







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish 1

WEEK 1 **MENU**

> Chilli non Carne with Wholegrain Rice and Crispy Tortilla



Beef Lasagne

with Garlic and Herb Bread

Roast Chicken

with Roast Potatoes and Gravy

Vegetable Pastry Roll

West African Vegetable Jollof Rice with Broccoli & Sweetcorn

VE W

Breaded Fish Fingers or Jerk Chicken with Chips

Main Dish 2

Chinese Stir Fry Vegetable Noodles Veggie Sausage Pasta Bake with Garlic and Herb Bread

Jacket Potato with Salmon Mayonnaise 📸



with Roast Potatoes and Gravy

Macaroni Cheese with Broccoli and Sweetcorn V

Veggie Burger in Bun with Chips

Schools Choice

Freshly Made Tomato Pasta or Topped Jacket Potato with Cheese, Coleslaw, Beans or Tuna Mayo or Filled Sandwich/Baguette VVE ₩ V VE 🗱 🔛

Vegetables

Salads

Dessert

Carrots Peas

Pasta Salad, Carrot, Tomato, Cucumber, Lettuce

> **Organic Yoghurt** & Fresh Fruit Slices **Orange Drizzle Slice**

with Fresh Fruit

Green Beans

Noodle Salad, Peppers, Tomato, Cucumber, Lettuce

Sweetcorn

Organic Yoghurt & Fresh Fruit Salad

Chocolate Sponge with Chocolate Custard

Cabbage Carrots

Cous Cous Salad, Sweetcorn, Tomato, Cucumber, Lettuce

> **Organic Yoghurt** & Fresh Fruit Bowl 🍏

Cheese & Biscuits with Fresh Apple Slices

VE 🐲 Broccoli

Potato Salad, Carrot, Tomato, Cucumber, Lettuce

Sweetcorn

Organic Yoghurt & Fresh Fruit Salad

Pineapple Upside Down **Cake with Custard**

Baked Beans

Coleslaw, Sweetcorn, Tomato, Cucumber, Lettuce

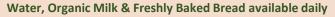
Peas

Organic Yoghurt & Fresh Fruit Slices

Shortbread with Vanilla Ice Cream







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VE Vegan





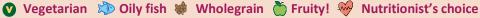
































WEEK 2 **MENU**







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish 1

Cheese and Tomato Pizza with Potato Wedges **V**

Spiced Beef Pie with Mash Potato & Gravy

Roast Turkey with Roast Potatoes and Gravy

Raheem's Caribbean Chickpea Curry with Wholegrain Rice VE 🗱 🔊

Southern Fried Chicken Gouion Or Fish Fingers with Chips

Main Dish 2

Vegetarian Cottage Pie with Gravy VVE 級

Stir Fry Vegetable Rice with Carrots & Peas



Cheesy Leek & Carrot Crumble with Roast Potatoes & Gravy



Vegetable Lasagne with Garlic and Herb Bread



Crispy Quorn Nuggets with Chips

Schools Choice

Dessert

Freshly Made Tomato Pasta or Topped Jacket Potato with Cheese, Coleslaw, Beans or Tuna Mayo or Filled Sandwich/Baguette V VE VE 🐲 😣 VE 🐼

& Fresh Fruit Slices 🌥

Carrots

Noodle Salad, Peppers, Tomato, Cucumber, Lettuce

> **Organic Yoghurt** & Fresh Fruit Slices 🎽

Crunchy Chocolate Biscuit with Fresh Fruit Slices

Cabbage Sweetcorn

Cous Cous Salad, Sweetcorn, Tomato, Cucumber, Lettuce

& Fresh Fruit Bowl

with Custard

Broccoli **Carrots**

Potato Salad, Carrot, Tomato, **Cucumber, Lettuce**

> **Organic Yoghurt** & Fresh Fruit Salad

with Fresh Fruit Slices

V VE

Baked Beans Peas

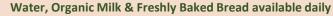
Coleslaw, Sweetcorn, Tomato, **Cucumber, Lettuce**

> **Organic Yoghurt** & Fresh Fruit Slices

Strawberry Ice Cream with Oat Cookie







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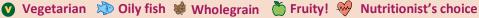




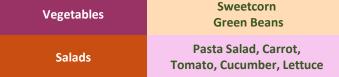








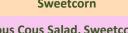




Organic Yoghurt

Apple Crumble with Custard Peas





Organic Yoghurt

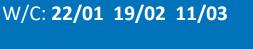
Vanilla Sponge

Carrot Cake















MONDAY

TUESDAY

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THURSDAY

FRIDAY

Main Dish 1

Sweet Chilli Vegetable Noodles

Sausage Pasta Bake with Garlic and Herb Bread

Roast Chicken with Roast Potatoes & Gravy

Chinese Vegetable Egg Fried Rice ₩₩

Breaded Fish Fingers Or BBQ Chicken with Chips

Main Dish 2

Cheese and Tomato Pizza with Potato Wedges

Sweetcorn

Peas

Pasta Salad, Carrot,

Tomato, Cucumber, Lettuce

Organic Yoghurt

Apple & Cinnamon Bake

& Fresh Fruit Slices 🌥

with Custard

Mexican Vegetable Tortilla Pie with Wholegrain Rice

Creamy Vegetable Pie with Roast Potatoes & Gravy **Macaroni Cheese** with Broccoli and Carrots V

with Chips V VE

Schools Choice

Vegetables

Salads

Dessert

Freshly Made Tomato Pasta or Topped Jacket Potato with Cheese, Coleslaw, Beans or Tuna Mayo or Filled Sandwich/Baguette V VE

V VE 🗱 🔛

Green Beans

Carrots

Noodle Salad, Peppers,

Tomato, Cucumber, Lettuce

Organic Yoghurt

Original Flapjack

& Fresh Fruit Slices

with Fresh Fruit

VE W

Cabbage Sweetcorn

Cous Cous Salad, Sweetcorn, Tomato, Cucumber, Lettuce

> **Organic Yoghurt** & Fresh Fruit Bowl

Strawberry Jelly with Fresh Fruit Slices 🌥 Broccoli **Carrots**

Potato Salad, Carrot, Tomato, Cucumber, Lettuce

> **Organic Yoghurt** & Fresh Fruit Salad 🎽

> > Banana Cake with Custard

Veggie Hot Dog

Baked Beans Peas

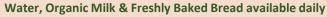
Coleslaw, Sweetcorn, Tomato, Cucumber, Lettuce

> **Organic Yoghurt** & Fresh Fruit Slices

Chocolate Brownie with Fresh Fruit Slices







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VE Vegan



















