



Hazelbank Road, Catford, London, SE6 1TG

Headteacher: Manda George

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12th May 2022

Dear parents and carers,

I want to start by saying a huge well done to our Year 6 children who were fantastic this week during their SATs. They were focused and resilient and every single one of them tried their absolute best. We are so proud of them all. Next week, the children in year two will be undertaking their assessments and we know they are going to make us just as proud!

Don't forget that Monday is Woodland Friends Day. We are inviting all children to dress up as a woodland creature or to wear green. Any donations made will contribute to the development of our woodland area.

Woodland Friends Day is also the launch of our Walk to School Week. We would like to encourage as many children as possible to walk, scoot or cycle to school. The children will also have opportunities to learn more about the difference it could make if more people left their cars at home and walked to school every day.

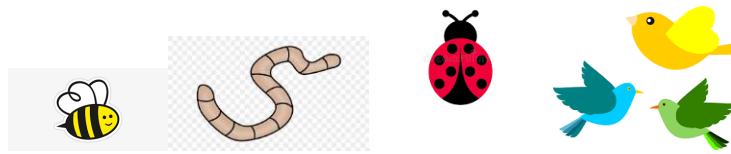
I hope some of you will be able to join us for our gardening session tomorrow. All support will be very welcome indeed.

Have a lovely weekend.

Best wishes
Manda George
Headteacher



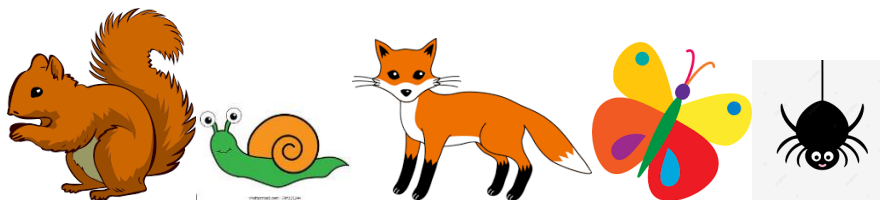
WOODLAND FRIENDS DAY



We invite you to come to school on

MONDAY 15TH JUNE

dressed as a woodland creature!



Children who do not want to dress up as a woodland friend are invited to wear green.

This is a fundraising event for our new woodland area, which coincides with Walk to School week!

Donations can be paid directly to ParentPay or buckets will be on the gate to accept cash.

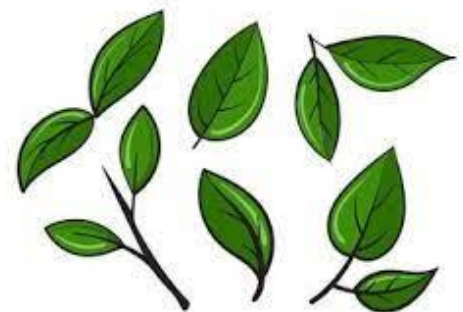
Suggested donation of £1.00



Gardening Session – Saturday 13th May – 1-4pm

Spring has sprung! Grab your gardening gloves - and a friend / neighbour / child / partner - and join the Torridon Green Team on Saturday 13th May to tidy up the garden beds around the school grounds and help to keep the green areas thriving, as we support the fantastic work Kelley and her staff team are doing.

It's an open session from 1-4pm - any time you can offer is much appreciated. It's a lovely way to enjoy some time outside with fellow Torridon parents whilst making a real difference to the outdoor environment at the school. If you have them, **please bring**: a water bottle, gardening gloves, bucket, trowel or spade, secateurs or any other gardening equipment you think might be useful.



Please RSVP to friendsoftorridonpta@gmail.com - and spread the word!

Well Done to Shahan

Last month, Shahan from year 5 was selected by Sky Arts to feature on their latest series of 'Celebrity Portrait Artist of the year'.

The show will be aired on June 21st, where you will see Shahan showing off his incredible artistic talents.

Shahan was entered into their children's portrait competition by the Creative Arts team back in March.

You can view his portrait here and I am sure you can see why he was selected!! He was 1 of 6 children chosen from over 1,500 entries.

The idea was that the children's portraits would be displayed at the end of the show. However, the judges were so impressed that they decided to have the children feature in the main show - not only showing off their portraits but also painting with the celebrities on the show!

Shahan really did us proud. Not only did he demonstrate how creative he is, he also showed all of Torridon's core values. He really was a credit to the school and we are all so very proud of his achievement. We can't wait to share all the details and show you his stunning portrait of the celebrity sitter really soon.



Pupil Premium Funding

Did you know your child could be eligible for pupil premium funding? As well as providing free school meals, pupil premium provides extra funding of up to £1,455 which can be used to support your child's education through extra tuition, teaching staff or after school activities.

In order to check if you are eligible please click on the following link:

www.lewisham.gov.uk/freeschoolmeals.

If you need any further support please contact a member of the admin team:

admin@torridonprimary.lewisham.sch.uk

WALK TO SCHOOL WEEK



15th - 19th May 2023

Get involved and join the fun!

Walk to School Week will be taking place between Monday 15th May 2023 and Friday 19th May 2023. Pupils throughout Britain are encouraged to travel sustainably to school, whether by **walking, scooting, using a wheelchair or cycling.**

To encourage children in healthy exercise and to reduce road congestion and air pollution in our city.

As children progress through the week, they'll learn about the many benefits of active and sustainable travel for individuals, communities, and the planet.

How does Walk to School Week work?

This year's challenge encourages children to travel actively to school every day of the week.

Meeting various animal friends along the way, they'll learn about the important reasons to walk and the difference it can make for individuals, communities and the planet! Individual activity diaries and **reward stickers** will complement this activity, reinforcing the benefits and keeping children engaged.

Resource Base Forest School



The children in Green Pathway have been thoroughly enjoying Forest School on Fridays. This week we saw lots of snails and researched what they like to eat and where they like to live. We created our own snail hotel and looked after our new friends for the week.



Year 2 Workshop



On Tuesday, Year 2 had a workshop all about the Great Fire of London. During the session we had lots of fun acting out scenes from 1666 and imagined what it would be like to live in that smelly era.

We even joined in with a super cool rap all about the Great Fire of London too!

It was a wonderful workshop enjoyed by all!

We Love Chips!



We really look forward to Fridays when 'Chips' our therapy dog comes to visit.

Chips is extremely good natured and patient. She has been specially trained to work with children.

She is Anna's dog and Anna works with children to teach them how to pet, stroke and groom her.



We love Chips and can't wait to see her again next week.

Free Meals For Families

Lewisham Council are providing free meals once a week for families eligible for pupil premium funding. See below for details:

Funded by Lewisham Council

Abbotshall road, SE6 1SQ






Supper Club at Abbotshall

Free meals served every Thursday
from May 11th to July 13th (except 1st June)
16.30-17.30

feel free to
enjoy our
field before
the dinner!

email supperclub@abbotshallhlc.com to book

Weekly Attendance by Class

	Class	Attendance		Class	Attendance		Class	Attendance
	1G	99.1%		3A	96%		5L	93%
	1M	98%		3L	99%		5R	95%
	1N	96%		3S	96%		5S	98%
	2G	98.7%		4C	94%		6A	100%
	2S	92%		4V	98%		6C	100%
	2SW	97%		4W	95%		6L	99.5%

Congratulations to 1G, 3L, 6A and 6C for winning the attendance cups this week.

Resource Base Trip To The Tate Modern



Green Pathway visited the Tate Modern this week:

We first looked around the galleries and sketched some of our favourite artworks and did some digital art. We then went to the Magdalena Abakanowicz exhibition and looked at her rope weaving. After we had a play on the beach and skimmed some stones over the water. We all had a great time.



Rights Respecting School

Article 6 ~ Life, Survival and Development:

‘Every child has the right to life. Governments must do all they can to ensure that children survive and develop to their full potential.’

This week we discussed a variety of things that we need in order to survive. We had discussions around good health (physical and mental), clean water and healthy food. As we continued to explore the article, we then thought about our development and discussed the importance of our education, having people to look after you and having somewhere safe to live.





Stars of the Week

Class	Name	Reason
Nursery pm	Jedidah	For her enthusiasm in learning and for communicating well with adults. Well done, Jedidah!
Nursery Full Time	Alicja	For her amazing bug house and for always helping her friends. Well done, Alicja!
Red Class	Kylan	For being so kind looking after the new member of our class. He is always so helpful. Well done, Kylan!
Blue Class	Ava	For growing in confidence so much this week and managing her emotions in different ways. Keep it up Ava!
Yellow Class	Thanushika	For being a role model to others. She always has a positive attitude to learning and is kind to everyone. Well done!
1G	Omar	For trying his best in all areas of his learning. Well done.
1M	Talula	For her creative story writing in English this week. Keep up the good work! 😊
1N	Gabriel	For working on his presentation and always being caring to those around him. 😊
2G	Stephen	For his fantastic efforts in his weekly spelling test. Keep it up Stephen! 😊
2S	Jude	For trying you hard in his maths learning this week! Your independent learning has been BRILLIANT! Well done Jude 😊
2SW	Ike	For having such a positive attitude to learning and writing some interesting facts about the Great Fire of London. Well done Ike! 😊
3A	Natalie	For doing lots of very impressive home learning this week. Well done!
3S	Ayaan T	For showing excellence throughout our unit of maths – money. Fantastic!
3L	Emmanuel	Aspiring to do his best. Well done for having a positive attitude towards your learning. Keep it up!
4C	Sobaan	For participating in class and making insightful comments during class discussions. Keep it up!
4V	Alyssia	For taking part in class discussions more frequently and confidently asking for help when she finds her learning challenging.
4W	Thashyini	For aspiring to spread kindness to others and always trying hard to make her friends happy. Well done!
5L	Zainab	For being a great example of someone who works well with their peers. Zainab is helpful, caring, and thoughtful when aiding her classmates during lesson time. Well done!
5R	Meritt	For demonstrating excellent focus and independence in his learning this week. Keep up the great work. Well done.
5S	Hazel	For writing an excellent piece for the young writers' competition. Well done, we are all proud of you!
6A	Whole Class	For showing a great deal of commitment and resilience during SATs this week. You should all be proud of yourselves,
6C	Everyone!	Well done 6C for your determination and resilience in your SATs. You have worked really hard and should be very proud – well done!
6L	The Whole Class	Well done to everyone for completing your SATs. You have shown great resilience and have worked really hard!
Blue Pathway	Kenny	Well done for being so focused and engaged in your learning this week.
Green Pathway	Martin	Well done for engaging so well in your learning this week.

Year 5 Trinity Laban Dance Experience



This week, Year 5 Dance Company visited Trinity Laban Conservatoire of Music and Dance at the stunning facilities in Creekside to take part in a contemporary dance workshop called "Boost".

The day involved a tour and history of the building, an insight into the founder Rudolf Laban and a workshop focusing on contemporary dance technique, floorwork and

choreography challenges. The workshop was organised through the Learning and Participation team who offer a range of dance activities for young people at the Laban Centre as well as further education opportunities for those who wish to pursue a career in music and dance. It was a brilliant day and gave the children a real taste of what full time training could entail.



The audition style workshop will lead to some children being invited back to take part in their programme "Boost" programme, which identifies young people showing potential and talent in dance.

Boost is a weekly class designed to develop contemporary dance skills alongside creativity, with a progression route into 'Lift' and 'Launch' classes (for Years 7-10) and other opportunities to dance with Trinity Laban.

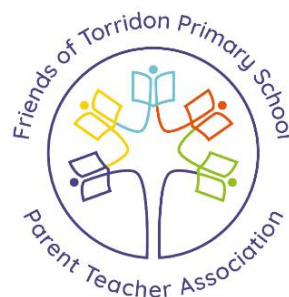


HELP NEEDED FOR THE SUMMER FAIR



Planning for the 2023 Summer Fair is in full swing, and we need your help! Please email friendsoftorridonpta@gmail.com or send a WhatsApp message to Megan Wybrew at 07760520790 if you'd like to get involved.

- **Host an advertising board:** Hunters Estate Agents in Catford have generously offered to sponsor our fair with a £600 donation. In exchange they would like to place advertising boards with their logo and fair details in front of 40 houses within the Corbett Estate or a 5 street radius of the school. If you're willing to host a board at no cost to you, [sign up here](#) by 5 June.
- **Join our performance programme:** Adding to the fantastic music and dance performances from Torridon students, we'd like to fill out our performance schedule to offer live entertainment throughout the day. Can you showcase your culture, perform your talent, give a demonstration, or run an interactive workshop? Do you have contact with language, music or dance schools; gymnastics clubs; dojos; amateur or professional musicians or other performers who may be able to join the fair? Would you like to join the Friends of Torridon Band? Please get in touch!
- **Sponsor the fair:** Can you or your business contacts support the fair? We're looking for cash sponsorship, donated or discounted goods and services we need for the fair, and quality items or vouchers we could offer as raffle prizes. We can offer a range of [promotional opportunities](#) to thank businesses for their support.
- **Loan equipment:** We're looking for gazebos, trestle tables, walkie talkies, portable PA systems, barbecues and grilling utensils, cool boxes, and other equipment to use for the day. If you have anything we could borrow, please get in touch.
- **Help make games and decorations:** Calling all creatives and handy people! Can you help construct games equipment, sew bunting, or make signs and decorations? With your help we can transform the school grounds and make the fair truly special.
- **Volunteer at the fair:** We have so many exciting activities and catering options planned, but we will not be able to run them all without volunteer support on the day. We'll have around 200 1-hour shifts to fill. Look out for a sign up form in the coming weeks. In the meantime, please save the date: Saturday, 8th July, 12-4pm.



Registered Charity No. 1103329

Dates For Your Diary

Saturday 13 th May	PTA Spring Gardening Session
Week beginning Monday 15 th May	Walk to School Week
	Year 2 SATs week
Monday 15 th May	Year 5 to the British Museum - change of date
	WOODLAND DRESS UP DAY
Tuesday 16 th May	3.30pm drop in for Y6 residential
Wednesday 17 th May	NSPCC Workshops for Year 5 and Year 6
	Reception to Forster Park
	3A and 3L visiting Hindu Temple
Thursday 18 th May	Resource Base to Bellingham Soft Play
	3S visiting Hindu Temple
Monday 22 nd May	Year 6 Unity Competition at Crystal Palace
Wednesday 24 th – Friday 26 th May	Year 6 Residential Trip
Monday 29 th May – Friday 2 nd June	HALF TERM HOLIDAY
Tuesday 6 th June	Y3/4 Football Tournament
Thursday 8 th June	Y3/4 Tri-Golf London Finals
Sunday 11 th June	Children's Fun Run in Forster Park
Week beginning 12 th June	Year 1 Phonics Screening Check
	Year 4 Multiplication Tables Check
Thursday 15 th June	YT5/6 Football Tournament
Thursday 22 nd June	6pm – Year 5 secondary transfer meeting
Friday 23 rd June	INSET DAY
Tuesday 27 th June	Year 5/6 boys' cricket tournament
Thursday 29 th June	Reception vision and hearing screening (TBC)
	Resource Base to Bellingham Soft Play
Week beginning 3 rd July	Assessment week for Nursery, Reception, Year 1, 3, 4 and 5
Monday 3 rd July	Year 6 First Aid workshop
Friday 7 th July	Year 5 and 6 swimming gala
Saturday 8 th July	Summer Fair 12-4pm
Monday 10 th July	Nursery and Reception Sports Day
Tuesday 11 th July	9.15 Year 6 production
Wednesday 12 th July	Year 1 and 2 Sports Day
	6pm Year 6 production
Thursday 13 th July	Year 3,4,5 and 6 Sports Day
Monday 17 th July	Year 6 BEAM transition workshop
Tuesday 18 th July	5pm – summer music concert
Friday 21 st July	Last day of the summer term – 2pm finish
	9.30 – Year 6 leavers' assembly



Half Term Fun

MULTISPORTS MAY HALF TERM CAMP

When: 30/05/23 - 02/06/23

(Please note that your child can attend one or all of the above dates)

Times: 9:00AM - 3:00PM

(Please provide your child with a packed lunch for the day)

Where: ADAMSRILL PRIMARY SCHOOL
ADAMSRILL ROAD
SYDENHAM
LONDON
SE26 4AQ

**£25
A DAY**

BOOK NOW TO GUARANTEE YOUR SPACE!

All of our coaches are:

- ✓ FA Qualified
- ✓ DBS Checked
- ✓ Child Safeguarding Trained

**AGES:
4-14**

TO BOOK

Discount is available for children in receipt of FREE SCHOOL MEALS

**SEND US AN EMAIL OR
GIVE US A CALL**

0207 1013 652

@BALLERSSPORTSCOACHING
info@ballerssportscoaching.com



blue tennis

Come and have some fun with us!
We look forward to seeing you!



www.bluetennis.co.uk

May Half Term Holiday Camps

due to a Cricket Match at our KCCC Ground our Camps will be held at

**Marian Vian Primary School,
Shirley Crescent, Beckenham BR3 4AZ
Main Entrance - Back Playground**

TENNIS & MULTI-SPORT CAMPS
FOR 4 - 15 YEAR OLDS
Tuesday 30th May 2023 to Friday 2nd June 2023

BOOKING NOW

Lots of safe fun & exercise.... meet new friends.... excellent reviews.

from 9am to 3pm - £28.00 pp per day OR
from 9am to 12.30pm - £25.00 pp per day

*Tennis *Football *Basketball *Golf *Baseball *Hockey *Tin Can Alley *Jenga and so many
toys *Cricket *Volleyball *Badminton *Magnetic Darts *Tug of war and much more.

Please bring pack lunch, water and £1 for the tuck shop!

If raining blue tennis operate a wet weather programme and use the main building (Hall)

LTA Qualified Coaches with DBS + first aid certification.

For Booking and Information contact Martin on 07528 319723 or martin@bluetennis.co.uk
or 'Book & Pay' www.clubspark.lta.org.uk/bluetennis

Free Family Fun Day

FAMILY FUN DAY

fun activities for the whole family

Free - no booking

**Saturday, June
3rd
11am - 3pm**

**Migration Museum
Lewisham Shopping Centre
London
SE13 7HB**

<https://migrationmuseum.org>



FAMILY FUN DAY 3rd of June 2023

fun activities suitable
for children of all ages
throughout the day
including:

- Bracelet making
- Fridge magnet making
- African Caribbean food
- Film screening
- Colour-in posters to
takeaway
- Hands on play with toys

FREE - NO BOOKING

11AM - 3PM

Migration Museum
Lewisham Shopping Centre
London
SE13 7HB

<https://migrationmuseum.org>

Tales on Moon Lane Book Signing Event



Lauren Child Event!

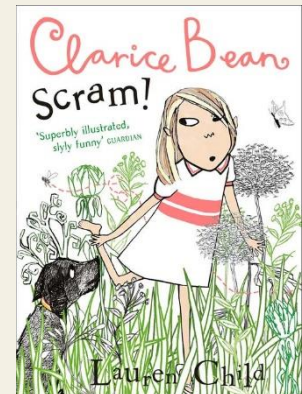
We're thrilled to announce that we will be hosting the fantastic **Lauren Child** for a signing event in the shop at **4pm** on **Thursday 25th of May** to celebrate the release of her upcoming book **Clarice Bean: Scram!**

Lauren will be here to sign copies of her new book. You must purchase a book in order to participate in the signing.

If you are unable to attend but would like a signed copy, let a member of staff know and we can arrange one for you.

Clarice Bean: Scram!

As a long hot summer stretches ahead of her, the unforgettable Clarice Bean finds herself escaping the danger of boredom when she meets an actual real-life DOG who will NOT scam! It's the story of how Clarice's family came to have a dog and how he got his unusual name, but it's also a story set over a swelteringly hot summer weekend, about two sisters and how they fall out over a pair of flip-flops and fall back in again - united by a stray dog.



Lauren Child has the rare ability to capture the very essence of childhood in words and pictures, and Clarice Bean: Scram! is a perfect distillation of seemingly endless holidays, sibling rivalry, domestic comedy, and the incredible excitement of finding a dog. Young readers will delight in discovering how Cement the dog came to be such an unforgettable part of the life of Clarice and her whole family – and even how he came by his unusual name.

Lewisham Inclusive Sports Festival - Saturday 24th June 2023

**Lewisham
Inclusive Sports
Festival 2023**

**SAVE
THE
DATE**


**Saturday
24th June
2:00pm -
4:00pm**

**Ladywell Fields
Tennis Courts,
London,
SE13 7XD**



**For disabled people
and their families to
try sports in Lewisham**

**Registration and more
information to follow**

020 7993 9883
Joe.Hawkins@AccessSport.org.uk

On behalf of Access Sport, Lewisham Council, and South East London Tennis Club, we are delighted to announce that the next Lewisham Inclusive Sports Festival will be taking place on Saturday 24th June 2023.

This follows the success of the [Lewisham Inclusive Sports Festival](#) last year.

The festival is a community event showcasing and celebrating pan-disability inclusive sport taking place in Lewisham. This event is for D/deaf and/or disabled and/or neurodivergent people and their families living in or near the borough who can take part in the different activities and try new sports.

We are finalising the last few activities but can confirm so far that Athletics, Dance, Multi Sports, Netball, Rugby, Taekwondo, and Tennis will be taking place.

- **When:** Saturday 24th June 2023
- **Time:** 2:00pm – 4:00pm
- **Where:** Ladywell Fields Tennis Courts, London, SE13 7XD
 - Sessions will take place in the tennis courts and on the field outside of the tennis courts
- **Who:** For D/deaf, disabled, and neurodivergent young people and their families/friends/carers
- **Ages:** 6 – 16 years old
- **Sports Include:** Athletics, Dance, Multi Sports, Netball, Rugby, Taekwondo, Tennis
- **Cost:** Free

Everyone must register in advance for this event. More information and registration details will follow shortly. This is first come first serve due to the number of places.

Football Trials



Millwall Lionesses Academy Trials 2023/24



U12's (current years 5&6) - Saturday 20th May
12-2pm

U14's (current years 7&8) - Saturday 27th May
12-2pm

U16's (current years 9&10) - Saturday 27th May
10-12pm

U18's (current years 11&12) - Saturday 20th May
10-12pm

Spaces limited and will be invite only. Please provide your daughter's DOB, position and brief playing history (including any football academies)

**Deadline:
7th May**

Contact:
leemitchellwilliams@gmail.com



Millwall_MCT



Millwall_MCT



MillwallCommunityTrust

Parenting Support



Therapeutic Parenting Course

Our Therapeutic Parenting group is for parents who are concerned their child may have ADHD, or behaviours that make places and spaces unsafe to be in, or cause serious harm to themselves and others.

ONLINE

Tuesdays 6th June - 11th July
5.30pm - 7.30pm



Help improve:

- Your child's self-esteem & mental health
- Relationships
- Resilience and stress
- Your confidence as a parent

Learn alongside other parents about:

- Why taking the time to play is important.
- How different language can help to manage emotions.
- How to creating and enforcing boundaries.
- How to help your child calm down
- Recognising the positives and how praise helps
- How incentives can help with behaviour change.
- Understanding consequences and how and when they are helpful.

Age group: 4-11 years



"Before I came onto these sessions I used to think there was something wrong with my child but after coming onto these sessions I learnt something about myself" - parent

To enquire or book your place please email enquiries@lewishamcfc.org.uk or call 07377 724243



www.lewishamcfc.org.uk

[@lewishamchildrencentres](https://www.facebook.com/lewishamchildrencentres) [@lewishamcfc](https://www.instagram.com/lewishamcfc)

Therapeutic Parenting Course

Our Therapeutic Parenting group is for parents who are concerned their child may have ADHD, or behaviours that make places and spaces unsafe to be in, or cause serious harm to themselves and others.

Downderry Primary School

Friday 9th June - Friday 9th July
9.30am - 11:30am



Help improve:

- Your child's self-esteem & mental health
- Relationships
- Resilience and stress
- Your confidence as a parent

Learn alongside other parents about:

- Why taking the time to play is important.
- How different language can help to manage emotions.
- How to creating and enforcing boundaries.
- How to help your child calm down
- Recognising the positives and how praise helps
- How incentives can help with behaviour change.
- Understanding consequences and how and when they are helpful.

Age group: 4-11 years



"Before I came onto these sessions I used to think there was something wrong with my child but after coming onto these sessions I learnt something about myself" - parent

To enquire or book your place please email enquiries@lewishamcfc.org.uk or call 07377 724243



www.lewishamcfc.org.uk

[@lewishamchildrencentres](https://www.facebook.com/lewishamchildrencentres) [@lewishamcfc](https://www.instagram.com/lewishamcfc)

Outdoor Performance

Two shows daily at 2pm & 3.30pm

SPONTANEOUS PRODUCTIONS

HARE v TORTOISE
& Other Aesop's Fables

ALL TICKETS £6 (under 3s FREE)

Adapted from the classic stories by JONATHAN KAUFMAN and JANE WALKER
Original songs and music by PAUL TORNBOM
Choreography and additional lyrics by OLIVIA TORBOM

Please note this is an outdoor performance, so please bring appropriate clothing, umbrellas and waterproof blankets to sit on.

Outdoor theatre for all ages

HOME PARK, behind Sydenham Library, SE26 5SE
(buses 194, 202, 306 & 480)

SAT 27, SUN 28 MAY,
THU 1, FRI 2, SAT 3, SUN 4 JUNE 2023
Two shows each day at 2pm & 3.30pm
(performances last approx 45 mins)

Online booking in advance recommended

BOOK ONLINE spontaneousproductions.co.uk/harevtortoise



TELEGRAM

Telegram isn't new, but it's grown significantly in popularity over recent years, thanks to its secure nature and superior performance than many of its competitors – including WhatsApp. While Telegram is an excellent app in terms of actual performance, like any messaging platform it brings its own challenges for parents when it comes to feeling confident about children being able to handle their own messaging conversations and contact with the outside world in general. Here's everything that trusted adults need to know about using Telegram safely.

LACK OF AGE RESTRICTION

Telegram has a 19+ age restriction on using the service, while someone is required to be over 17 to actually download the app. Once that's accomplished, however, there's no need to provide further identification. That means there's no guarantee that under 17s aren't using the app — and no way to confidently verify that any other user actually is who they say they are.

If your child uses Telegram, they could well be in a group with friends and peers on the app. These groups are managed by adults who can remove the option to post replies – possibly leading to instances of cyberbullying in which the victim has no ability to respond. Telegram can be downloaded from groups, too, which potentially opens the internet and chatting doors to people they cannot trust.

Because Telegram relies on users' self-moderation, it can sporadically become a hub for illegal or inappropriate content. In the past, the facilitation of this behavior has led to its temporary removal from the App Store. In fairness, the same can be said of several messaging platforms, but Telegram's features (Secret Chats, for instance) certainly present more issues than the likes of iMessage.

Telegram is free to use, but it also offers a premium membership (\$4.99 per month or \$29.99 a year) which increases download speeds, adds translation features, and increases channel and account limits. If your child has access to your Apple ID or Google Play details, they may be able to sign up for the premium package without your knowledge.

One of Telegram's major selling points is that it's accessible across multiple platforms. Once the app's been downloaded, users can log in from a phone, tablet or computer. This multi-device availability means increased opportunities for someone else to gain unauthorized access. If your child leaves a computer or tablet at school logged into their Telegram account, for instance,

Telegram offers a feature called Secret Chats, which allows for messages which self-destruct after a specified period of time. There are instances where this can be useful (journalists often use Telegram to protect their sources, for example), but for young people it can make it extremely difficult to prove that someone has been abusive or inappropriate towards them on the app.

If your child wants to use Telegram, we'd strongly suggest using the one's built-in privacy settings to restrict who can see when they were last online, their profile photo, and their phone number. This can be set to "everybody", "my contacts" or "nobody"; we'd recommend either the second or third option, depending on how social your child wants the platform to be.

It's important that your child understands the merits of strong passwords and logging out of devices when they're finished – and the benefits of protecting their personal data in general. This could range from relaxed chats and simple the like "don't send your bank details" to how to set up passwords for Telegram so your child's chats stay secure when they step away from their screen.

If your child receives private messages which include content that could be considered illegal, unsafe or upsetting, they can of course block the account responsible within the app itself. Be aware, however, that Telegram won't necessarily take any further action if unless this offensive content involved a user-created channel, list or sticker.

Users can block spam, abuse, or impersonator accounts within the app. Blocking stops that account from messaging your child, or viewing their profile and activity. If the user in question is one of your child's peers or friendship circle, it may be worth bringing it to the attention of their school. Also bear in mind that your child can also voluntarily leave a Telegram group at any point if they wish.

Apple and Google's storefronts offer family sharing options, but it's also worth double-checking your settings to ensure that a password or two-factor authentication option is set up to prevent any unexpected purchases. If your child does buy a premium Telegram subscription without your consent, Apple and Google have been known to issue refunds in some cases.

Loyal Gammas is better at giving and expects the offscreen and has worked in the gaming industry around for years. A regular father of our app store is 17-year-old Josh, he's also a parent who understands the value of education. With really smart and fun and strong, he makes his own decisions on his own and he's also a dad and a teacher.

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