



Hazelbank Road, Catford, London, SE6 1TG

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16<sup>th</sup> June 2023

Dear parents and carers,

Well done to everyone for surviving the heat this week. It has certainly been very warm in our classrooms and the playground. The children have been very good at remembering to drink lots of water and to stay in the shade as much as possible.

It was wonderful to see so many families at the PTA Fun Run last Sunday. There was such a fantastic atmosphere! The children showed such stamina and perseverance and it was so lovely to see some parents running with their children to support and encourage them. Thank you so much to Anca and the PTA members who organised and ran the event and thank you to all who have donated so far. There is still time to donate if you have not already done so. Click here for more information: [Fun Run 2023](#)

It was also great to see the hall filled with Year 1 parents, carers and siblings to see the superstar children performing and showing their film screening this afternoon. Thank you for coming to support the children. They really do love it when you come to watch them perform.

Please remember it is INSET day next **Friday 23<sup>rd</sup> June**. School will be closed to children.

Have a lovely weekend.

Best wishes  
Manda George  
Headteacher



# HOORAY FUN RUN PARTICIPANTS!

Congratulations to all the children who took part in last Sunday's Fun Run in Forster Park - we are very proud of their amazing efforts, especially in the heat! And many thanks to the parents and carers for your support - cheering, encouraging and/or running alongside your child. There was a great turn-out and lovely community atmosphere. Thanks to all the very generous donations we're thrilled to have raised over £1,300 for the Outdoor Creative Corner. You can still support the children's brilliant efforts here: <https://gofund.me/37fc9e36>.



A big well done to all who took part, with special mention to our top 3 boy and girl finishers. We look forward to next year's event - water sprays at the ready!

	First	Second	Third
Nursery and Reception	Carter (Blue Class) Darcey (Yellow Class)	Milo (Red Class) Melita (Red Class)	Zico (Yellow Class) Shiloh (Nursery)
Year 1 and year 2	Denver (2S) Elsie (2S)	Oscar (1G) Joy (1G)	Omar (1G) Vivien (1N)
Year 3 and Year 4	Joshua (4W) Imogen (4C)	Ethan (4C) Evie (4W)	Maxwell (3S) Ameliia (3S)
Year 5 and Year 6	Orin (6L) Beatrice (6C)	Gustavo (6L) Sanjana (6C)	Kavahn (6L) Olivia (6A)









# SPORTS DAY

We are looking forward to our sports day events this year. Our sports day team have been busy planning the activities. Please see below for the days, locations and timings. We look forward to seeing you at the events.



## EYFS (Nursery and reception) Sports Day - Monday 10<sup>th</sup> July

Location: Torridon Primary School

Time: 9:15 – 11:00am

The morning will be individual and team races on the pitch.

## KS2 (years 3 – 6) Sports Day - Thursday 13<sup>th</sup> July

Location: Whitefoot Lane

Time: 9:45 – 2:45pm

The morning will be individual races until 12:45pm. The children will have a packed lunch at the playing fields. In the afternoon there will be opportunities for family participation including parents and friends' races, community games such as our football teams playing the teaching staff and parents!

## KS1 (years 1 and 2) Sports Day - Friday 14<sup>th</sup> July

Location: Whitefoot Lane

Time: 9:45 – 2:45pm

The morning will be individual races until 12:45pm. The children will have a packed lunch at the playing fields. In the afternoon there will be opportunities for family participation including parents and friends' races and community games.

# Summer Fair – Saturday 8th July, 12-4pm

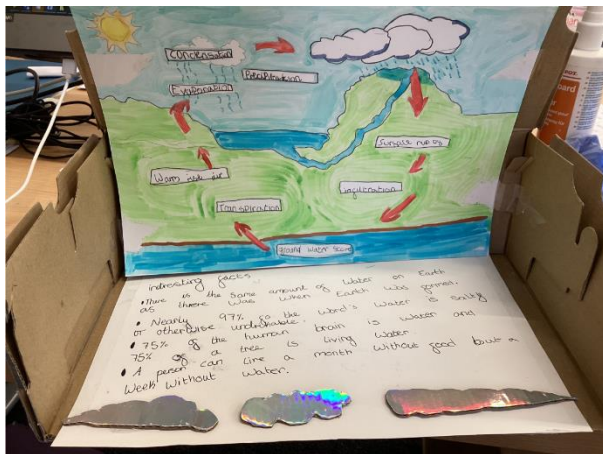
Free entry, all are welcome!

[Learn more](#)

[Sign up to volunteer](#)

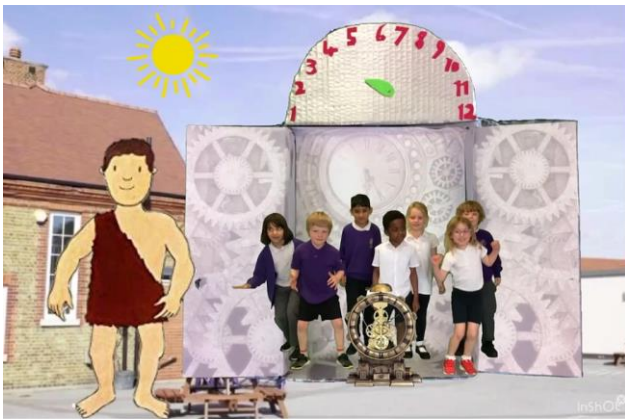


# Lovely Home Learning



Manjot has created a model of the water cycle. She has also included subject specific vocabulary and written a short piece on why water conservation is important. Well done Manjot!

## Year 1 Prehistoric Animal Parade



Here is a snapshot from the Year 1 screening this afternoon.  
Year 1 parents can view the full video on MS Teams.





# SPORTS SUPERSTARS!

Congratulations to this week's sporting superstars that competed in our year 5 & 6 boys football tournament on Thursday followed by our year 4 cricket team on Friday. The boys' football team remained undefeated throughout their group stage, winning 6 out of 7 matches and drawing once. They finished top of their group and progressed to the semi-finals!



They played amazingly well on the day and just missed out on a place in the final through a narrow defeat after a penalty shoot-out. Even so, finishing in fourth place within the borough is a huge achievement in itself and they should be extremely proud of themselves. As well as this, it was lovely to see the passion and determination from all our Torridon representatives on the day.

Our 10 cricket players from year 4 went into their tournament after just one practice session focusing on bowling and batting. Throughout the course of the day, they transformed into a strong cricket team that other teams did not want to play against! They won all of their four group-stage matches and, like the football team, progressed into the semi-finals.



After winning their fifth match in a row they went all the way to the final against another strong team with some talented individuals. It was an extremely close game with just two runs separating the teams! Our players did an outstanding job on the day and to finish in second place is still an amazing achievement. Well done to our cricketers for doing so well, and for demonstrating great teamwork and respect throughout the day, and congratulations to Arun for being awarded with the MVP prize!






# High Pollution



There is a high pollution episode across London. The Mayor is asking everyone to stop or reduce driving or burning, where possible to protect the health of the most vulnerable such as children. More info here: <https://www.bbc.co.uk/news/articles/ckvzldzegnyo.amp>.

## Weekly Attendance by Class

	Class	Attendance		Class	Attendance		Class	Attendance
	1G	99%		3A	99%		5L	95%
	1M	98%		3L	96%		5R	97%
	1N	94%		3S	98%		5S	98%
	2G	90%		4C	93%		6A	96%
	2S	91%		4V	89%		6C	97%
	2SW	98%		4W	96%		6L	93%

Well done to 1G, 3A and 5R who were out attendance cup winners this week!

## English as an Additional Language Support

Dear parents and carers,

Can you speak and write in **Arabic**, **Russian**, or **Tamil**?

If so, we could really use your support to translate some resources for children who are learning English as an additional language.

If you can help, please email: [sencotorridonprimary.lewisham.sch.uk](mailto:sencotorridonprimary.lewisham.sch.uk)

Thank you,

Sai and Alice

EAL Team



## Dates For Your Diary

Monday 19 <sup>th</sup> June	Councillor Chris Barnham visiting Year 6
Thursday 22 <sup>nd</sup> June	6pm – Year 5 secondary transfer meeting
Friday 23 <sup>rd</sup> June	<b>INSET DAY</b>
Tuesday 27 <sup>th</sup> June	Year 5/6 boys' cricket tournament
Thursday 29 <sup>th</sup> June	Reception vision and hearing screening (TBC) Resource Base to Bellingham Soft Play
Week beginning 3 <sup>rd</sup> July	Assessment week for Nursery, Reception, Year 1, 3, 4 and 5
Monday 3 <sup>rd</sup> July	Year 6 First Aid workshop
Tuesday 4 <sup>th</sup> July	Year 6 Staying Safe workshop
Friday 7 <sup>th</sup> July	Year 5 and 6 swimming gala
Saturday 8 <sup>th</sup> July	<b>Summer Fair 12-4pm</b>
Monday 10 <sup>th</sup> July	9.30am – 11.00am Nursery and Reception Sports Day
Tuesday 11 <sup>th</sup> July	9.15am Year 6 production
Wednesday 12 <sup>th</sup> July	6.00pm Year 6 production
Thursday 13 <sup>th</sup> July	9.45am – 2.45pm Year 3,4,5 and 6 Sports Day
Friday 14 <sup>th</sup> July	<b>9.45am – 2.45pm Year 1 and Year 2 sports day</b>
Monday 17 <sup>th</sup> July	Year 6 BEAM transition workshop
Tuesday 18 <sup>th</sup> July	5pm – summer music concert
Wednesday 19 <sup>th</sup> July	Year 6 transition workshop Year 6 leavers' event
Thursday 20 <sup>th</sup> July	Resource Base picnic – Forster Park Year 6 trip to Airthrill
Friday 21 <sup>st</sup> July	Last day of the summer term – 2pm finish 9.30 – Year 6 leavers' assembly







## Stars of the Week

Class	Name	Reason
Nursery pm	Everyone	For looking after our woodland in this hot weather ensuring our trees are watered. Well done Nursery!
Nursery Full Time	Everyone	For looking after our woodland in this hot weather ensuring our trees are watered. Well done Nursery!
Red Class	Eve	For always being kind to everyone and being a good friend. Well done, Eve!
Blue Class	Samrawit	For improved listening at carpet times and excellent effort in her writing! Well done Samrawit.
Yellow Class	Zico	For always having a positive attitude to learning. He always listens and shares his ideas. Well done!
1G	Sinojan	For settling in beautifully into 1G. He is always showing kindness to all and is always trying his best. Well done Sinojan!
1M	Anice	For showing empathy in our English lessons and for always being polite and respectful. Keep it up and well done, Anice!
1N	Whole class	For their excellent song writing, singing and performing!
2G	Emmaline	For always trying her best in every piece of learning and for being kind and supporting her peers. Well done! 😊
2S	Renice	For settling into 2S so well! We are so happy to have you as part of our class! 😊
2SW	Esther	For being kind and caring towards others! Well done! 😊
3A	Maria	For helping other people kindly and listening to others when they help her too. Well done.
3L	Ashton	For giving excellent reasoning in maths lessons when answering word problems!
3S	Amariah	Good use of prepositions in her writing. Well done, keep it up!
4C	Javonnae	For working really hard on his times tables.
4V	Savain	For being a role model student; for always being focused, always being engaged, always taking part in class discussions, always challenging yourself and always showing respect to everyone.
4W	Elliot- James	For being ready for learning and trying his best. Well done Elliot-James.
5L	Andrei	For being a fantastic member of 5L! He has made great progress since joining us this year. Although we will miss him, we wish him all the best for the future!
5R	Sadie	For always upholding the highest standards in her learning and demonstrating kindness to all members of the class community.
5S	Nikisha	For being a fantastic ambassador for the class and looking out for her peers outside the classroom. Well done!
6A	Thai	For consistently displaying the core value of respect, and for writing an outstanding piece of narrative this week. Really proud!
6C	Bertie	For fantastic effort in the Matilda rehearsals. Your expression is excellent and you have been working hard to learn your lines - well done!
6L	Shardonai	For making an excellent start on your narrative 'Matilda' and using vocabulary to engage the reader. Well done!!
Blue Pathway	Naoki	For fantastic reading and comprehension class in class and great independent work.
Green Pathway	Joshua	For his great phonics work this week.

# Chorister at St Paul's Cathedral

Does your child love to sing? St Paul's Cathedral is looking for the next generation of choristers. From September 2023 we will also be welcoming girls to the choir for the first time. Girls and Boys in Years 2-5 can join at any time of the year. We are looking for responsive, energetic young people who have a love of singing and an instinct for music – and no previous training or musical experience is necessary. You can find out more about the audition process here: <https://www.stpauls.co.uk/join-cathedral-choir>



There is a 'Being a Chorister' experience on Zoom, with a tour of the Cathedral, school, boarding house, and some live singing for families to join in with. The next session is on **Wednesday 21<sup>st</sup> June at 6pm for boys and 6:45pm for girls**, and parents can book a place by filling in this form: <https://forms.gle/bCDvEnhXF459XBWE8>

Further sessions take place regularly so do ask for further dates if you can't make this one. If you have any further questions, please

email Angela Palotai ([apalotai@stpaulscathedral.org.uk](mailto:apalotai@stpaulscathedral.org.uk))

# Christ Hospital Open Invitation



CHRIST'S HOSPITAL

A SCHOOL LIKE NO OTHER

OPEN MORNING  
INVITATION  
SATURDAY 9 SEPTEMBER 2023

Year 7, Year 9 and Sixth Form Entry



# Touch Tuina – Taster Day



**Sunday  
18th June  
11AM - 4PM**

**You're invited to  
Touch Tuina Catford's  
1st Anniversary  
Celebration!!!**  
Come and join us for a little party!

**Free taster  
Treatment**

**Food and  
Drink**

**Introduction  
to Tuina**

020 3601 2815  
@TouchTuinaCatford  
155 Ardgowan Road SE6 1UZ



## UNLOCK YOUR BODY'S HEALING POTENTIAL WITH TOUCH TUINA!

Tuina (pronounced twee-na) is a 5000 year old medical massage therapy and a significant part of Traditional Chinese Medicine. It is an incredibly effective therapy that treats the musculo-skeletal system and in conjunction, the internal organ systems.

Our Tuina technique aims to treat, regulate and rebalance circulation, energy pathways, muscles, nerves and fascia. Treatment is combined with pressure point techniques, stretching, joint mobilisation, infra-red heat therapy, cupping and acupuncture dependent on each patient's condition.

### Treatments include:

- Tuina Massage
- Cupping
- Acupuncture
- Infrared Heat Cabin
- EMS
- Reflexology / Foot Massage
- Injury Rehab

### Conditions we treat:

- Acute & Chronic Pain
- General Back Pain
- Neck and Shoulder Pain / Stiffness
- Headache
- Sciatica
- Joint disorders / sprains
- Frozen Shoulder
- Scar tissue
- Postural Defects
- Lordosis
- Kyphosis
- Scoliosis
- And More!



# Ballers – Trial Season



**BALLERS SE**  
OPEN TRIALS SEASON 23/24


**TIME:  
10:30AM - 11:30AM**

**BALLERS SE ARE HOLDING OPEN TRIALS TO ADD PLAYERS TO OUR TEAMS FOR 23/24 SEASON**

**EVERY SATURDAY IN JUNE & JULY**

**LOCATION:  
KANGLEY BRIDGE ROAD  
LOWER SYDENHAM  
LONDON  
SE26 5AQ**

**0207 1013 652**   @BALLERSSPORTSCOACHING



**BALLERS SE**

**Age groups**

Under 7s (Year 2)  
Under 8s (Year 3)  
Under 10s (Year 5)  
Under 11s (Year 6)  
Under 12s (Year 7)



**Time:  
10:30am - 11:30am**

**All of our coaches are:**

FA Qualified  
DBS Checked  
Child Safeguarding Trained

**SEND US AN EMAIL OR  
GIVE US A CALL**

info@ballerssportscoaching.com  
**0207 1013 652**

  @BALLERSSPORTSCOACHING



# Bellingham Festival 2023

## Bellingham Festival 2023

Come and celebrate 100 years of Bellingham

Saturday 24 June

FREE!

12-4pm

Bellingham Green, SE6 3JB

- African drumming
- Mascots
- Performances
- Food
- Community stalls
- Under 5's activities
- Petting zoo
- Music
- Balloon modelling
- Bouncy castle

Festival organised by Bellingham Community Project.

Contact: [bcp@bcp.uk.net](mailto:bcp@bcp.uk.net) / 0754 943 3963



Lewisham  
music





## What Parents & Carers Need to Know about MONEY MULING

Money muling involves individuals – very frequently young people – being recruited to transfer legally obtained funds into and out of their bank account on behalf of criminals (often without even realising that's the kind of activity they've become embroiled in), and usually being allowed to keep a certain amount for themselves. It's essentially a digital form of money laundering. This guide highlights some of the risks associated with money muling, and provides parents and carers with useful tips to help safeguard young people against becoming ensnared by this growing online hazard.

### WHAT ARE THE RISKS?

#### LEGAL REPERCUSSIONS

Young people may be lured by the promise of quick, easy money, but by doing so they will become unwitting participants in activities that can have severe legal and financial consequences. Money muling is a serious offence under UK law: involvement in such schemes can result in imprisonment and fines (or both). Remember, the threshold for criminal responsibility in the UK is 10 years of age.

#### ONLINE RECRUITMENT

Cyber-savvy criminals are increasingly using various online methods, including social media apps and gaming platforms, in their attempts to recruit young people as potential money mules. The criminals often deploy persuasive, deceptive tactics to gain children's initial interest and attention, then seek to exploit their trust and naivety.

#### POSSIBLE EXPLOITATION

Money muling is frequently carried out in tandem with other organised criminal activities such as the drugs trade or human trafficking. Not only is money muling a criminal offence in its own right, therefore, but it could also expose young people to harmful situations as well as potentially putting them in contact with some extremely dangerous individuals.

#### FINANCIAL LOSSES

If they (even unknowingly) transfer funds that are traced back to criminal activities, money mules can face considerable financial losses: their bank may freeze their accounts, and they can be held liable for any legally obtained funds. People involved in money muling often also find themselves at greater risk of becoming entangled in other forms of criminal financial exploitation and fraud.

#### LONG-TERM CONSEQUENCES

Involvement in money muling can have a lasting negative impact on a young person's reputation, education and employment prospects, and place colossal strain on their family life. A conviction for financial fraud would significantly damage a young person's future opportunities: they could be blocked from opening a bank account, taking out a mortgage or even securing a phone contract.

## Advice for Parents & Carers

#### EDUCATE AND COMMUNICATE

Talk to your child about the risks and consequences of money muling, emphasising the importance of making informed decisions and seeking guidance if they need it. Create an open, non-judgmental space which encourages them to share their concerns and experiences, ensuring they feel comfortable getting help if they suspect they may have become involved in money muling.

#### MONITOR ONLINE ACTIVITIES

If you have concerns, you might want keep a closer than usual eye on your child's online presence, including their profiles on social media and any gaming platforms that they use. These can often serve as useful early warning systems which might help you to detect any signs of attempted recruitment by criminals or other types of suspicious behaviour.

#### TALK ABOUT MONEY

Discussions about avoiding being recruited as a money mule are also good opportunities for a refresher with your child about financial responsibility and good money management. It's also a helpful starting point for highlighting the importance of earning their money by honest means and the potential consequences of getting involved in illegal activities, both online and offline.

#### STAY INFORMED

Criminals' methods and approaches to recruiting young people as money mules frequently evolve to reflect the online landscape. Try to stay aware of criminals' current tactics and make time to regularly check out resources provided by schools, law enforcement and financial organisations. The Don't Be Fooled Campaign (at [www.moneymules.co.uk](http://www.moneymules.co.uk)) has plenty of useful information and advice.

#### REPORT YOUR SUSPICIONS

If you have reason to believe that your child, one of their friends, or someone they know has been recruited into a money muling operation, seek support and then report your suspicions. For your own safety, please **don't** attempt to directly confront anyone you suspect of organising money muling. Instead, contact Crimestoppers anonymously on 0800 555 111.

#### Meet Our Expert

Ross Savage has a proven track record in countering financial crime, having spent 15 years with UK law enforcement – specialising in money laundering investigations and asset recovery from organised criminal groups. He now holds senior visiting expert positions at various organisations and delivers customised training and consultancy to government and private-sector clients worldwide.



Source: [www.moneymules.co.uk](http://www.moneymules.co.uk) | <https://nationalcrimeagency.gov.uk/moneymuling>  
[www.offthefox.org.uk/press/press-releases/parents-in-grip-of-a-cyber-criminal-money-mules](http://www.offthefox.org.uk/press/press-releases/parents-in-grip-of-a-cyber-criminal-money-mules)



National  
Online  
Safety®

#WakeUpWednesday