



Hazelbank Road, Catford, London, SE6 1TG

Headteacher: Manda George

Telephone: 0208 697 2762

Email: admin@torridonprimary.lewisham.sch.uk

15th September 2023

Dear parents and carers,

We have had a lovely week at Torridon this week. The children really enjoyed voting for their school council representatives. Nominees gave some very persuasive speeches and the voting was very close in some cases. See who has been appointed later in the newsletter. Next week, we will be inviting children to apply for roles in school such as breakfast or lunchtime buddies, playground leaders and librarians.

Lewisham Food Bank have asked for our help. Their client numbers have doubled since last year and are likely to continue to rise as we move into the autumn and winter months. They would like donations to support families in need. Please bring your donations to the school office and we will take them to the food bank where they will be gratefully received. If you are in need of some support, we are able to issue vouchers which you can exchange for food and essentials at the food bank. Please speak to a member of the team if you would like some help.

Thank you for your patience with Mathletics and the issues we had last week. I am pleased to say that everything is back up and running again. Your children were issued with their log in details last week. Please email if you have any issues logging in to any of the home learning platforms. One of the team will be happy to help.

We have a number of events happening in school this week and we hope you will be able to join us. On Tuesday we have a maths workshop for parents and carers in Year 1 and 2, Thursday is the PTA annual general meeting and on Friday, we hope to see all of you coming to see some of the wonderful learning from year 1 to year 6 following the 'Take One Picture' theme weeks. Everyone is welcome to attend.

Have a lovely weekend.

Warm wishes

Manda George
Headteacher



Take One Picture Celebration



Take one picture celebration
Friday September 22nd
3.15-4.00pm

This year we are taking part in the National Gallery's scheme Take One Picture, a programme to inspire a lifelong love of art and learning.

Every year the National Gallery selects one picture from its collection and shares it with primary schools across the country. The idea is to inspire cross-curricular learning in primary classrooms. Torridon teachers will be using the picture "Surprised" By Henri Rousseau as a starting point to deliver most of the learning for the first two weeks of term!!!

We would love to share with you some of their outcomes, so please come and visit us in the year 5 hall after school on Friday the 22nd of September to celebrate the children's learning.

PTA ANNUAL GENERAL MEETING 9.00 THURSDAY 21ST SEPTEMBER

Please come along to the Friends of Torridon Parent Teacher Association Annual General Meeting **next Thursday at 9am in the library**. Learn about the PTA's activities over the last year and help shape our plans for the year ahead.

All are welcome! Free refreshments will be provided, and second hand uniforms will be available for an optional donation by cash or card.

Interested in joining the PTA Committee? Email friendsoftorridonpta@gmail.com or message Megan on 07760520790 to learn more.

Staffing update

Annie Chamberlain, our attendance and welfare officer, has decided she will be retiring from Torridon this term. She has worked at Torridon for almost 30 years and was even a pupil here herself. I am sure you will want to join me in thanking her for her dedication and commitment to our families over the years and to wish her well for the future.

Safe Parking Please

There have been a number of cars parking unsafely and inconsiderately this week.

Please remember the safety of our children is everyone's responsibility,

PLEASE DO NOT:

- PARK ACROSS RESIDENTS' DRIVEWAYS
- PARK ON THE YELLOW ZIG ZAG LINES
- LET YOUR CHILD OUT OF THE CAR WHILST YOU ARE STILL DRIVING
- LEAVE YOUR CAR IDLING

Please let's work in partnership to make sure it is safe for our children.

Thank you



Lewisham Foodbank

**LEWISHAM
FOODBANK**
Harvest 2023

We would love your school to support once again this year!
This is what we most need:

TINNED VEG	BISCUITS
TINNED TOMATOES	CHOCOLATE
TINNED MEAT	COOKING OIL
TINNED HALAL MEAT	INSTANT COFFEE
TINNED FISH	TEA BAGS
PASTA SAUCES	LAUNDRY CAPS
LOGLIFE MILK	SHOWER GEL
LOGLIFE JUICE	PERIOD PRODUCTS
RICE (500G BAGS)	NAPPIES (SIZE 2-6)
CEREAL	TOILET ROLL
RICE PUDDING	DOG/CAT FOOD

#EveryCanHelps *thank you!*

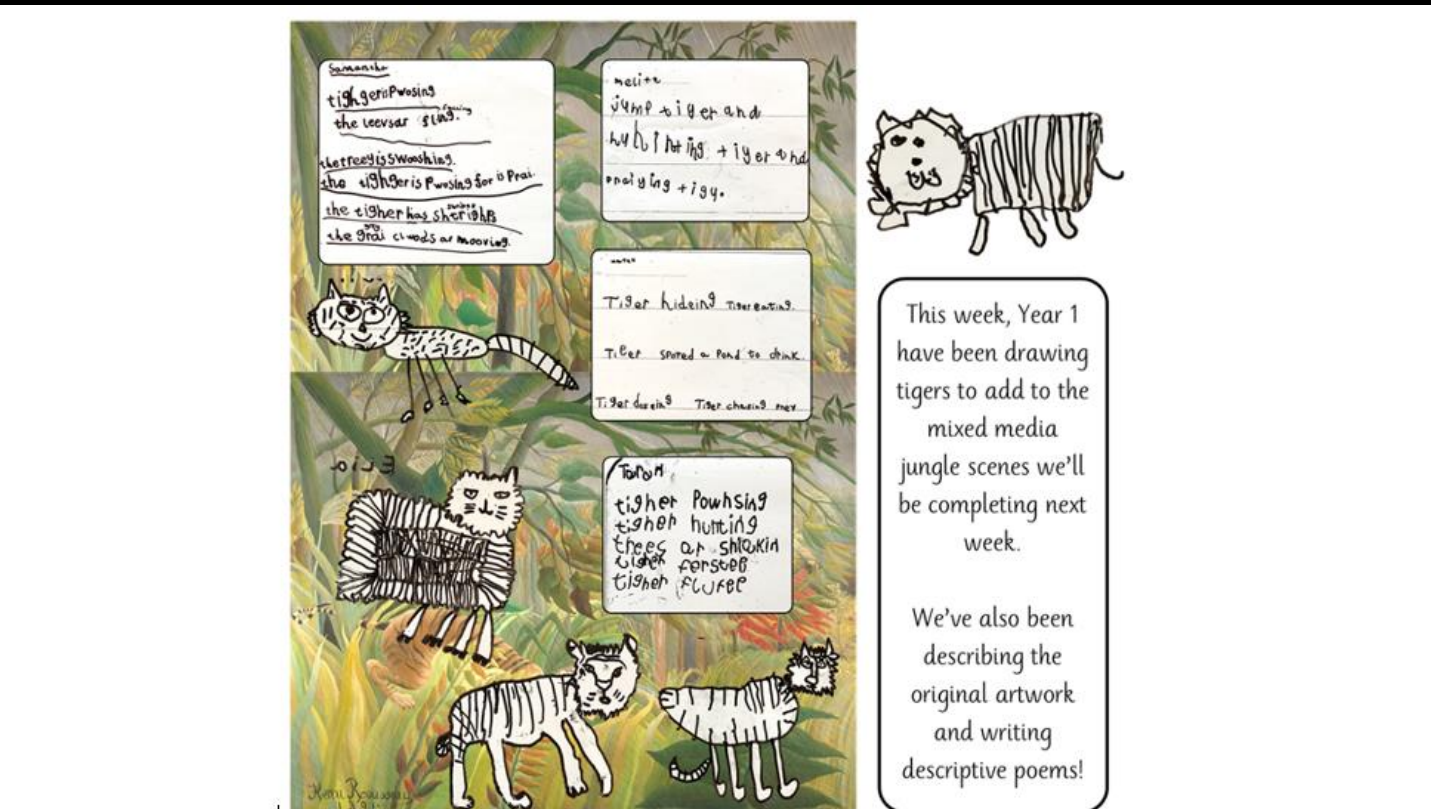
lewisham.foodbank.org.uk

Reception - All about Me!

This week in reception, we have enjoyed getting to know each other as part of our new topic 'All about Me'. We spoke about our features and how we are all unique. Each class even made its very own self-portraits – take a look!



Year 1



Samantha
tiger is Pouncing
the leaves are ^{leaves} green.

Melina
jump + tiger and
hunting + tiger and
pouncing + isy.

Tiger hiding
Tiger eating.

Tiger spotted on pond to drink.
Tiger drenches Tiger chases mice.

Toran
tiger Pouncing
tiger hunting
tiger at shadow
tiger for food
tiger FLURRY

This week, Year 1 have been drawing tigers to add to the mixed media jungle scenes we'll be completing next week.

We've also been describing the original artwork and writing descriptive poems!

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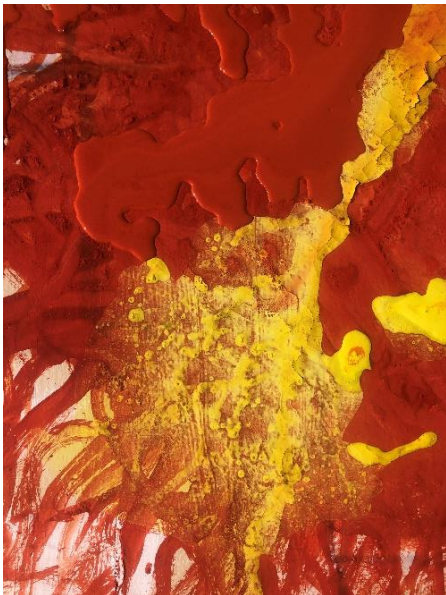
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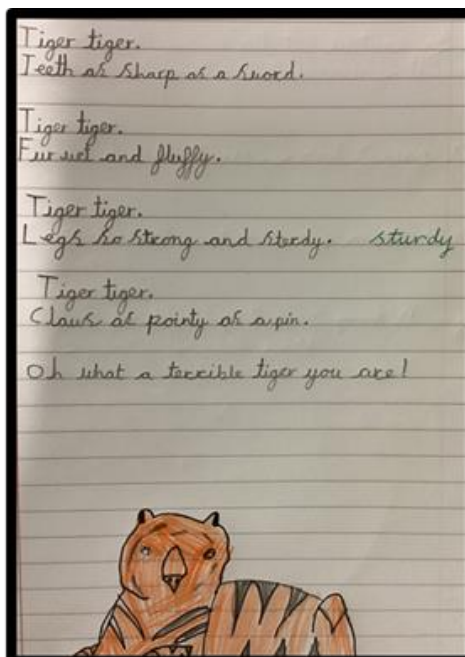
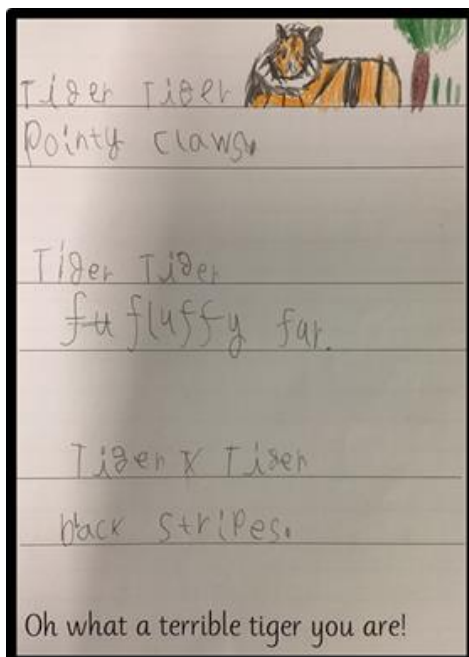
ArtTeam

Year 2 has been learning about secondary colours and doing some predicting, experimenting and recording in their brand new sketch books. Sneak preview: they also collaborated on a large canvas about secondary colours which will be exhibited next Friday at the celebration of all the learning from the Take One Picture project.



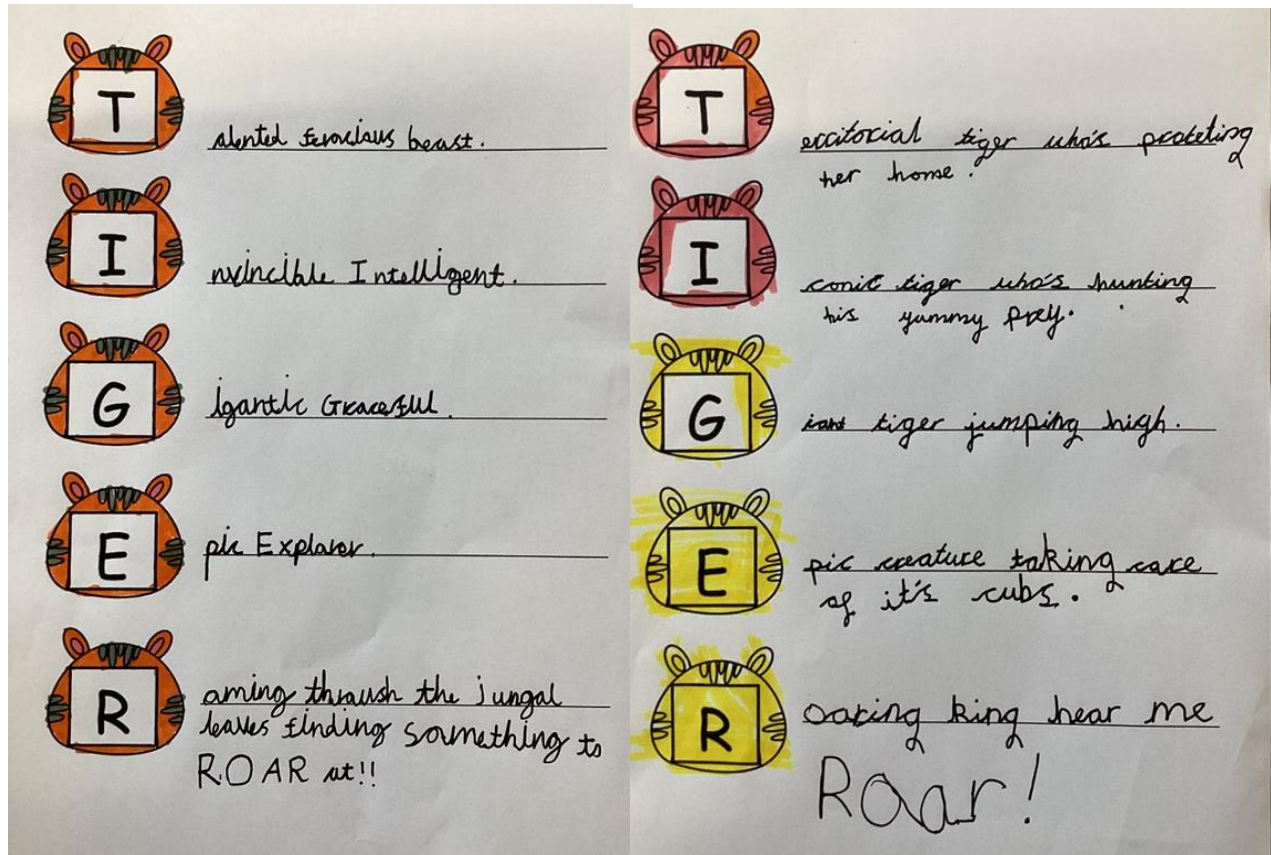
Year 2

Year 2 also had lots of fun this week learning about poetry. We began by exploring the different styles and features of poems and had lots of fun performing them to our peers. By the end of the week, we created our own marvellous tiger poems! Take a look...

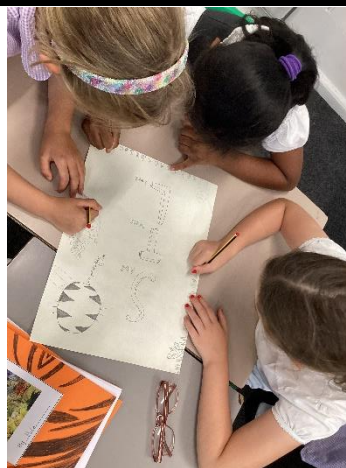
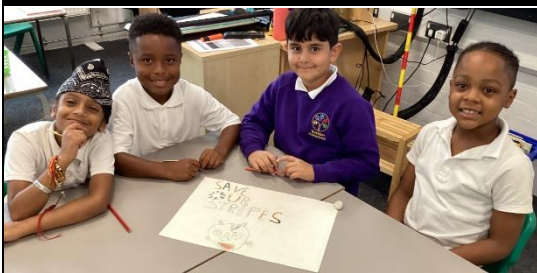


Year 3 Poetry

This week in year 3, we have been exploring a variety of poems. We then researched some amazing facts about tigers: their appearance, what they like to eat and where they live. After combining our fantastic ideas, we began to write our own acrostic poems all about tigers which links to our theme 'Take One Picture'. Take a look at our fantastic poems.



Year 4



Did you know there are only 2000 Bengal tigers left in the wild?

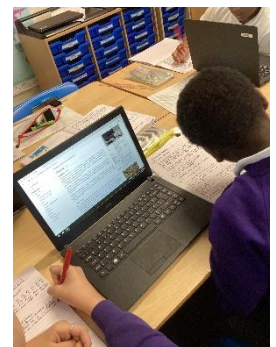
Year 4 formed campaign groups and made slogans, logos and chants to help protect tigers.

Year 5

This week, year 5 children continued their learning based on the work of Henri Rousseau. The children used collage to create artwork inspired by tigers and, in their English lessons, wrote in role.



In writing, Year 5 have been researching information about the artist, who created the painting 'Tiger in a Tropical Storm' (also known as Surprised). This information has helped them produce biographies about him in writing. We have also been creating collages in Art using different pieces of paper, photos and other materials to recreate the surprised painting.



Resource Base

On Friday afternoon, we play board games in the resource base to build relationships and improve our turn-taking skills.



Year 6 visit to the Horniman Museum

"The Horniman museum was incredible. We saw skeletons and stuffed animals, spears and knives and many instruments." (Rocco)

"It was a fun day. I enjoyed drawing whilst filling my brain with information." (Sukhmani)

"At the museum, we visited a variety of different galleries, using a pencil to sketch different artefacts that we liked." (Tobi)



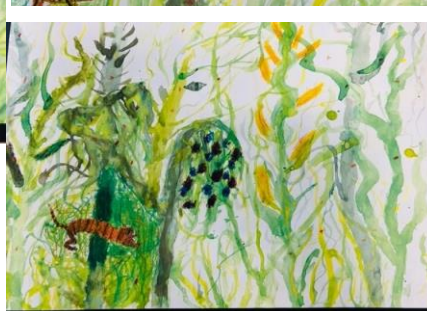
Henri Rousseau Art

"We were inspired by Henri Rousseau's picture of a tiger in a tropical storm. We have painted an abstract painting based on the amazon rainforest." (Khloe)

"Henri Rousseau is well-known for his painting of a tiger in a tropical storm. We created artwork based on this painting, using a mix of different colours." (Grace)

"I liked Take One Picture because Henri Rousseau never left his country but used his mind to draw the surprise picture. I took inspiration from him and created my own picture." (Pedro)

"Taking part in the Take One Picture project has been very fun. We have recreated Henri Rousseau's art style and have created our own tiger in a tropical storm art piece." (Skye)



Parent and Carer Maths Workshop



The way that we teach maths has changed lots since most parents were at school. Sometimes, it can be hard to know the best way to support your child or which methods to use. If you would like to learn more about how we teach maths and how to help your child, we hope that you are able to join us at one of our maths workshops over the next few weeks.

Tuesday 19th September: Y1 and Y2

Tuesday 26th September: Y3 and Y4

Tuesday 3rd October: Y5 and Y6



Free School Meals – Legal Webinar

Contact is holding a webinar on Tuesday 19th September at 10.30am for one hour on the Free School Meal entitlement.

Too many disabled children are missing out on their free school meals.

Join Contact's webinar with legal experts on 19 September to find out how the law can help you change this.

contact.org.uk/fsm



contact

It will cover:

- * The law around Free School Meals (FSM) and the duties on public bodies to make reasonable adjustments.
- * What to do if your child cannot access a free lunch at school or college because of their disability or sensory needs.
- * Learn about new legal resources to help you ask your school or college to make a reasonable adjustment such as a food voucher.

<https://mailchi.mp/lewishamparentcarer/free-school-meals-legal-webinar>

School Council Elections

Our Voice counts....



Class	Representative	Deputy	Class	Representative	Deputy	Class	Representative	Deputy
1N	Carlos	Dimitrita	1W	Jack	Lucia	1M	Zico	Maeve
2S	Oscar	Alyssia	2SW	Emmanuel	Aamarah	2V	Bobby	Casper
3G	Shanaya	Jude	3S	Libby	Zaydon	3A	Esther	Austin
4L	Ella	Teddy	4S	Amelie	Sasha	4A	Abigail	Maxwell
5L	Yasir	Ariz	5C	Savaain	Sapphire	5S	Sophie	Annaliese
6L	Lucie	Shahan	6C	Amari	Sukhmani	6A	Lashvin	Ashanti

Congratulations to our new school council members who have been elected by their peers. 😊

Community Survey - St Andrew's needs you!

St Andrew's Church is going through a time of change. We need your help to continue to grow into the future and to serve our whole community. We would like your views about the impact St Andrew's church currently has on our community and how we can do more to support people in our local area.

It should take about ten minutes to complete the survey.

Please could you complete a brief survey by scanning the QR code or by visiting: <http://bit.ly/standrewscatford>

Thank you for your support!











Stars of the Week

Class	Name	Reason
Nursery FT	Azariah	For being very kind to others. Well done, Azariah 😊
Nursery AM	Zainab	For being very helpful during tidy up time. Well done, Zainab 😊
Nursery PM	Vinnie	For being very helpful during tidy up time. Well done, Vinnie 😊
Blue Class	Liam	For his amazing creations in the construction areas. Well done, Liam!
Red Class	Amiera	For always smiling, showing kindness and being a super star this week!
Yellow Class	Hazel	For displaying a resilient attitude. Well done!
1M	Arush	For showing empathy and being a kind and caring friend. Well done and keep it up Arush! 😊
1N	Niara	For always being enthusiastic about our learning and sharing her great ideas with the class.
1W	Elsie	For coming into school with a positive attitude to learning and making a huge effort to work with her partners on finishing all her tasks.
2S	Alyssa	For always being such a good role model to her peers and for always trying her best! Keep it up Alyssa
2SW	Chloe	For being helpful and really kind to her classmates! Keep it up Chloe! 😊
2V	Niveesh	For showing an improvement in his carpet behaviour. Well done.
3A	Christian	For Being really kind to his peers and making sure everyone is included.
3G	Siddy	For outstanding attitudes to learning this week. Well done, Siddy. Keep it up!
3S	Anais	Trying to do her best in all her learning. Well done for sharing your wonderful ideas and writing an amazing acrostic poem about tigers!
4A	Emmanuel	For showing a fantastic attitude to learning all week. Well done.
4L	Ella	Always on task and completes her learning to an excellent standard.
4S	Vaishnavi	For being a wonderfully kind, friendly and helpful member of our class.
5C	Oscar	For being polite and caring in class as well as producing some excellent pieces of learning to be proud of.
5L	Elliot	Elliot has worked exceptionally well in his swimming lessons and has been moved up to the next stage already. As well as this, he has been trying his very best to improve his reading skills in his sessions with Amber.
5S	Annaliese	For having a great and positive attitude towards her learning. For showing a sense of community towards her classmates and helping them when in need. Well done!
6A	Felix	For being an excellent role model for our school community who lives and breathes our core values, and for engaging well in all learning this week.
6C	Hugo	For creating a wonderful, thought-provoking poem independently for our class community – well done!
6L	Jack	Well done for being focused, engaged, and resilient with your learning this week. A great start to year 6 !
RB Blue	Gabriel	Well done for a fantastic week in the Resource Base and year 3. You have been so focused and produced some fantastic learning.
RB Green	Gregory	Well done for being so focused and engaged with your learning all week in the Resource Base and year 1!

Dates For Your Diary

Tuesday 19 th September	9.00 – KS1 Maths information session for parents and carers
	Reception and Year 1 Drama Workshop
	Year 3/4 Girls'Football Tournament
Wednesday 20 th September	Year 2 and Year 3 Drama Workshop
Thursday 21 st September	9.00 Friends of Torridon PTA Annual General Meeting
	Year 5/6 Girls' Football Tournament
Friday 22 nd September	3.30 Take One Picture Celebration Event
Tuesday 26 th September	9.00 – Year 3 and 4 Maths information session for parents and carers
Tuesday 3 rd October	9.00 – Year 5 and 6 Maths information session for parents and carers
Tuesday 10 th October	Mental Health Awareness Day
	Year 4 visit to Museum of London Docklands
	Parent and carer open evening
Wednesday 11 th October	Parent and carer open evening
Thursday 12 th October	Individual, sibling and class photographs
Friday 13 th October	2:15 - Resource Base sensory evening
Monday 23 rd – Friday 27 th October	HALF TERM HOLIDAY
Wednesday 1 st November	Flu Immunisation (Year 1 to Year 6)
Week Beginning 13 th November	Anti-Bullying Week
Tuesday 14 th November	Korky Paul – illustrator visit
Wednesday 15 th November	Resource Base to Panathlon Sports Festival
Friday 17 th November	Children in Need
Friday 24 th November	INSET DAY
Week beginning 4 th December	Whole school assessment week
Thursday 7 th December	School Disco
Monday 11 th and Tuesday 12 th December	Whole school art exhibition
Wednesday 13 th December	Nursery and Reception Christmas Performance
Thursday 14 th December	9.00 Year 1 Christmas assembly
	2.45 Year 2 Christmas assembly
Friday 15 th December	9.00 Year 3 Christmas assembly
	2.45 Year 4 Christmas assembly
Monday 18 th December	9.00 Year 5 Christmas assembly
	2.45 Year 6 Christmas assembly
Tuesday 19 th December	Christmas jumper day
	Christmas Lunch
Wednesday 20 th December	Last day of term – 2pm finish
Thursday 21 st December to Friday 5 th January	CHRISTMAS HOLIDAY
Monday 8 th January	First day of spring term

Weekly Attendance by Class

Class	Attendance		Class	Attendance		Class	Attendance	
1M	98%		3A	100%		5C	99%	
1N	95%		3G	96%		5L	99%	
1W	100%		3S	92%		5S	96%	
2S	99%		4A	100%		6A	92%	
2SW	99%		4L	100%		6C	95%	
2V	96%		4S	93%		6L	96%	

Well done to all the classes who achieved 100% attendance this week!

Sensory Workshop

New course! Parent/Carer - Sensory Workshop



About this course

This workshop is aimed at parents/carers who want to learn about sensory processing skills and how this may have an impact on their child's regulation. Parents/carers will have an opportunity to reflect on their child's sensory regulation and how this may have an impact on participation in their daily activities. Parents/carers will learn strategies that can support their child's regulation at home.

Who is this course suitable for?

Parents/carers who want to learn about sensory processing skills.

Run by: Occupational Therapy Team



Booking information

This is an online (or occasionally face to face) interactive training. Parents/carers will have the opportunity to ask questions and engage in discussion with others.

The course is 1-1.5 hours.

The workshop runs twice a term. Please call or email the occupational therapy team to book onto the workshop. Telephone: 0203 049 1337 email: LH.ChildrensOT@nhs.net

Cost

Free to parents of a child/young person who is a Lewisham resident/has a Lewisham GP.

Open Morning - Harris Girls' Academy Bromley



Please see our website to book a place

Open Evening

Thursday 21st September 2023: 5-8pm

Open Mornings

Daily from 25th - 29th September 2023: 9.30am

Tel: 020 8778 5917 www.harrisbromley.org.uk Lenard Road, Beckenham BR3 1QR

Harris Federation

Open Morning – Haberdashers' Knights

We are excited to welcome prospective parents and students to our open evening on Wednesday 27th September at 5pm.

The evening events include:

- Presentation by the Executive Principal at 5.30pm
- Practical work in various departments
- Guided school tours

We are pleased to extend this invitation with our Open Mornings on the 3, 5, 10 or 12 October at 9.15am (you would need to call and book a slot for these).



Haberdashers' Knights Academy

Join us!



Open Evening

Wednesday 27 September, 5pm

Open Mornings

3, 5, 10 or 12 October at 9.15am

Ofsted
Good Provider

Knights Academy is a thriving secondary school in the LB of Lewisham providing a Haberdashers' education for 11-18 year olds

For more information visit www.habsknights.org.uk

Haberdashers' Academies Trust South

Follow us @habsknights



Community Events

BLACK IN THE BALLROOM #BITB

THE FIRST UK PROJECT PROMOTING RACIAL EQUALITY IN BALLROOM
AND LATIN AMERICAN DANCING



WEEKLY CLASSES EVERY SUNDAY AT JJ DANCE STUDIOS

LOCATION:
182B HIGH STREET,
BECKENHAM,
KENT,
BR3 1EW

CONFIRM YOUR ATTENDANCE:
@BLACKINTHEBALLROOM
E: BLACKINTHEBALLROOM@GMAIL.COM
TEL: 0115 993 2350

SWIM SCHOOL SHORT COURSES

GLASS MILL LEISURE CENTRE

23rd October - 27th October

9:00am 9:30am, 10:00am,

*10:30am Foundation *(9y. over)

11:00am Development

FOR 25% OFF USE - SWIMHAPPY

Visit better.org.uk/swimming-lessons
for more information



BETTER



KIDS VOGUE STARS
PERFORMING ARTS



Performing Arts School
FRIDAY 4.45 - 7.45

Ages 5 +

Corbett Community Library

103 Torridon Road

SE6 1RQ

CALL NOW TO BOOK YOUR FREE TRIAL

[020 8922 1904](tel:02089221904) or [07943 719496](tel:07943719496)

info@kidsvquestars.co.uk

<https://www.kidsvquestars.co.uk/>

Independent Day School for Boys
Co-Educational Sixth Form
Croydon



Join us for our

**Junior
Orchestral Day**

Sunday 8th October, 10:00-17:00

Book now at:
www.trinity-school.org/events
Or Scan:



£30 - £25 for additional siblings
Free to students on Pupil Premium Funding
Grade 2+ standard | For children aged 8-12



TRINITY

Leading through values.
trinity-school.org/music

Aspire – Extra Support with Learning



Aspire



Do you have a child who is in KS2 (7-11) or KS3 (11-14) that would benefit from some extra support with their learning?

Places Available!



Aspire offers support in

- English
- Maths

Plus

- Black History sessions
- Music
- Cooking
- Creative Arts
- Gardening and
- Games



When?

Saturdays 10:00am – 1:00pm (**Term time only**)

Each session costs £7:00.

Where?

Perry Rise Baptist Church, Perry Rise, Forest Hill, London, SE23 2QL

For more information contact:

Garnett

Email: aspirepreparatorycentre@gmail.com

aspire@perryrisebaptistchurch.org.uk or

Mobile: 07956400708 or 07957268903



Saxon Crown Swimming Club

Saxon Crown Swimming Club is introducing a new squad which will comprise the club's youngest new entrants (pupils currently in years 3, 4 or 5).

There is a minimum requirement for swimming ability. To qualify for Goldfish Squad, the swimmer must be able to comfortably and confidently swim 25 metres freestyle (front crawl) and backstroke and 10 metres breaststroke. Goldfish squad will swim 2 x 1-hour sessions per week while they progress under our qualified coaches towards competitive swimming.

If you're interested, please email saxon.crown@swimclubmanager.co.uk.

Please note: This is not a Learn to Swim programme, those services are provided by the Leisure Centre Operators in Lewisham, namely, GLL and 1Life.

Saxon Crown Swimming Club



Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary, emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games boxes together while shopping, discussing why some games might have earned certain age ratings.

FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.

Meet Our Expert

Daniel Upcombe is a writer specialising in technology, video gaming, virtual reality and web3. He has co-written 15 guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft, with work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VGC. He has reviewed more than 50 games and products over the past year.



Source: <https://npsa.gov.uk/about/privacy.htm>

NOS National
Online
Safety
#WakeUpWednesday



@natonlineafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

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