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9th June 2023

Dear parents and carers,

Welcome back. I hope you all had a lovely half term break. We are looking forward to some fantastic learning and lots of fun events before the end of the academic year. Please make sure you check the 'dates for your diary' section later in the newsletter to make sure you don't miss anything.

Next week the children in year 1 will be taking their phonics check and the year 4 children will be having their multiplication checks. They have been working very hard during all their practices. I am sure they are all going to make us very proud.

It has been wonderful to see the sunshine this week. Please remind children to bring their water bottles and sun hats to school. It is also a good idea to apply sunscreen in the morning before children come to school.

Thank you to the PTA for organising this afternoon's uniform sale. Thank you also to all who donated items for the sale.

We can't wait for the Fun Run on Sunday. We hope you will be able to join us and look forward to seeing you there.

Have a great weekend.

Best wishes
Manda George
Headteacher



Torridon Fun Run



Friends of Torridon PTA are looking forward to the Fun Run event on the first Sunday after the holidays - 11th June, between 1-4pm in Forster Memorial Park.

There will be 1 mile races per age group, all children are welcome to participate, whether they run, walk, skip, or shimmy across the finish line. All finishers will receive a medal and the top girl / boy will get a trophy.

Thank you for those who have registered so far; the registrations are still open to all Torridon pupils and their preschool siblings, but we can no longer guarantee a t-shirt.

Funds raised will support the Outdoor Learning Space Appeal, with 10% to the local Food Bank. So while we suggest a minimum donation of £5 per entrant, children are encouraged to seek additional sponsorship from their friends and family.

Please find all the details about the day, how to take part and how you can donate on the event's website:

<https://sites.google.com/view/funrun2023>

Questions? Contact friendsoftorridonpta@gmail.com

English as an Additional Language Support

Dear parents and carers,

Can you speak and write in **Arabic**, **Russian**, or **Tamil**?

If so, we could really use your support to translate some resources for children who are learning English as an additional language.

If you can help, please email:

sencotorridonprimary.lewisham.sch.uk

Thank you,

Sai and Alice

EAL Team



My Dance Life – Tyler Rae

My Dance Life ★★

By: Tyler-Rae Weise-Henry

My name is Tyler-Rae and I'm a nine year old dancer. I love dancing because I get to express myself. I've started as a two year old ballet dancer and worked my way to the top group, purple group.

Purple group

Purple group means that you get more dances and is also top group which means I have to wake up really early which annoys me so much but it's okay.

Hiphop

I like hiphop ~~to~~ mixed with lyrical because I like how ~~go~~ you move slow and you can transition ~~zom~~ quick lyrical to slow lyrical.

My distinctions

I got 2 distinctions in dance because I ~~work~~ worked hard. I got one of my distinctions in tap and the other in modern.

Congratulations to Tyler-Rae who achieved two distinctions in her recent dance exams. We are all very proud of her indeed!



After School Club – Vacancy

Rise 'n' Shine After School Club has a vacancy for an enthusiastic person who likes to work with children to join our team.

We are based onsite at this school, hours would be from 2.30 to 6.30pm, Monday to Friday ideally or days to suit. We are a well established company that has provided childcare for 23 years and have been based at Torridon Primary School for 10 years. Training will be supplied.

If you are interested please contact Donna Thomas on 07981 560319 or email risenshineascltd@gmail.com

Thank you



YEAR 6 P.E. IN THE PARK

Today, the Year 6 children headed to the park for their PE lesson. They enjoyed playing cricket and worked well as a team. Then, they participated in relay races in preparation for Sports day. The children ran as fast as they could and cheered each other on. It was a lovely afternoon!



PTA Coffee Morning – Friday 16th June 9am

Join us after drop off for an informal social gathering: get to know other parents and carers, find out about PTA events, and share your ideas about how we can improve the school for our children and community. Hot drinks and light snacks will be available free of charge. At this half term's coffee morning we'll discuss final preparations for the Summer Fair, and we might get stuck into some crafting



SPORTS DAY

Whitefoot Lane made an error in their booking of our KS1 sports day date. This means that we are having to change the date for our KS1 sports day to **FRIDAY 14th JULY** (EYFS and KS2 dates remain the same). We apologise for the inconvenience caused by this change of date.

EYFS Sports Day – 9.30am – 11.00am Monday 10th July

KS2 Sports Day - 9.45am – 2.45pm Thursday 13th July

KS1 Sports Day – 9.45am – 2.45pm Friday 14th July (**NEW DATE**)

Lewisham Early Years - Oral Health on Zoom

NHS Join us for a friendly and interactive session for top tips on how to look after teeth. The Oral Health Promotion team will be hosting a Q and A session via Zoom for parents and carers on:

Wednesday 14th June at 7.30pm

[https://lewisham-gov-](https://lewisham-gov-uk.zoom.us/j/82637929602?pwd=bU9ZcWlhZ2hEY3VHWjJBL2cxU2Vldz09)

[uk.zoom.us/j/82637929602?pwd=bU9ZcWlhZ2hEY3VHWjJBL2cxU2Vldz09](https://lewisham-gov-uk.zoom.us/j/82637929602?pwd=bU9ZcWlhZ2hEY3VHWjJBL2cxU2Vldz09)

Thursday 15th June at 2.00pm

[https://lewisham-gov-](https://lewisham-gov-uk.zoom.us/j/86455649450?pwd=eWx6NnNYcHJ3UzBsWFpyYig3cHdHZz09)

[uk.zoom.us/j/86455649450?pwd=eWx6NnNYcHJ3UzBsWFpyYig3cHdHZz09](https://lewisham-gov-uk.zoom.us/j/86455649450?pwd=eWx6NnNYcHJ3UzBsWFpyYig3cHdHZz09)









Therapy Dog Visit



We love it when Chips comes to visit. She is so gentle and helps us to feel calm and happy.

Thank you Chips!

Weekly Attendance by Class

	Class	Attendance		Class	Attendance		Class	Attendance
	1G	97%		3A	98%		5L	97%
	1M	98.9%		3L	99%		5R	97%
	1N	89%		3S	99%		5S	97%
	2G	93%		4C	92%		6A	94%
	2S	97%		4V	87%		6C	93%
	2SW	99.2%		4W	96%		6L	87%

We had some tie breaks this week for our attendance cups! Congratulations to all our winners.

Saplings Summer Club



Summer Club

Corbett Community Library
103 Torridon Road. SE6 1RO

31st July–

8am–6pm

Bookings on or before 24th June
Little as £3 per hour !!!!

- £36 per day
- £95 for 3 days
- £155 per week



Bookings on or before 9th July

- £40 per day
- £110 for 3 days
- £170 per week



Bookings after 17th July

- £49 per day

Bookings & more info

Call us on: 07393 858245

or email us: admin@saplingsafterschoolclub.com

Cinema trip
&
Photography
Lesson

Wiggly wild,
& woodland
Farm

Arts, crafts
&
Games

Parks &
sports

Police
&
fire station
tours

and much,
much more



Dates For Your Diary

Sunday 11 th June	Children's Fun Run in Forster Park
Week beginning 12 th June	Year 1 Phonics Screening Check Year 4 Multiplication Tables Check
Thursday 15 th June	YT5/6 Football Tournament
Friday 16 th June	9.00am PTA Coffee morning
	Y3/4 Football Training
	Y4 Cricket Tournament
	2.30pm Year1 film screening for parents and carers
Monday 19 th June	Councillor Chris Barnham visiting Year 6
Thursday 22 nd June	6pm – Year 5 secondary transfer meeting
Friday 23 rd June	INSET DAY
Tuesday 27 th June	Year 5/6 boys' cricket tournament
Thursday 29 th June	Reception vision and hearing screening (TBC) Resource Base to Bellingham Soft Play
Week beginning 3 rd July	Assessment week for Nursery, Reception, Year 1, 3, 4 and 5
Monday 3 rd July	Year 6 First Aid workshop
Friday 7 th July	Year 5 and 6 swimming gala
Saturday 8 th July	Summer Fair 12-4pm
Monday 10 th July	9.30am – 11.00am Nursery and Reception Sports Day
Tuesday 11 th July	9.15am Year 6 production
Wednesday 12 th July	6.00pm Year 6 production
Thursday 13 th July	9.45am – 2.45pm Year 3,4,5 and 6 Sports Day
Friday 14 th July	9.45am – 2.45pm Year 1 and Year 2 sports day – PLEASE NOTE CHANGE OF DATE
Monday 17 th July	Year 6 BEAM transition workshop
Tuesday 18 th July	5pm – summer music concert
Friday 21 st July	Last day of the summer term – 2pm finish 9.30 – Year 6 leavers' assembly



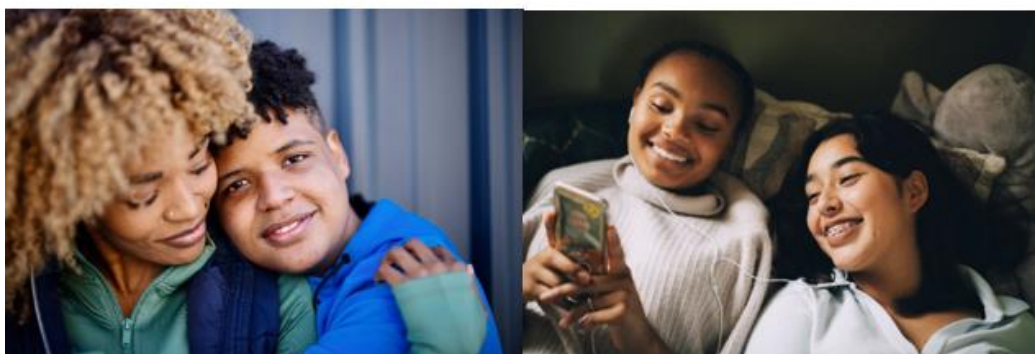


Stars of the Week

Class	Name	Reason
Nursery pm	Aarany	For her enthusiasm with our sporting events and supporting her friends. Well done Aarany
Nursery Full Time	Yasviny	For her confidence with adults and always being a kind friend. Well done Yasviny!
Red Class	Pablo	For settling so well into Red class and for doing amazing maths and phonics learning this week. Well done, Pablo!
Blue Class	Miriam	For showing a huge improvement in her listening and putting lots of effort into her writing! Keep it up Mimi!
Yellow Class	Seyon	For always working hard and being kind and helpful to others. Well done!
1G	Ebrima	For fantastic reading and writing of his sight words. Great work! 😊
1M	Hazel	For always trying her best in everything she does and for being a kind and helpful member of the class. Well done, Hazel! 😊
1N	Niveesh	For starting to be more mindful of the choices he makes. 😊
2G	Rakaiah-Renae	For focusing on improving her learning all week. Keep up the fantastic learning! 😊
2S	Ria	Because of her wonderful effort in English this week! Well done for taking your time to sound out the words in your sentences 😊
2SW	Owais	For his good listening skills and his positive attitude towards learning! Well done Owais! 😊
3A	Travis	For making a fantastic effort to join in with learning activities and try his best.
3L	Sophie	For demonstrating excellence at a tournament – showing all of the Lewisham Sports Values. Fantastic sportsperson!
3S	Kyzah	Excellent focus and attention in writing. Well done, keep it up.
4C	Eduardo	For working extremely hard on his learning and trying his best to complete the tasks set. Well done!
4V	Sapphie	For demonstrating excellence in both reading and maths. Well done Sapphie, keep it up. 😊
4W	Carter	For being helpful around the classroom. He has especially been conscientious about keeping the book corner organised and tidy 😊
5L	Daisy	For completing all learning tasks consistently with 100% effort, as well as willingly helping others during class learning. Well done! 😊
5R	Gobi	For improved focus and attention to his learning and making thoughtful contributions to class discussion. Well done.
5S	Trayvon	For having a more positive attitude towards learning and for his amazing artwork on canvas. Well done!
6A	Kamare	For writing an excellent recount of his school journey and using his writing framework to assess his learning. Really proud!
6C	Ezra	For having an excellent attitude towards learning. He has been working hard and making good progress – well done!
6L	Chester	For good engagement in all lessons and for writing an excellent recount of the school journey.
Blue Pathway	Dalrekay	For doing fantastic writing and maths this week
Green Pathway	Gregory	For doing great phonics work in reception

Talking Teens Parenting Support

TALKING TEENS



Family Thrive are running a free course for parents or carers of teenagers and pre-teens who are looking to better understand and communicate with their child. This course offers an opportunity to understand what's going on in the adolescent brain and how to understand your teens feelings and behaviours using an authoritative parenting style. Sessions will focus on relationships within the family, communication, negotiation, decision-making and strategies to reduce conflict.

The group aims to develop:

- relationships between teenagers and parents/carers
- a calmer home life
- confidence when talking about difficult issues
- an understanding of teenage needs and development

Who would be eligible to attend this course?

- Parents and carers of pre-teens and teenagers who are currently in years 6 & 7 (Consideration may be given to children in years 5 & 8)
- If no physical or extremely challenging behaviour is present in or outside of the family home.
- Family must reside in Lewisham borough

How long is the course?

- The course is held over 4 weeks
- 2 hours per session (10.30am-12.30pm on Tuesdays – Dates/Venue will be confirmed once registered)

For more information or to register your interest, please email our duty box:
EHCFamilyThrive@lewisham.gov.uk



Virtual taster session – 4pm Monday 3rd July via MS Teams

Email: EHCFamilyThrive@lewisham.gov.uk for more information and the link to the session.

Barracudas



Tales on Moon Lane

It is Independent Bookshop Week from Saturday 17th to Saturday 24th June! Tales on Moon Lane will be running a variety of exciting activities throughout the month to celebrate including an interactive story-time, a raffle and much more.

Independent Bookshop Week is a celebration of independent bookshops in the UK highlighting the vital role independent bookshops play in their communities. The campaign was launched in 2006 by the Booksellers Association. This year it will run from Saturday 17th - Saturday 24th June.



Sports Festival – Saturday 24th June

Registration for the Lewisham Inclusive Sports Festival 2023 is now open!

Register here: <https://bit.ly/LewishamInclusiveSports2023>

Lewisham Inclusive Sports Festival

Lewisham Disability Sports Network

An inclusive multi sports festival for D/deaf, disabled and neurodivergent people and their families/friends/carers living in or close to Lewisham

All disabilities/abilities welcome!

Saturday 24th June 2023
2 pm - 4 pm

Ladywell Fields Tennis Courts
SE13 7XD

Age: 5 - 17 years old

Free for all to attend!
Sign up to secure your FREE space!

Register here: bit.ly/LewishamInclusiveSports2023

Activities include:

- Athletics
- Cycling
- Dance
- Hula Hooping
- Multisport
- Netball
- Rugby
- Taekwondo
- Tennis

For more information, please contact
Joe.Hawkins@AccessSport.org.uk
020 7993 9883

In partnership with
Access Sport
NHS
Lewisham and Greenwich
Lewisham Council

Lewisham Inclusive Sports Festival

What Parents & Carers Need to Know about

OMETV

WHAT ARE THE RISKS?

OmeTV is another app which encourages users to 'make friends from all around the world'. People can search profiles by age and gender and send direct messages or photos. However, the app is primarily used for video calls. When using this feature, users are connected at random, although only their country of origin is shared. People can then either choose to move on to the next chat or can stay in that call for as long as they wish.

STRANGER DANGER

While young people generally know not to share personal information with strangers, the safety of their home and the distance offered by technology can make them feel more relaxed and uninhibited. Combined with the fact that OmeTV provides a webcam function – and anonymity – it can be an easy way for groomers to gather information, ask to connect on other social media platforms, or potentially request intimate images.

EXPLICIT CONTENT

Unfortunately, there are a lot of users who use OmeTV's webcam feature to expose themselves. While users can swipe to the next call quickly, it's not something that can be filtered out completely – so young people could easily be exposed to highly inappropriate images.

REPORTING DIFFICULTIES

When video calling, the other person's username is often hidden and therefore they can't be blocked or reported. There is a 'Report Abuse' tab at the bottom of the video, but the speed with which calls can swipe past can make it difficult to use this system. There's also little evidence to suggest that offenders are dealt with appropriately (through warnings or account termination, for example).

AGE VERIFICATION

17+

Although the site states that users must be 18 or over, there's no way to verify this, and it's easy to use an existing Facebook account to log in, or for users to set up a fake account. To access OmeTV, users simply need to press a button confirming they're an adult, which means it's likely many users will claim to be much older than they are.

VIDEO RECORDING

When young people are chatting live on a webcam, they could be coaxed by others into doing things they don't feel comfortable doing, or persuaded that no harm can come from it. What they don't know is whether the other user is recording them. These videos could then be used to embarrass or blackmail them, or they could be kept by a potential online predator.

LIMITED PARENTAL CONTROLS

OmeTV has very limited parental controls. There is a 'safe mode', but this is of little practical use given that explicit content isn't filtered out. While the site lists several rules and regulations, there are few apparent ways to enforce them or restrict what users can see or do.

Advice for Parents & Carers

FOLLOW AGE GUIDELINES

OmeTV has an age recommendation of 18 and over, which suggests the developers are aware that it may facilitate adult content. It's important to adhere to the age guidelines and try to restrict access to the app for younger users. If you find it on an under-18's device, talk to them about the potential risks and explain why they probably shouldn't be using it.

DISCOURAGE CHATS WITH STRANGERS

Remind your child of the dangers of talking to strangers online. The anonymity OmeTV offers, plus its webcam function, makes it an attractive place for groomers to network and create inappropriate content. Explain that your child may see something which upsets them – and that it's a crime for anyone to expose themselves to a young person online.

DISCUSS THE DANGERS

Maintain communication with your child about online safety and empower them to protect themselves. Simply deleting an app from their device impacts their independence and can cause resentment. Instead, highlight news reports of predators exposing themselves to children on the internet, and discuss what they should do if asked for explicit images.

ENABLE PARENTAL CONTROLS

Regardless of how responsible your child may be, it's essential to use parental controls on their device. It's easy for young people to get lured in by others, feeling they've built up a trusting friendship and being coaxed into doing things they wouldn't normally do. Ensure in-app purchases aren't enabled on their device, and emphasise that they can always talk to you about anything online that worries them.

Meet Our Expert

Dr Chloe Sutcliffe is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



National Online Safety®

#WakeUpWednesday

Source: <https://www.bbc.com/news/crime-police/more-exposed-times-for-male-middle-school-students-to-find-sex-chat-rooms-on-apps> and <https://www.theguardian.com/technology/2022/jan/25/parents-should-know-how-to-protect-their-children-from-online-predators>



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