



## Year 3 - RE

In RE, we explored all our different qualities and roles we take on. We explored how we are all one person, but are lots of different things to different people. Then, we created our own colourful cubes, which showed the variety of roles we each have. We are excited to learn how this concept links to Hinduism, Brahmn and polytheism (the belief in many gods).



## Year 4 – London Symphony Orchestra Trip

This week, Year 4 went to the Barbican to see the London Symphony Orchestra play a concert for KS2 children around the theme of 'Scheherezade - The Ultimate Storyteller'. As part of the show, we listened to the story of Scheherezade and the Sultan Shakriar, who she had to tell stories to each night in order to save herself. We watched and learnt about different instruments and motifs in the orchestra representing different characters and parts of the story. At the end of the show we participated in a singalong. It was great fun!



# Year 5 - Reading

Year 5 have enjoyed reading and engaging with various text about Greek myths, which have invoked questions and discussions on what the morals of the myths are. Today we decided to enjoy the sun and delve into our individual books for reading for pleasure to further engage with literature.



## Resource Base – Science and Computing



The butterflies in Green Pathway have emerged from their chrysalis and the children are very excited. They have been closely observing everyday to see how many more butterflies they can count. For our science learning, we wrote observations about what we could see in the butterfly net.



Dalrekay independently painted a fantastic rainbow this week. He used an iPad to research how to create specific colours by combining some primary and secondary colours e.g. cyan blue and indigo.

## Year 6

On Friday, year six visited Forster Park as a reward for completing their SATs.

We played football, cricket and basketball. Many people enjoyed playing on the group swing. They especially loved to relax with their friends and other members of the Torridon community.

“It was very fun to play around with our friends after the SATs.” Mihir 6A

“I really enjoyed playing with everybody after four long days of hardship!” Safa 6L

“I really enjoyed playing on the group swing and being pushed really high.” Gobi 6C

Gobi, Safa, Marwa, Sukhmani and Mihir



## Resource Base Donations Plea



Dear parents and carers,

If you have any puzzles, children's board games or card games that you are no longer using, the Resource Base would greatly appreciate any donations. We are also collecting saucepans and wooden spoons for our outdoor learning area.

If you have any donations, please could you bring them to the resource base after school, or the office.

Thank you!

## Torridon Tappers!

**Here are "Torridon Tappers"**

Every Tuesday after school children from Year 1 and 2 meet equipped with tap shoes to shuffle, tap ball change and hit some dynamic body shapes!

Torridon Tappers with outside tutor Angela are busy preparing for a performance at the school fair. If you would like to be part of the group details are available on ParentPay.



# Wow – Art, Dance and Music

Reception



Baseline brush control/ colour knowledge and attitude



Baseline brush control/ colour knowledge and attitude



Baseline brush control/ colour knowledge and attitude



Baseline brush control/ colour knowledge and attitude



Baseline brush control/ colour knowledge and attitude

Year 1



Heroes



Heroes



Heroes



Heroes



Heroes

Year 2



Recorder - repertoire gathering



Recorder - repertoire gathering



Recorder - repertoire gathering



Recorder - repertoire gathering

Year 3



Playing the Blues



Playing the Blues

Year 4



Heitor Villa-Lobos – Bachianas brasileiras No. 2



Heitor Villa-Lobos – Bachianas brasileiras No. 2



Heitor Villa-Lobos – Bachianas brasileiras No. 2



Heitor Villa-Lobos – Bachianas brasileiras No. 2



Heitor Villa-Lobos – Bachianas brasileiras No. 2

Year 5



Technology



Practice makes Perfect



Technology



Technology



Technology

# Torridon Summer Fair – Sunday 14<sup>th</sup> July

## Help plan the Summer Fair

Friends of Torridon PTA is thrilled to announce that we're planning a Summer Fair for Sunday, 14<sup>th</sup> July! The event can only go ahead with a team of volunteers to plan and run it. Can you help make it happen? Join the Summer Fair Planning Committee WhatsApp group or email [friendsoftorridonpta@gmail.com](mailto:friendsoftorridonpta@gmail.com) to get involved.



[You can find out more about the programme here.](#)

## Hansel and Gretel Performances!

**A musical version of the classic fairy tale for all ages**

**SAT 18 MAY AT 2PM & 3.30PM**  
Shows last approx 45 mins

**Please note we expect these performances to be very popular so advance booking recommended**

**Tickets**  
Standard price  
£10 adults £5 children aged 3+  
Pay a little more  
£12 adults £6 children aged 3+  
Pay a little less  
£8 adults £4 children aged 3+  
(Under 3s free as usual)  
Please note our scaled ticket price enables maximum accessibility to those on a budget, so please pay what you can best afford. The ticket price does not reflect the quality of your seat!

Advance booking online recommended

Adapted from the classic fairy tale by JONATHAN KAUFMAN and JANE WALKER  
Original songs and music by JAMES BOSTON (lyrics) and TOM NUGENT (music)  
Produced and directed by JONATHAN KAUFMAN  
Assistant director and choreographer VALENTINA PAKOU

**Indoor theatre for all ages**

**TWO EXTRA PERFORMANCES TO RAISE FUNDS AND HELP KEEP SPONTANEOUS MAKING ITS MAGIC!**

**UPSTAIRS AT THE SYDENHAM CENTRE**  
44a Sydenham Rd SE26 5QX

**SPONTANEOUS PRODUCTIONS**  
In association with KIRKDALE BOOKSHOP presents

**Hansel & Gretel**

"Such a sweet version of Hansel & Gretel!"  
"Amongst a very strong crop over the years I would say that was one of the best. Funny, brilliant staging and great songs. The family all really enjoyed it."  
"Slick! Nice multi-media."

**BOOK ONLINE** [spontaneousproductions.co.uk/hansel](http://spontaneousproductions.co.uk/hansel)  
Any unsold tickets will be available on the door from 30 mins before show start time, on a 'pay what you can' basis. To get the best seats, please arrive early!  
Please note tickets can no longer be purchased at Kirkdale Bookshop.

Main sponsor



Sponsors



Supporters



## Dates For Your Diary

Monday 20 <sup>th</sup> May	9am – Piano performance for parents and carers
Tuesday 21 <sup>st</sup> May	9am - Guitar performance for parents and carers Year 5 and 6 girls' cricket tournament
Wednesday 22 <sup>nd</sup> May	Year 3 and 4 tennis tournament
Wednesday 22 <sup>nd</sup> – Friday 24 <sup>th</sup> May	Year 6 School Journey
Thursday 23 <sup>rd</sup> May	Reception vision and hearing screening
Friday 24 <sup>th</sup> May	Year 5 and 6 boys' cricket tournament
Monday 27 <sup>th</sup> – Friday 31 <sup>st</sup> May	<b>HALF TERM HOLIDAY</b>
Wednesday 5 <sup>th</sup> June	Year 5 and 6 tennis tournament
Sunday 9 <sup>th</sup> June	FAMILY FUN RUN – Forster Park
Wednesday 19 <sup>th</sup> June	9am - secondary transfer coffee morning for y5 parents who have children with an EHCP
Thursday 20 <sup>th</sup> June	5pm - Year 5 secondary transfer meeting
Friday 21 <sup>st</sup> June	<b>INSET DAY – SCHOOL CLOSED TO CHILDREN</b>
Tuesday 2 <sup>nd</sup> July	Create Day with the Royal Opera House
Wednesday 3 <sup>rd</sup> July	9am Year 5 Steel Pans performance
Thursday 4 <sup>th</sup> July	9am – Year 3 Ukulele performance
Friday 5 <sup>th</sup> July	Drum Fun performance
Monday 8 <sup>th</sup> July	Welcome meeting for new reception parents and carers
Week beginning Monday 8 <sup>th</sup> July	Whole school assessment week
Sunday 14 <sup>th</sup> July	Summer Fair
Monday 15 <sup>th</sup> July	Nursery and Reception sports day
Wednesday 17 <sup>th</sup> July	Summer music concert
Thursday 18 <sup>th</sup> July	Year 1 and 2 sports day
Friday 19 <sup>th</sup> July	Year 3, 4, 5 and 6 sports day
Monday 22 <sup>nd</sup> and Tuesday 23 <sup>rd</sup> July	Year 6 production
Thursday 25 <sup>th</sup> July	Last day of term – 2pm finish



%Skipz



SKIPZ PRODUCTION CIC PRESENTS

# MAY HALF TERM

holiday activities and food programme

## PIRATES AND MERMAID THEME

✦ DRAMA ✦ DANCE ✦ SINGING ✦ ARTS AND CRAFTS ✦ CLAY  
MODELLING ACTIVITIES AND SO MUCH MORE!!!



Tuesday 28th May to Friday 31st May 2024

10am to 2 pm

**Torridon Primary School,  
Hazelbank Road, SE6 1TG**



FREE FOR BENEFIT RELATED FREE  
SCHOOL MEALS CHILDREN




Lunch provided | Siblings welcome  
Paying children welcome

For more information and to register please visit  
<https://www.skipzproductions.org/skipzhaflewisham>

In partnership with **Lewisham Council**



# Weekly Attendance

Class	Attendance		Class	Attendance		Class	Attendance	
1M	89%		3A	99%		5C	93%	
1N	98%		3G	93%		5L	92%	
1W	96%		3S	97%		5S	96%	
2S	99%		4A	96%		6A	99%	
2SW	96%		4L	96%		6C	98%	
2V	97%		4S	94%		6L	97%	

Well done to all the classes who have won the attendance cup this week. Keep up the good work!

## Sharing Real With Parents



### Sharing REAL with Parents

(Raising Early Achievement in Literacy)

A fun, 4-week course with crèche available

Booking is essential



#### Would you like to

- Meet other mums and dads, share ideas to support your child's early learning.
- Learn new ways to support your child's interest in books, early writing songs & rhymes.
- Find out how to make use of the print that is all around us.

#### Come and join one of our free fun workshops!

FREE Crèche is available for under 5s only, needs to be booked in advance, places are limited.

#### 4 Weekly sessions at

- Beecroft Garden Primary School, Brockley Road SE4 2BS  
Monday 10th June – Monday 1st July 9.30-11.30am
- Ladywell Children & Family Centre 30 Rushy Mead SE4 1JJ  
Monday 10th June – Monday 1st July 1.00-3.00pm
- Elliot Bank Children & Family Centre SE26 4BU  
Tuesday 18th June – 9th July 9.30-11.30

#### Register by using the QR code or contact

Angela Russell or Paul Nash

07432 739032

or email

[arussell@ncb.org.uk](mailto:arussell@ncb.org.uk)

[Paul.Nash@lewisham.gov.uk](mailto:Paul.Nash@lewisham.gov.uk)



Sharing REAL is a four-week course for parents to attend to find out about the importance of the Home Learning Environment (HLE) and early learning. There is a Free Crèche available and take away resources.

Parents can register direct via the QR code on flyer or contact us direct or click on this link below

<https://forms.office.com/e/yfRCrTL7my>



## STARS OF THE WEEK



Class	Name	Reason
Nursery FT	Cairo	For being kind to his friends. Well done, Cairo! 😊
Nursery AM	Yonathan	For being helpful during tidy up time. Well done, Yonathan! 😊
Nursery PM	Darcie	She is exchanging pictures at snack time. Well done, Darcie! 😊
Blue Class	Johanna	For working really hard on regulating her emotions this week. Keep it up Johanna!
Red Class	Noah	For his fantastic efforts in phonics and in maths! Well done, Noah! 😊
Yellow Class	Amaris	For settling in so well and always trying her best. Well done!
1M	Daniel	For improving in his phonics and trying harder in lessons. Keep it up Daniel! 😊
1N	Safa	For always making a start on her learning so quickly and for the great progress she is making in maths. 😊
1W	Louie	For trying harder to achieve his learning targets this week. Keep it up Louie! 😊
2S	Navpreet	For her confidence and positive attitude to learning! This week you have impressed us all with the improvement in your tricky quizzes. Your hard work and determination have been wonderful to see. Well done Navpreet 😊
2SW	The whole class	For all of their hard work and determination during this week's tricky quizzes. I am so impressed because everyone tried their very best! Well done 2SW, I am so proud of you! 😊
2V	Sheanna	For successfully making a fish shape out of a wire coat hanger even when she found it very challenging. Well done 😊
3A	Iona	For creating an impressive Roman camp made from plasticine! The dedication you have shown to your learning is amazing. 😊
3G	Raphael	For settling in well to Torridon. We are so happy to have you in 3G! 😊
3S	Anais	Well done for working on your improving your spellings. Keep it up 😊
4A	Rome	For writing a fantastic Viking story. Well done Rome!
4L	Jevon	For always trying his best, using his manners and is very helpful – to adults and children. Well done Jevon!
4S	Selina	For being such an excellent representative for Torridon – consistently demonstrating all the core values, particularly being kind and helpful to others and holding high expectations for herself in all subjects.
5C	Naoki	Well done to Naoki for being able to explain his understanding of relative clause in his learning earlier this week.
5L	Joshua	For consistently having a positive attitude to your learning. You always listen and produce learning of a high standard. Well done!
5S	Holly	For consistently pushing herself in her learning and striving for improvements. Her dedication to growth is admirable and sets a great example for others. Keep up the fantastic work! Well done!
6A	Whole Class	For demonstrating remarkable resilience during SATs week. Well done!
6C	6C	For all your hard work in preparation for SATs this week and demonstrating a positive attitude every day. You should be very proud of yourselves. Well done!
6L	6L	For your hard work and determination during SATs week. You maintained a positive attitude throughout and should be extremely proud of yourselves. Well done!
RB Blue	Dalrekay	Well done for independently mixing colours to create your fantastic rainbow picture.
RB Green	Joshua	Well done for another fantastic week of focused and independent learning.

# Half-Term Clubs

Outdoors and indoors  
Multi sports, arts  
& crafts and more.

St Mark's Hall  
64 Castillon rd,  
SE6 1QB

May  
27th-31st

9-3pm

5 to 12 years



Sign Up!

Contact:  
Alejandra  
07838917851

Email:  
campolympia@outlook.com

Full week 9-3pm £130

1 day £30

Breakfast club £5/day  
(8-9 am)

After camp fun £5/day  
(3-4pm)

\*snacks included

## MAY HALF TERM MULTISPORTS CAMP

**When:** 28/05/24 - 31/05/24

(Please note that your child can attend one or all of the above dates)

**Times:** 9:00AM - 4:00PM

(Please provide your child with a packed lunch for the day)

**Where:** SYDENHAM SCHOOL  
DARTMOUTH RD,  
LONDON,  
SE26 4RD

All of our coaches are:

- FA Qualified
- DBS Checked
- Child Safeguarding Trained

### TO BOOK

CHILDREN VOUCHERS ACCEPTED

SEND US AN EMAIL OR  
BOOK VIA THE COACHA APP

☎ 0207 1013 652

✉ ADMIN@BALLERSSPORTSCOACHING.COM

📱 @BALLERSSPORTSCOACHING



£25  
A DAY



AGES:  
4-14



## BELLINGHAM BATS



## CRICKET

### SUMMER COMMUNITY SESSIONS

MONDAYS 5.00pm-6.00pm

13th May until 22nd July 2024 (10 weeks)

FORSTER MEMORIAL PARK, WHITEFOOT LANE, SE6 1UA

- + All sessions are free to students from Bellingham & Downham Primary Schools
- + Open to boys and girls
- + Level 2 qualified & DBS checked coaches
- + Opportunities to take part in competitive matches



## PLATFORM

Supporting young people to progress  
through and in cricket

Please contact Jonathan Rodda (Hub Supervisor) to confirm your place:

07946 229 849 / Jonathan.rodga@platform-LDN.org

**2024  
CAMPS**  
Munchkin Sports

Amazing Staff

Best Friends

Rec - Yr 6

Great Activities

Book @ [munchkinsports.com](https://munchkinsports.com)

## What Parents & Educators Need to Know about **SCHOOL AVOIDANCE**

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

### UNDERSTANDING SCHOOL AVOIDANCE

#### REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics, bullying and friendship difficulties at school, pressure to achieve in schoolwork and exams, or moving from primary school to secondary school.

#### PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress – such as changes in the environment, changes of routine and sensory stimuli.

#### COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a tummy ache, headache, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

### IMPACT OF SCHOOL AVOIDANCE

#### LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of children and young people as citizens.

#### LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

#### CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a rise in their ongoing need to avoid the activity which is making them anxious – increasing their desire to stay at home.

## Advice for Parents & Educators

### WORK TOGETHER

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

### FOLLOW REGULAR ROUTINES

Children benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

### MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's worries, listen and discuss a range of coping strategies together to help them face the discomfort and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

### REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

### Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



The National College

Source: See full reference list on guide page at [nationalcollege.com/guides/school-avoidance](https://nationalcollege.com/guides/school-avoidance)