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26<sup>th</sup> May 2022

Dear parents and carers,

It is hard to believe that we have reached half term already. The summer term is flying by. It has been lovely to see some sunshine this week. Hopefully it will continue over the bank holiday weekend and into half term.

We have missed our year 6 children this week. They have all had an amazing week! Lots of them were away on their residential trip to Kingswood in Kent and those that stayed here had fun bowling, at the park and at the cinema. The year 6 block has been very quiet indeed!

We have had some wonderful lessons to end this half term's learning sequences. Year 2 set their Tudor houses alight to replicate the Great Fire of London (on a very small scale of course). Year 1 have visited the dinosaurs in Crystal Palace Park. Year 5 finished their history learning by acting out the myth of King Midas and creating alternative endings to the myth of Theseus and the Minotaur. All our brilliant teachers have been very busy planning even more exciting learning for the second half of the summer term.

Thank you for all your incredible support this half term. I hope you have a fantastic half term break and look forward to seeing you on **Monday 5<sup>th</sup> June.**

Very best wishes  
Manda George  
Headteacher



# Year 6 School Journey



# Forest School News



**This week has been all about fire!!**

**We lit a fire and cooked popcorn as an end of term treat!**

**All of the children were very excited but were so sensible and kept each other safe.**

## PTA Uniform Sale – Friday 9<sup>th</sup> June



**\*\* Reminder - Donation to Uniform Sale, Friday 9 June \*\***



Friends of Torricon PTA are gathering uniform donations for the next playground sale. Summer stuff - shorts and dresses - most useful for fellow families at this time. Please bring items to the office, in good clean condition if possible!



# Year 3 Poetry

As part of our learning about Hinduism, year 3 tried to express Brahman the Creator through poetry.

You are a boy, you are a girl.

You are the bright sun

And nature is your child.

The stars are your power.

You are the clouds in the sky

And the love of god.

You are everywhere.

Everything that is, is born of you

By Emmanuel

You are girl, you are a boy.

You are a big, ferocious cheetah

And the orange snake with white eyes.

The clouds are your child.

You are the wind beneath my wings

And the earth beneath my feet.

You are part of everything.

You are everywhere.

Everywhere that is, is born of you.

By Abigail

You are an animal. You are human.

You are a warm loving otter

And the brave beast of the wild.

The sun is your smile.

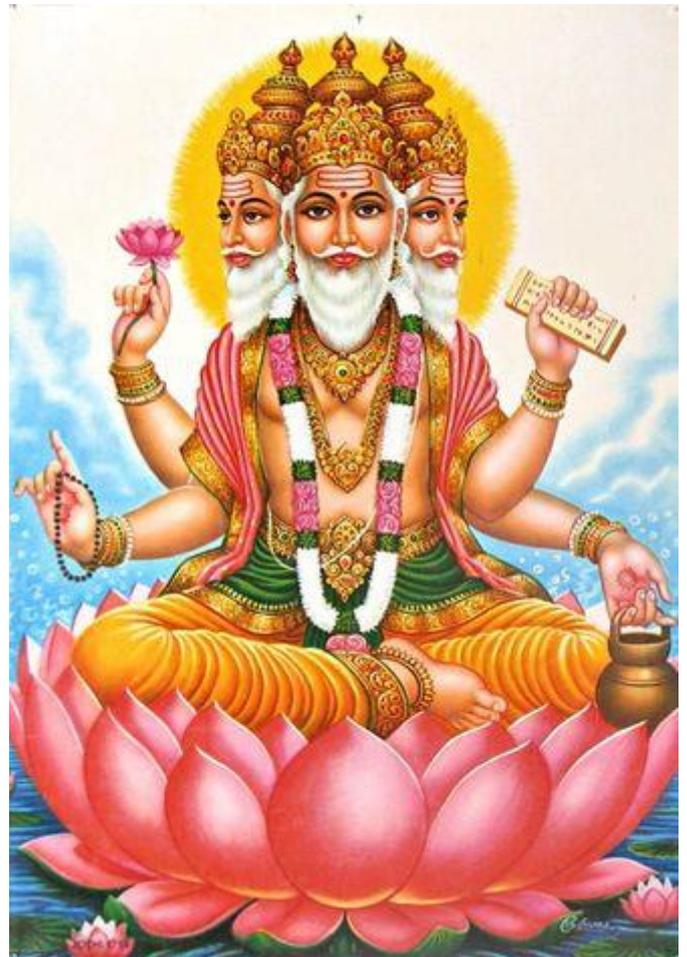
You are the creator

And the deep, blue sea.

You are part of everything.

Everywhere that is, is born of you.

By Mila



# Torridon Fun Run



Friends of Torridon PTA are looking forward to the Fun Run event on the first Sunday after the holidays - 11th June, between 1-4pm in Forster Memorial Park.

There will be 1 mile races per age group, all children are welcome to participate, whether they run, walk, skip, or shimmy across the finish line. All finishers will receive a medal and the top girl / boy will get a trophy.

Thank you for those who have registered so far; the registrations are still open to all Torridon pupils and their preschool siblings, but we can no longer guarantee a t-shirt.

Funds raised will support the Outdoor Learning Space Appeal, with 10% to the local Food Bank. So while we suggest a minimum donation of £5 per entrant, children are encouraged to seek additional sponsorship from their friends and family.

Please find all the details about the day, how to take part and how you can donate on the event's website:

<https://sites.google.com/view/funrun2023>

Questions? Contact [friendsoftorridonpta@gmail.com](mailto:friendsoftorridonpta@gmail.com)

## YEAR 1 AND YEAR 2 SPORTS DAY CHANGE OF DATE

Whitefoot Lane made an error in their booking of our KS1 sports day date. This means that we are having to change the date for our KS1 sports day to **FRIDAY 14<sup>th</sup> JULY** (EYFS and KS2 dates remain the same).

EYFS Sports Day - Monday 10<sup>th</sup> July

KS2 Sports Day - Thursday 13<sup>th</sup> July

KS1 Sports Day - Friday 14<sup>th</sup> July (**NEW DATE**)

We apologise for the inconvenience caused by this change of date at short notice.

## Weekly Attendance by Class

	Class	Attendance		Class	Attendance		Class	Attendance
	1G	94.9%		3A	94.2%		5L	94.5%
	1M	94.02%		3L	95.8%		5R	94.2%
	1N	93%		3S	96.1%		5S	94.5%
	2G	94.8%		4C	94.3%		6A	94.9%
	2S	92%		4V	94.7%		6C	93.3%
	2SW	95%		4W	94.4%		6L	94.2%

Attendance percentages were very close this week. Congratulations to 1G, 3S and 6A for winning the attendance cups this week.

## FitFunActive Fundraising

You may remember that back in February, Darren, one of our fantastic parents, launched a couch to 5K fundraising initiative at FitFunActive in Deptford. I am delighted to say that the participants raised £2,000 which Darren has generously donated to Torridon to support the development of our creative corner.

A huge thank you Darren for your generosity and kindness.

Fit Fun launched a Couch to 5k as a voluntary community engagement and fundraising project in February. Their experienced trainers gave up their time investing in the health of our community while raising money for local schools. During the 10-week block, they supported participants through a well-designed programme of training. The plan began with short interval jogging mixed with extended walking. Over the weeks lengthening the running time and reducing the walk phase. Eventually, building up the fitness to run 5 kilometres.

The incredible generous sum of £2000 was raised!



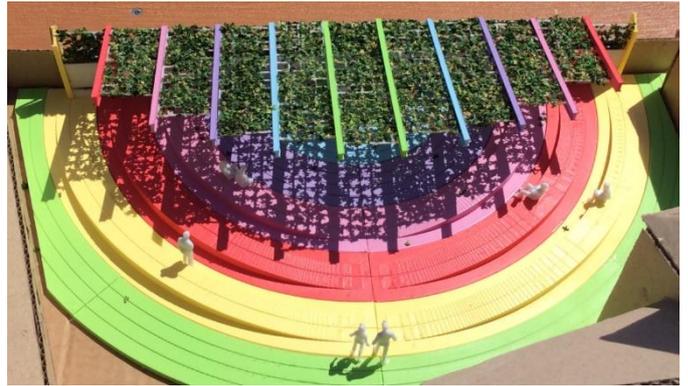
### FitFunActive | Deptford Gym | Personal Training and Group Exercises

FitFunActive is a Deptford gym that offers personal training, group exercises, boxing, HIIT workouts and more to produce real results.

[www.fitfunactive.co.uk](http://www.fitfunactive.co.uk)

## Creative Corner

We are very excited to update you with the latest developments in our creative corner project. Some of our very talented dads have been working with the creative team to help to bring our vision to reality. Danny, Thomas and Andreja (parents of Amelie, Bernice, Thomas and Mateo) have been supporting us with drawing up plans, development of scale models and ways in which to source sustainable materials. We are so grateful for their time and expertise.



Here is a sneak peek at the latest scale model. We are so excited to see how we hope it is going to look!

## London's Burning



London's burning, London's burning, fetch the engines, fetch the engines, Fire Fire! Fire Fire! Pour on water, pour on water...

That is exactly what happened when Year 2 re-enacted the Great Fire of London in the playground this week. The children built their own Stuart houses and watched as they went up in flames. They were all amazed at how quickly the fire spread! Luckily Tom was our trusted fire fighter - on hand to pour on water to put the fire out.

# Rights Respecting School

## Article 15 ~ Freedom of association



SETTING UP OR  
JOINING GROUPS

‘Every child has the right to meet with other children and to join groups and organisations, as long as this does not stop other people from enjoying their rights.’

During our Rights Respecting assemblies this week we have been discussing why it is important for young people to meet, spend time together and share ideas. Together, we spoke about a number of ways we can support and learn from each other in and out of school such as; talking to each other about things that make us happy or sad, making friends in the

playground or meeting up with our friends on the weekends. We thought about how listening and talking to each other can be good for our mental health and wellbeing.

## Year 1 Trip To Crystal Palace Park



Year 1 have been prehistorical animal spotting in Crystal Palace Park, today. It was a beautiful day for a picnic and some games and we will all sleep well tonight.



## PTA Coffee Morning – Friday 16<sup>th</sup> June 9am

Join us after drop off for an informal social gathering: get to know other parents and carers, find out about PTA events, and share your ideas about how we can improve the school for our children and community. Hot drinks and light snacks will be available free of charge. At this half term's coffee morning we'll discuss final preparations for the Summer Fair, and we might get stuck into some crafting



## Dates For Your Diary

Monday 29 <sup>th</sup> May – Friday 2 <sup>nd</sup> June	HALF TERM HOLIDAY
Tuesday 6 <sup>th</sup> June	Y3/4 Football Tournament
Thursday 8 <sup>th</sup> June	Y3/4 Tri-Golf London Finals
Friday 9 <sup>th</sup> June	PTA Uniform Sale
Sunday 11 <sup>th</sup> June	Children's Fun Run in Forster Park
Week beginning 12 <sup>th</sup> June	Year 1 Phonics Screening Check Year 4 Multiplication Tables Check
Thursday 15 <sup>th</sup> June	YT5/6 Football Tournament
Friday 16 <sup>th</sup> June	PTA Coffee morning 9.00am
Thursday 22 <sup>nd</sup> June	6pm – Year 5 secondary transfer meeting
Friday 23 <sup>rd</sup> June	INSET DAY
Tuesday 27 <sup>th</sup> June	Year 5/6 boys' cricket tournament
Thursday 29 <sup>th</sup> June	Reception vision and hearing screening (TBC) Resource Base to Bellingham Soft Play
Week beginning 3 <sup>rd</sup> July	Assessment week for Nursery, Reception, Year 1, 3, 4 and 5
Monday 3 <sup>rd</sup> July	Year 6 First Aid workshop
Friday 7 <sup>th</sup> July	Year 5 and 6 swimming gala
Saturday 8 <sup>th</sup> July	Summer Fair 12-4pm
Monday 10 <sup>th</sup> July	Nursery and Reception Sports Day
Tuesday 11 <sup>th</sup> July	9.15am Year 6 production
Wednesday 12 <sup>th</sup> July	6.00pm Year 6 production
Thursday 13 <sup>th</sup> July	Year 3,4,5 and 6 Sports Day
Friday 14 <sup>th</sup> July	Year 1 and Year 2 sports day – PLEASE NOTE CHANGE OF DATE
Monday 17 <sup>th</sup> July	Year 6 BEAM transition workshop
Tuesday 18 <sup>th</sup> July	5pm – summer music concert
Friday 21 <sup>st</sup> July	Last day of the summer term – 2pm finish 9.30 – Year 6 leavers' assembly



## Stars of the Week

Class	Name	Reason
Nursery pm	Josiah	Communicating well with the adults in nursery
Nursery Full Time	Emma	Managing her emotions and enjoying nursery more
Red Class	Eliana	For amazing writing this week. Well done, Eliana!
Blue Class		
Yellow Class	Darcey	For always working hard and trying her best. She is a good role model to others, well done!
1G	The Whole Year Group!	For making us proud with their exemplary behaviour during our trip to Crystal Palace Park!
1M		
1N		
2G	Jah'Shawny	For his dedication to improving his learning. Keep up the hard work! 😊
2S	Assia	For always having a big, bright smile on her face! Your progress in writing has been brilliant this week. Keep it up 😊
2SW	Miya	For always trying her best and working hard to improve her learning. Well done Miya! 😊
3A	Amy	For standing up to unkind behaviour and not being a bystander.
3L	Beni	For making excellent progress in his writing skills, contributing more in class and showing fantastic readiness for learning.
3S	Anaila	For focusing on your learning and trying hard to use all that you have been taught to your independent work. Well done, keep it up!
4C	Holly	For always being helpful. She is always willing to support other in class and help around the classroom. Well done!
4V	Jordan	For working independently and using the classroom resources to support him in his learning. Well done Jordan, keep it up.
4W	Simeon	For being a kind friend to everyone. He is always willing to help others and is a positive and respectful member of the classroom 😊
5L	Maks	For always using great creativity when completing self-directed projects which he presents in class. Well done!
5R	Nathaniel	For always giving the best to his learning and producing excellent writing in role. Well done!
5S	Lucy	For her excellent alternative ending using descriptive techniques and assessing her learning.
6A	Saphia	For displaying the core values of excellence and respect during our home school journey. Keep it up!
6C	Mark	For being a good role model and displaying our core value of respect on the home school journey activities.
6L	Davi	For your enthusiasm and engagement during our home journey trips this week. Well done!
Blue Pathway	Naoki	Well done for fantastic work on the zones of regulation this week
Green Pathway	Gabriel	Well done for being so brave and engaging with Chips the therapy dog.

# Community Events



**FREE!**

Sponsored by Phoenix, Sevenfields, Downham Celebrates

## Downham Celebrates

**SUMMER FESTIVAL**  
11am-4pm 17th June 2023

Downham Leisure Centre  
7-9 Moorside rd BR1 5EP

**FREE FUN & ENTERTAINMENT**  
**FREE Kids Rides & Activities**  
 Health Marquee Competitions & prizes  
 Food Refreshments & Trade stalls  
**LIVE PERFORMANCE**  
 Lauren Fearne, H & M, + More!

1Life  
Live more. Live well.

Two shows daily at 2pm & 3.30pm

spontaneous PRODUCTIONS

## HARE v TORTOISE

& Other Aesop's Fables

ALL TICKETS £6 (under 16s)

Adapted from the classic stories by JONATHAN KAUFMAN and JANE WALKER  
Original songs and music by PAUL TORNBOMH  
Choreography and direction by OLAVYANKA SORITAN SOLOMON

Outdoor theatre for all ages

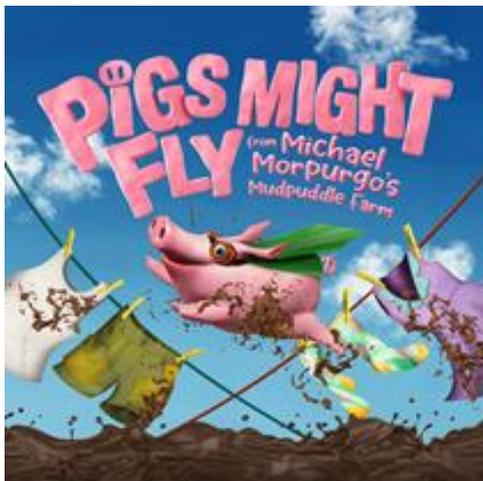
HOME PARK, behind Sydenham Library, SE26 5SE  
(buses 191, 202, 356 & 450)

**SAT 27, SUN 28 MAY, THU 1, FRI 2, SAT 3, SUN 4 JUNE 2023**  
Two shows each day at 2pm & 3.30pm  
(performances last approx 45 mins)

Online booking in advance recommended

BOOK ONLINE [spontaneousproductions.co.uk/harevortoise](https://spontaneousproductions.co.uk/harevortoise)

Main sponsor: property world  
Sponsors: B. WOODKILL, The People's Choice, bunks, Woodhouse  
Supporters: UBUNTU, Lewisham Education Group, S. I. R. G., Sydenham Library



### Theatre Peckham Events

Pigs Might Fly, Golden Toad Theatre

Wednesday 24 – Friday 26 May, 11am & 4pm

Age Guidance: Suitable for those aged 3+

Tickets: £7.50 – £17.50 (Under 3's: £5) Special group bookings rates also available

### Super Chefs, Maya Production

Sunday 11 – Wednesday 14 June, 11am & 1pm

Age Guidance: Suitable for those aged 4–8

Tickets: £7.50

## Parent Expo

Social Inclusion Recovery Group (SIRG) has partnered with UBUNTU, Lewisham Education Group, Lewisham's Young Leaders' Academy and The Black Parent Association UK to facilitate this parent expo. The afternoon is designed to inform, encourage and empower parents and carers to support their children through the education system.

You are invited to join on Saturday 10th June 2023 at 1.30pm at St Andrews Church, Brockley

Food and light refreshments will be provided on the day.

Click the link below to register:

<https://www.eventbrite.co.uk/e/parent-expo-tickets-633493224287>

SIRG

ST ANDREW'S CHURCH, SE4  
10TH JUNE 2023 AT 13:30

## PARENT EXPO

A DAY OF TALKS, NETWORKING AND RESOURCES DESIGNED TO EMPOWER, UPSKILL, AND UNITE PARENTS.

LEARN MORE ABOUT SUPPORTING YOUR CHILDREN THROUGH:

- EDUCATION SYSTEM
- SCHOOL EXCLUSION
- MENTAL HEALTH
- SEND (AND MORE)

COME AND BE PART OF OUR VILLAGE.

#IT TAKES A VILLAGE

UBUNTU, LEWISHAM EDUCATION GROUP, LEWISHAM YOUNG LEADERS' ACADEMY, S. I. R. G.

SEE MORE ON EVENTBRITE

QR CODE

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about INFLUENCERS

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks – such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.

### WHAT ARE THE RISKS?

#### HEIGHTENED CONSUMERISM

A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising; this can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.

#### THE SOFT SELL

Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions – and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.

#### PRIVACY CONCERNS

Inspired by their favourite influencers, children may start sharing more of their own lives online – which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.

#### UNDERMINING SELF-ESTEEM

Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.

### Advice for Parents & Carers

#### KEEP TALKING

Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.

#### SET SOME BOUNDARIES

Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them – including reminding them of the potential risks that can arise from following influencers.

#### SUPPORT A HEALTHY SELF-IMAGE

Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media – and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, relatable material which acknowledges their imperfections and struggles as well.

#### PROMOTE MEDIA LITERACY

Talk to your child about the concepts of sponsored content, advertising and potential influencer bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

#### Meet Our Expert

A former director of digital learning and currently a deputy headteacher and DfE, Brandon O'Keefe's experience and expertise gives him a clear insight into how modern digital systems impact the experience of children, staff and parents – and which strategies help to ensure that the online world remains a useful educational tool rather than a minefield of risks.



**NOS** National Online Safety  
#WakeUpWednesday

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