

Hazelbank Road, Catford, London, SE6 1TG

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10<sup>th</sup> May 2024

Dear parents and carers,

How lovely it has been to see some sunshine this week. It certainly feels like summer may be just around the corner. Please remember to provide your child with a water bottle so they can stay hydrated throughout the day. Sun cream and sun hats are also a very good idea when the weather is this warm.

Our wonderful year 6 children will be sitting their end of year SATs next week. They have worked so hard this year and we know they will try their absolute best during the tests. We are extremely proud of them and wish them all the very best for next week.

Thank you to Rita and our fantastic PTA volunteers who ran the uniform sale this afternoon. I hope you were able to make use of the service. We will be running another sale before the end of term.

Thank you to all who came to plant sunflower seeds with Kelley this afternoon. We hope to have raised some money for our forest school and allotment. We look forward to seeing how tall the sunflowers grow.

I hope you have a lovely weekend

Best wishes

Manda George

Headteacher



## Torridon Fun Run – Sunday 9<sup>th</sup> June

Join us for a fun community event on Sunday 9th June and cheer on your child as they run, walk, skip or shimmy 2 laps around the Forster Memorial Park track. This year we have teamed up with The Friends of Forster Memorial and the park cafe, The Frothy Coffee Hut for a community picnic and music entertainment so bring some snacks and enjoy an afternoon in the local park with other Torridon families and the local community.

For registration and more information [click here Fun Run 2024](#)

Registration includes a Fun Run t-shirt and race number, and all finishers will receive a medal. A trophy will be awarded to the top finishing boy and girl in each age group (Nursery & Reception; Year 1 & 2; Year 3 & 4; Year 5 & 6).

To run such great events, Friends of Torridon need your help. If you can spare a couple of hours to make this event a success please remember to sign up to volunteer. Thank you.



## Torridon Talent



Well done to Alaya (5C) for being awarded 2<sup>nd</sup> place in the Future Cheer National Cheerleading Competition last week.

Isla (5L) won two Brazilian jiu jitsu matches in a competition last weekend. She won both through submission holds and gained a medal for her wins.



Congratulations – we are very proud of you both!



## Nursery – Minibeasts

This term we are learning about minibeasts and things that grow. We planted cress seeds and we looked at them every day to see how much they had grown.



We learnt about minibeasts that fly. We found ladybirds at Forest school.



We have tadpoles in our classroom and our caterpillars have turned into butterflies. We have called our butterflies – Snowflake, Matthew, Rosie, Flower and Lemon.





## Year 1 – Ragged School Museum



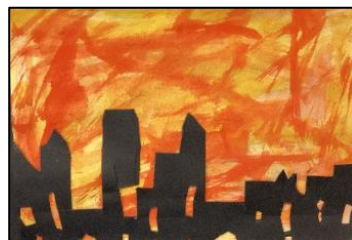
Last week and this week, Year 1 visited the Ragged School Museum. We went into the past and experienced what school was like in the Victorian times. We learned that life was very challenging in the 1800s, especially for poorer children. We really enjoyed getting into character and learning all about being a child in the Victorian era!



## Year 2 – The Great Fire of London

This week the children in year 2 have continued to enjoy learning all about our current topic ~ The Great Fire of London.

We used all of our knowledge of the historical event to create our very own diary entries. We imagined what it must have been like to go through such a terrible ordeal and used our senses to include some extra special description into our writing. After completing our very own self-assessment, we are now looking forward to publishing our diary entries onto old fashioned paper for everyone to enjoy. But for now, here are our fantastic pieces of fire artwork which we are all very proud of...



## Year 3 - Science

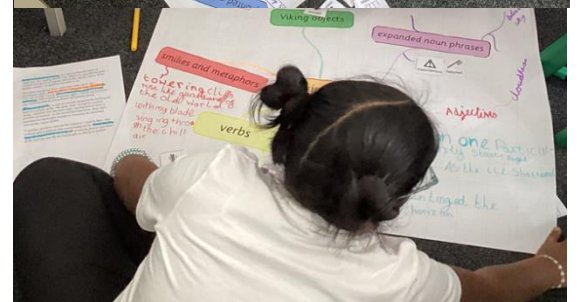
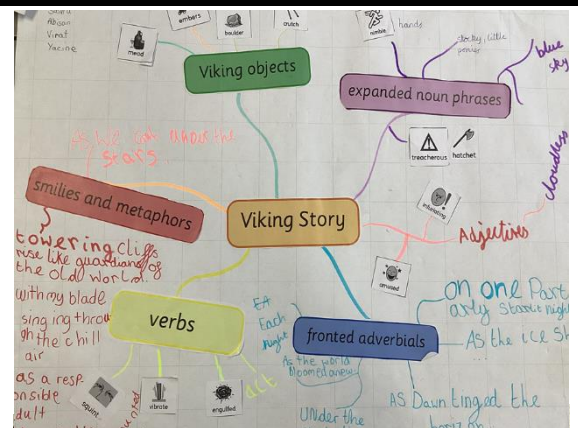
In science, we have been finding out all about forces. We used Newton meters to measure the force acting on an object. The spring in the Newton meter, which is connected to a metal hook, stretches when a force is applied. We carried out our investigations and recorded our findings.



## Year 4 - Writing

Together in groups, we made huge mind maps of useful vocabulary that we would like to use in our Viking narratives. We found the words from chapters of Odd and the Frost Giants, vocabulary banks used in reading lessons and from dictionaries and thesauruses. We organised the words in different categories including:

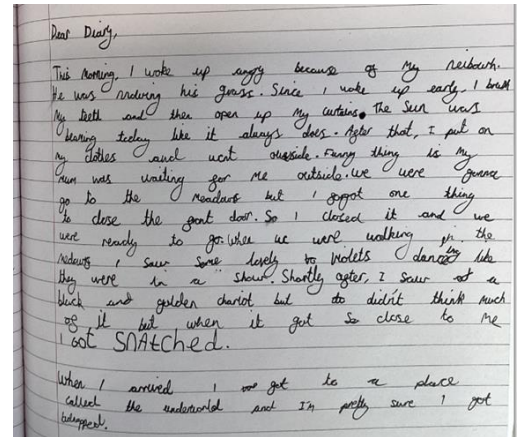
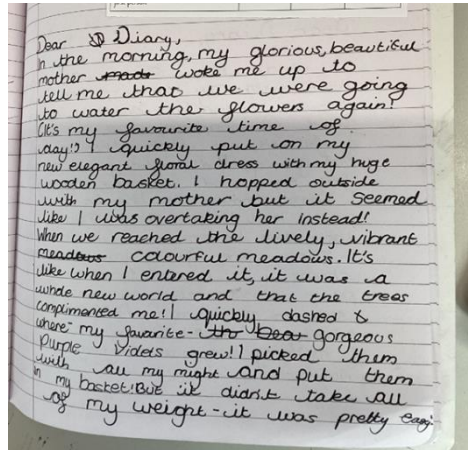
- Viking objects
- verbs
- expanded noun phrases
- fronted adverbials
- similes and metaphors





# Year 5 - Writing

This week, year 5 have been producing diary entries based on the Greek myth, 'Persephone and the Pomegranate Seeds'. They wrote in role as Persephone who gets snatched by Pluto who takes her to the underworld. The children considered writing skills that needed to be included like; past tense, first person, description and emotive language. They have produced some fantastic diary entries – well done year 5!



## Resource Base – Bean Plants and Sculptures

Our runner bean plants have grown so tall so the children moved them to the outside planter so they can grow even bigger! The children have been taking great care of their beans, and sunflowers too, which have also just started to grow their stems.



The children's clay pots are finished! They have worked so hard on them over the last couple of weeks, sculpting them with clay, painting and then sealing them. All of the children were very pleased with their final piece.

## Year 6 – Writing

As well as revising for their upcoming SATs, year 6 children have written a biography about Henry VIII, who they have been studying in both History and Writing. They used all the writing and grammatical skills they have been learning. They also included language specific vocabulary to make their writing informative, as well as entertaining.



## Torridon Summer Fair – Sunday 14<sup>th</sup> July

### Help plan the Summer Fair

Friends of Torridon PTA is thrilled to announce that we're planning a Summer Fair for Sunday, 14<sup>th</sup> July! The event can only go ahead with a team of volunteers to plan and run it. Can you help make it happen? Join the Summer Fair Planning Committee WhatsApp group or email [friendsoftorridonpta@gmail.com](mailto:friendsoftorridonpta@gmail.com) to get involved.



## Lewisham Sustainable Streets

The next phase of the London Borough of Lewisham's Sustainable Streets consultation will be launched this week. The programme aims to reduce the number of car journeys made in Lewisham and encourage more people to walk, cycle or use public transport, to reduce air pollution, traffic, and congestion, improve road safety and lower carbon emissions.

Lewisham council are asking for feedback from residents and businesses in Catford South, Lee, Hither Green, and surrounds about what sustainable measures you want to see to make your streets safer and more sustainable.

[You can find out more about the programme here.](#)



## School Council - Menu Tasting

On Thursday some of the school councillors were invited to do some taste tasting for the new Autumn term lunches. Everyone shared their opinion on what they liked and disliked, to give our amazing chef, and the menu person from Chartwells, an idea of what we would prefer. It was an important job for the councillors, as they were not just deciding what they would like for themselves, but for their classmates and peers as well.



Some of the delicious samples we had were: Creamy chicken pie, vegetarian meatball pizza, potato vegetable pie, tuna pasta bake and breaded pollock fish fillets. For pudding we sampled: rice pudding (with a dollop of jam), coconut and jam sponge cake and chocolate and orange sticky pudding with ice cream.

There was even a standing ovation for one of the dishes! We cannot wait for these to be on the menu in September. - Sophie (5S)



## Forest School News

This week the children in Reception are learning about the story of 'The Bug School' and have changed their class names! Yellow class has become Butterfly class, Blue class is known as Spider class and Red class has changed to Grasshopper class.



At Forest School each class completed some collaborative art creating their class creature.



## Top WoWs for week beginning Monday 6th May 2024



Reception



Baseline brush control/ colour knowledge and attitude



Baseline brush control/ colour knowledge and attitude



Baseline brush control/ colour knowledge and attitude



Baseline brush control/ colour knowledge and attitude



Baseline brush control/ colour knowledge and attitude

Year 1



Heroes



Heroes



Heroes



Summer 1 Clay Magdalene Odundo



Heroes

Year 2



Recorder - repertoire gathering



Recorder - repertoire gathering



Summer 1 Clay



Summer 1 Clay



Recorder - repertoire gathering

Year 3



Summer 1 Clay Magdalene Odundo



Playing the Blues



Summer



Playing the Blues



Playing the Blues

Year 4



Summer



Summer 1-Clay birds-Magdalene Odundo



Heitor Villa-Lobos – Bachianas brasileiras No. 2



Summer 1-Clay birds-Magdalene Odundo



Summer 1-Clay birds-Magdalene Odundo

Year 5



Summer 1-Clay birds-Magdalene Odundo



Summer 1-Clay birds-Magdalene Odundo



Practice makes Perfect



Summer 1-Clay birds-Magdalene Odundo



Summer 1-Clay birds-Magdalene Odundo

Year 6



Music Technology - Mixing and Effects



Music Technology - Mixing and Effects



Music Technology - Mixing and Effects

## Dates For Your Diary

Week beginning 13 <sup>th</sup> May	YEAR 6 SATS WEEK
Wednesday 15 <sup>th</sup> May	Year 4 to London Symphony Orchestra concert
Thursday 16 <sup>th</sup> May	5pm Year 6 School Journey drop in session
Monday 20 <sup>th</sup> May	9am – Piano performance for parents and carers
Tuesday 21 <sup>st</sup> May	9am - Guitar performance for parents and carers Year 5 and 6 girls' cricket tournament
Wednesday 22 <sup>nd</sup> May	Year 3 and 4 tennis tournament
Wednesday 22 <sup>nd</sup> – Friday 24 <sup>th</sup> May	Year 6 School Journey
Thursday 23 <sup>rd</sup> May	Reception vision and hearing screening
Friday 24 <sup>th</sup> May	Year 5 and 6 boys' cricket tournament
Monday 27 <sup>th</sup> – Friday 31 <sup>st</sup> May	<b>HALF TERM HOLIDAY</b>
Wednesday 5 <sup>th</sup> June	Year 5 and 6 tennis tournament
Sunday 9 <sup>th</sup> June	FAMILY FUN RUN – Forster Park
Wednesday 19 <sup>th</sup> June	9am - secondary transfer coffee morning for y5 parents who have children with an EHCP
Thursday 20 <sup>th</sup> June	5pm - Year 5 secondary transfer meeting
Friday 21 <sup>st</sup> June	<b>INSET DAY – SCHOOL CLOSED TO CHILDREN</b>
Tuesday 2 <sup>nd</sup> July	Create Day with the Royal Opera House
Wednesday 3 <sup>rd</sup> July	9am Year 5 Steel Pans performance
Thursday 4 <sup>th</sup> July	9am – Year 3 Ukulele performance
Friday 5 <sup>th</sup> July	Drum Fun performance
Monday 8 <sup>th</sup> July	Welcome meeting for new reception parents and carers
Week beginning Monday 8 <sup>th</sup> July	Whole school assessment week
Sunday 14 <sup>th</sup> July	Summer Fair
Monday 15 <sup>th</sup> July	Nursery and Reception sports day
Wednesday 17 <sup>th</sup> July	Summer music concert
Thursday 18 <sup>th</sup> July	Year 1 and 2 sports day
Friday 19 <sup>th</sup> July	Year 3, 4, 5 and 6 sports day
Monday 22 <sup>nd</sup> and Tuesday 23 <sup>rd</sup> July	Year 6 production
Thursday 25 <sup>th</sup> July	Last day of term – 2pm finish







## MAY HALF TERM

## PIRATES AND MERMAID THEME



**10am to 2 pm**

**Torridon Primary School,  
Hazelbank Road, SE6 1TG**

4 - 11  
Year  
Olds

**FREE FOR BENEFIT RELATED FREE  
SCHOOL MEALS CHILDREN**




Lunch provided | Siblings welcome  
Paying children welcome

For more information and to register please visit  
<https://www.skipzproductions.org/skipzhaflewisham>

**In partnership with Lewisham Council**



## Weekly Attendance

Class	Attendance		Class	Attendance		Class	Attendance	
1M	96%		3A	100%		5C	96%	
1N	87%		3G	90%		5L	95%	
1W	92%		3S	97%		5S	96%	
2S	98%		4A	96%		6A	98%	
2SW	100%		4L	94%		6C	95%	
2V	97%		4S	95%		6L	97%	

Well done to all the classes who have won the attendance cup this week. Keep up the good work!

## Advice Lewisham Partnership Forum registration

### Save the date



You are cordially invited to attend Citizens Advice Lewisham's next Forum, a platform for partners and local support and community organisations to collaborate on providing the best possible support for Lewisham residents.

Our next forum is scheduled to take place on **Tuesday, 28 May 2023** at 10am-2pm at Leamore Main Hall, Bonfield Rd, SE13 5EU

Please register using the link below and do not hesitate to contact us with any questions.

We hope to have the opportunity to welcome you to our Forum!

[Sign Up](#)





## STARS OF THE WEEK



Class	Name	Reason
Nursery FT	Thomas	For always being so helpful and for speaking on the carpet. Well done, Thomas! 😊
Nursery AM	Othniel	For joining in during the carpet sessions and for being helpful during tidy up time. Well done, Othniel! 😊
Nursery PM	Vinnie	For playing so nicely with his friends. Well done, Vinnie! 😊
Blue Class	Lily	For consistently demonstrating the Torridon Values of kindness and respect. You are a star, Lily!
Red Class	Filip	For his fantastic effort and speed in writing this week! Well done Filip 😊
Yellow Class	Hanane	For settling in so quickly and being a kind friend to everyone. Well done!
1M	All of 1M	For being fantastic on our school trip! Everyone represented Torridon School so well! 😊
1N	Eliana	For always being an enthusiastic learner and for working on her handwriting and presentation, this week. What a difference! Keep up the good work. 😊
1W	Mimi	For being a helpful and thoughtful classmate. This week, Mimi has taken special care of all the thirsty plants in our classroom. Thank you and well done Mimi! 😊
2S	Essie	For her engagement and enthusiasm with our current learning! Well done for using your imagination throughout our Great Fire of London topic and for extending your learning at home too! Excellent hard work and dedication Essie 😊
2SW	Muhammad	For all of the handwork and determination that he has shown in his writing this week. It is presented beautifully and is full of fantastic expanded noun phrases! Well done Muhammad, keep it up! 😊
2V	Melinda	For getting 10/10 in her spelling test. Well done Melinda, you should be proud of yourself.
3A	Joshua	For being so kind and caring to everyone in our 3A community. 😊
3G	Dee-Dee	For her positive attitude towards learning and for focusing in all lessons. Keep it up!
3S	Zaydon	Well done for being such a positive role model for everyone in our class. Keep it up! 😊
4A	Mila	For sharing your fantastic ideas with the class.
4L	Bea	for trying hard and having good focus in hfor trying hard and having good focus in her Maths
4S	Maya	For showing aspiration in maths lessons by choosing to solve the most challenging problems.
5C	Nicole	For writing a lovely diary entry written in role as Persephone. She has managed to include most of the features in her writing. Well done!
5L	Moyo	For making good progress with her phonics and identifying the sounds. Well done. Keep it up!
5S	Hatice	For demonstrating willingness to step out of her comfort zone by participating in the tournament. It takes courage to try new things and challenge oneself, but you did just that. We are proud. Well done!
6A	Eva	For her consistent positive approach to her learning, which has enabled her to make a tremendous progress. You are a role model to the class/school community!
6C	Amoriah	For her excellent attitude towards her learning.
6L	Paris	For going above and beyond in all areas of learning. I am proud of you and your focus this year. Well done!
RB Blue	Nathan	Well done for showing great talk for learning during a group discussion this week.
RB Green	Amarachukwu	Well done for showing great listening and talking independently during our group social skills learning.

# Clubs and Events

THE CAMBRIDGE CLUB  
FESTIVAL

**CHAKA KHAN**  
A CELEBRATION OF 50 YEARS IN MUSIC

**JESSIE WARE**

**EARTH, WIND & FIRE**  
EXPERIENCE BY AL MCKAY

(A-Z)  
**D-TRAIN GABRIELLE INCOGNITO MELANIE C  
NATASHA BEDINGFIELD REBECCA FERGUSON  
SISTER SLEDGE SOUL II SOUL THE FAMILY STONE**

WITH SUPPORT FROM  
**DANNY TOEMAN MR GRIFF UNCLE FUNK'S DISCO INFERNO**

(A-Z)  
**FAT TONY MOUSSE T. NORMAN JAY MIRE  
DJ PAULETTE DENISE VAN OUTEN MELON BOMB  
LITTLE GAY BROTHER SIGGY SMALLS SOPHIE LLOYD WAZE**

ABBA DISCO WONDERLAND BONGO'S BINGO  
DAISYBELLE & CARLY FOX FT. TASTY LOPEZ

BRYAN BY DAY RANGER HOUR BARRINGTON (FUNK & SOUL SPECIAL) BIG JAMZ CHRIS JAMMER  
DJ CHRIS BROWN DJ MAX GALACTIC FEVER PITCH HEAVY SOUL JOSH LOVATT KANE LACAM  
LOST IN DISCO HARRY PEARCE MUSCLE MEMORY RUNAWAY TAKEOVER

AUDITORIUM OF INTRIGUE  
**MARCUS BRIGSTOCKE**  
ZOE LYONS / EMMANUEL SONUBI  
RYAN CULLEN / JOE MCTERNAN  
CAREY MARK / ANDRE VINCENT  
COMEDY & LIVE TALKS

FOOD FOR THOUGHT (NEW FOR 2024)  
**TRISTAN WELCH**  
4 MORE CHEF DEMONSTRATIONS  
CHAMPAINING  
LIVE Q&A PANEL DISCUSSION  
FINE CUISINE & WINE TASTING

GROOVY GOINGS-ON | IMAGINATION STATION CHILDREN'S ENTERTAINMENT  
MIND, BODY & SOUL WELLNESS AREA | ON SITE CINEMA

7-9 JUNE 2024  
FORTNUM & MASON  
OCT 100

## MAY HALF TERM MULTISPORTS CAMP

**When:** 28/05/24 - 31/05/24  
(Please note that your child can attend one or all of the above dates)

**Times:** 9:00AM - 4:00PM  
(Please provide your child with a packed lunch for the day)

**Where:** SYDENHAM SCHOOL  
DARTMOUTH RD,  
LONDON,  
SE26 4RD

**£25 A DAY**

**AGES:** 4-14

**All of our coaches are:**

- FA Qualified
- DBS Checked
- Child Safeguarding Trained

**TO BOOK**  
CHILDCARE VOUCHERS ACCEPTED

**SEND US AN EMAIL OR  
BOOK VIA THE COACHA APP**  
**0207 1013 652**  
**ADMIN@BALLERSSPORTSCOACHING.COM**  
**@BALLERSSPORTSCOACHING**

**BELLINGHAM BATS**

**CRICKET**

**SUMMER COMMUNITY SESSIONS**

**MONDAYS 5.00pm-6.00pm**  
13th May until 22nd July 2024 (10 weeks)

**FORSTER MEMORIAL PARK, WHITEFOOT LANE, SE6 1UA**

- All sessions are **free** to students from Bellingham & Downham Primary Schools
- Open to boys and girls
- Level 2 qualified & DBS checked coaches
- Opportunities to take part in competitive matches

**PLATFORM**  
Supporting young people to progress through and in cricket

Please contact Jonathan Rodda (Hub Supervisor) to confirm your place:  
07946 229 849 / Jonathan.rodda@platform-LDN.org

## TALKING TEENS



Family Thrive Early Help Co-ordinators are running a free course for parents or carers of teenagers and pre-teens who are looking to better understand and communicate with them – it offers an opportunity to understand what's going on in the adolescent brain and how to understand their feelings and behaviours using an authoritative parenting style. Sessions will focus on relationships within the family, communication, negotiation, decision-making and strategies to reduce conflict.

### The group aims to develop:

- relationships between teenagers and parents/carers
- a calmer home life
- confidence when talking about difficult issues
- an understanding of teenage needs and development

### Who would be eligible to attend this course?

- Parents and carers of pre-teens and teenagers who are currently in years 6 & 7 but there may be availability for years 5 & 8
- There is no physical or extremely challenging behaviour present in or outside of the family home. This course focuses on the importance of empathy and positive discipline
- Family must reside in Lewisham borough or child must attend a Lewisham school

### How long is the course?

- Each group is 4 sessions over the course of 4 weeks
- 2 hours per session (10.00am-12.00pm)

For more information or to register your interest, please email our duty box:  
EHCFamilyThrive@lewisham.gov.uk





# Online Safety

## What Parents & Carers Need to Know about

# TIKTOK

AGE RESTRICTION  
**13+**

(certain features are restricted to over-18s only)

### WHAT ARE THE RISKS?

#### AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18  
CENSORED

#### DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

#### CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact with strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app, it also lets their videos be suggested to others and enables anyone to comment on them or download them.

#### IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £55. TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

#### ADDICTIVE NATURE

TikTok can be addictive, especially for young people: compulsive repeated use can interfere with sleep patterns and be a distraction from other activities. The platform recently introduced default usage time limits of 60 and 100 minutes for new members under 18 (in the UK, children with TikTok average 102 minutes per day on the app), but these restrictions can easily be removed in the settings.

#### TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

## Advice for Parents & Carers

#### ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

#### MAKE ACCOUNTS PRIVATE

Although under-18s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

#### LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

#### DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

#### READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

### Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



**NOS**  
National  
Online  
Safety  
#WakeUpWednesday



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