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3rd March 2023

Dear parents and carers,

We have had a lovely World Book Day today. It is always great to see the children (and adults) dressed as their favourite book characters. We had a special assembly, teacher reading swaps and a 'drop everything and read' session this afternoon. It has been such fun!

Next week we will be celebrating World Maths Day with lots of maths activities. It also coincides with International Women's Day so we will be holding special assemblies to celebrate some amazing women and their greatest achievements.

I hope that some of you will be able to join us in supporting the children who are performing at Catford Broadway Theatre on Tuesday and Wednesday next week. We would love to see you there. Tickets are available here:

<https://www.broadwaytheatre.org.uk/events/live-dance-2023/>

Thank you for all your support with Operation Woodland. The space is really developing well and we are very proud of Kelley and all her hard work. The children have really enjoyed exploring the space this week.

I hope you have a lovely weekend.

Best wishes.

Manda George
Headteacher



Year 3 trip to the Tate Modern



Year 3 visited the Tate Modern gallery this week. We had a great time looking at the vast range of artwork on offer. The children saw a variety of different art styles and were fascinated by the installations and sculpture pieces. They made some beautiful sketches of the current installation in the Turbine hall by Cecilia Vicuña. It was lovely seeing them fully immerse themselves in the experience. Thank you to all the parents and carers that helped out. It was truly a lovely day out and the children were fantastic ambassadors for Torridon! Well done year 3!!!



The Corbett Chase 10K & HALF-MARATHON

The Corbett Chase 10k and Half Marathon

Sunday, 26 March

9:15am - Race starts at Torridon Primary School

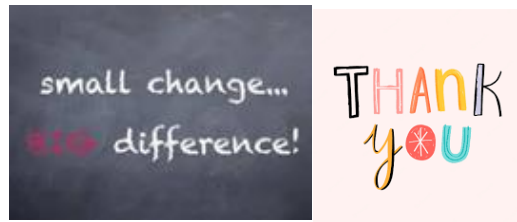
10:00am - 12:00pm - Play Street on Minard Road in front of Sandhurst Primary School, where race finishes



Friends of Torridon Primary School PTA and Sandalls PTA are thrilled to team up for our 3rd annual 10K/half-marathon - this year with a twist! Racers from both schools will start together at Torridon and finish at Sandhurst, with a celebratory Play Street at the finish line.

Learn more and sign up [here](#).

Operation Woodland update



We raised a total of £300 from our collection buckets on the gate last week!



We have already started planting seeds this week which are safely in our new greenhouse and will be moved to our herb wall within the woodland within a few weeks.

We are expecting our tree saplings to arrive next week so we will be inviting the children who have sponsored a tree to join our planting session.

We have been very lucky and received some more saplings from the Friends of Forster Park who had surplus from their Mayor of London tree scheme so our amazing woodland area is really beginning to take shape.

Also this week, our Nursery children enjoyed their first weekly forest school session. We had so much fun exploring!



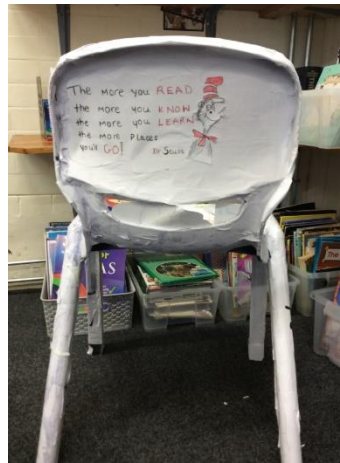
Summer Fair Information Session

Spring is almost here, so it's time to start planning the Summer Fair! We need lots of help to plan and run an event of this scale. Find out how you can get involved by joining our virtual session on **Wednesday, 8 March, at 8pm**. Join our Zoom chat [here](#), and view our presentation [here](#). Follow the link at the end of the presentation to join our planning committee or share your ideas.

This year's Summer Fair will be on **Saturday, 8 July, 12-4pm** - save the date!

WORLD BOOK DAY





World Book Day Competitions

World Book Day competitions

To mark World Book Day, we have launched two exciting whole-school competitions. The winners will win books for their classrooms and could even have their writing published in a book!

Please see details below:

Egg-cellent, Egg-stravaganza competition

For this competition, please create a scene from your favourite story. You could focus on either one character or your favourite part of a story. You could use an egg or a potato to create your character. If you would like to take part, please bring your creations to school on Monday 27th March.

Please see examples below for inspiration:

Rainbow Fish, The Cat in the Hat and Harry Potter.

We can't wait to see your creations!

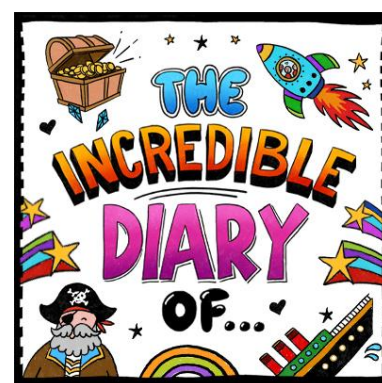


Creative writing competition

Our second competition is our writing competition. As it is World Book Day, we would like to give you the opportunity to take part in a competition that gives you the chance to become a real author.

The theme for the competition is 'diary writing'. You could write a recount of a special day or you could write an imaginary diary entry. You have 100 words for this competition. The entries will then be sent to Young Writers. The winning entries will be published in a book. Please complete the planning sheets and give back to your teacher by Friday 24th March.

We look forward to reading your stories!



PTA UPDATES

Summer Fair Info Session: Wednesday, 8 March, 8pm

We're kicking off the planning season for this year's Summer Fair with a virtual meeting. Join us via Zoom (link to follow) to learn about how you can get involved and help us make this year's Summer Fair the best yet!

Second Hand Uniform Sale, Friday, 10 March




Grab a bargain on your child's next season uniform at the PTA's uniform sale after school on Friday, 10th March. If you have clean, good quality uniforms you'd like to donate, please bring these to the school office by the morning of Friday, 3rd March. We need helpers to sort the donations at our Coffee Morning on the 3rd and to manage the sale on the day. If you're available, please email friendsoftorridonpta@gmail.com.

Maintenance Day: Saturday, 11 March

Can you help us maintain the school premises? Our first regular Maintenance Day will involve painting the cloakrooms in the Year 3-4 building. Any time you can give will be much appreciated. Biscuits and hot drinks will be provided.

Learn more and sign up [here](#).

Weekly Attendance by Class

	Class	Attendance		Class	Attendance		Class	Attendance
	1G	97		3A	93%		5L	91%
	1M	97%		3L	97%		5R	95%
	1N	98%		3S	96%		5S	85%
	2G	93%		4C	97%		6A	95%
	2S	94.4%		4V	98%		6C	88%
	2SW	94.1%		4W	98.3%		6L	92%

2SW were just pipped at the post by 2S this week. can they make it to 100% next week? Congratulations to 2S, 4W and 6A who won the attendance cup for their phase this week. Who will be the winners next week?

Dates For Your Diary

Tuesday 7th March	Year 5 dance performance at Catford Broadway
Wednesday 8th March	Year 3 dance performance at Catford Broadway
	PTA Summer Fair Information Session – 8pm
Thursday 9th March	Year 6 National Dental Programme
	Year 3 parent and carer open evening
	6.00pm Year 6 School Journey Meeting
Friday 10th March	PTA uniform sale
	Year 5 Dance Workshops
	Year 5/6 swimming gala
Saturday 11th March	PTA Maintenance Day
Monday 13th March	Year 5 to The Science Museum
Tuesday 14th March	Year 3 parent and carer open evening
Wednesday 15th and Thursday 16th March	POSSIBLE NEU STRIKE ACTION
Friday 17th March	RED NOSE DAY
Week beginning Monday 20th March	Whole school assessment week (change of date to avoid potential NEU strike action)
Tuesday 21st March	Reception vision and hearing screening
Friday 24th March	Year 4 to the Science Museum
Sunday 26th March	Torridon and Sandhurst 10K fun run
Week beginning 27th March	Autism Acceptance Week
Tuesday 28th March	Y3/4 Tri-Golf tournament
Tuesday 28th and Thursday 30th March	Parent and carer open evenings
Monday 3rd April – Friday 14th April	EASTER HOLIDAY
Tuesday 11th – Friday 14th April	Year 6 Easter School
Tuesday 18th April	Y3/4 Quad Kids Tournament
Tuesday 25th April	Y5/6 Football Tournament
Wednesday 26th April	Y3/4 Football Tournament
Monday 1st May	BANK HOLIDAY
Wednesday 3rd May	Y5/6 girls' cricket tournament
Monday 8th May 2023	ADDITIONAL BANK HOLIDAY FOR THE CORONATION OF HIS MAJESTY KING CHARLES III
Tuesday 9th May – Friday 12th May	Year 6 SATs week
Week beginning Monday 15th May	Walk to School Week
Monday 22nd May	Year 6 Unity at Crystal Palace
Wednesday 24th – Friday 26th May	Year 6 Residential Trip
Monday 29th May – Friday 2nd June	HALF TERM HOLIDAY
Friday 23rd June	INSET DAY
Saturday 8th July	Summer Fair 12-4pm
Friday 21st July	Last day of the summer term



Stars of the Week



Class	Name	Reason
Nursery pm	Matthew	For participating in Forest school so well and investigating the pond with great enthusiasm and interest.
Nursery Full Time	Haroon	For settling into full-time Nursery so well and for increasing his engagement in joint attention activities.
Red Class	Ryan	For working so hard on doing good listening and taking turns with his friends. Well done, Ryan!
Blue Class	Ja'nae-lee	For being a kind friend to others and trying her best in writing tasks this week. Well done!
Yellow Class	Elyne	For working so hard on her reading and writing. Well done!
1G	Mayarah	For her improved, excellent attitude to learning! She has been trying her best in English and maths and is making fantastic progress! Well done, Mayarah 😊
1M	Mateo	For consistently trying his best in his learning especially in maths. Mateo is always ready for a challenge and has made great progress! Well done, Mateo 😊
1N	Bobby	For pushing himself to do his best in writing as well as all other areas of the curriculum. He has impressed us with his self-motivation and mature attitude. Great work!
2G	Avani	For her brilliant contributions during carpet time. Keep it up!
2S	Shanaiya	For her wonderful effort in writing this week! Well done for taking such care with your handwriting! 😊
2SW	Allegra	For trying her very best every lesson and striving to improve her learning. Well done Allegra!
3A	Jace	For amazing handwriting this week. Keep it up Jace. Well done.
3L	Yasmine	For engaging enthusiastically on our trip to the Tate Modern – making insightful comments on pieces of art, focusing on techniques learned in art lessons.
3S	3S	For being FANTASTIC! Well done everyone for being positive representatives of our school at Tate Modern.
4C	Sophie	For great contributions in class, and always extremely enthusiastic about her learning.
4V	Daniel	For consistently being focused on his learning and for consistently showing respect to others. Well done, Daniel. 😊
4W	Amelia	For achieving 100% attendance this week. Continue to make the effort to keep up attendance. Great job Amelia!
5L	Felix	For being a kind, thoughtful and proactive member of the class. Felix applies himself daily to his learning and upholds the school values to a high standard. Well Done Felix!
5R	Sadie	For consistently demonstrating excellence in all that she does. Sadie is always kind and considerate to all members of the school community. She is an exemplary member of the class community. Well Done Sadie.
5S	Ivor	For always having a positive attitude and for producing a great letter of persuasion in writing. Well done!
6A	Deren	For not only being a committed learner, who works really hard in every area of his learning, but also a kind and respectful member of our class and school community who values diversity.
6C	Rhylee	For working very hard on your arithmetic skills. You are becoming more confident and are making good progress – well done!
6L	Gustavo	For recently joining Torridon and settling well into 6L. Well done for following our school rules and being a friendly member of the class!
Blue Pathway	Kenny	For doing amazing work in his Year 3 class and being such a brilliant role model to others.
Green Pathway	Martin	Well done for continuing to say words and use symbols to communicate.

Autism Drop In Service – Kaleidoscope Monday 6th March 10 - 12



LEWISHAM AUTISM SUPPORT

Support for families of children with a diagnosis of autism living in Lewisham

What we offer:

- 1-hour clinic appointment with experienced Family Support Coordinators who provide support for parents/carers in:
 - Understanding more about autism.
 - Information about accessing local services and benefits.
- For families resident in Lewisham, access to ongoing support (Comeback Service).
- A drop-in service at Kaleidoscope on the first Monday of each month (term-time only) 10.00 – 12.00.

How to access our service:

- Paediatricians and other Kaleidoscope diagnosing teams can automatically refer families after diagnosis. This includes families diagnosed at Kaleidoscope but living in other boroughs. These families will receive an initial 1-hour clinic only.
- We accept referrals from other professionals working with diagnosed children living in the borough.
- Families of diagnosed children can also self-refer.

Contact details:

- Tel: 020 8699 3066
- Email: lewisham.familysupport@nas.org.uk

Online Safety: NGL

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

NGL

AGE RESTRICTION
13+

WHAT ARE THE RISKS?

NGL (which stands for 'Not Gonna Lie') is an app through which users share a link to their Instagram story or Twitter account, inviting their followers to give anonymous feedback. The app includes some prewritten questions (such as 'if you could change anything about me, what would it be?'), plus the option to ask followers to simply 'send me anonymous messages'. All replies go into the user's NGL inbox, with the sender remaining anonymous – although subscribers to the app can receive hints about who each message was from.

ANONYMITY AND OVERSHARING

Anonymous messaging gives rise to the 'online disinhibition effect', which causes users to feel detached from their words and actions in the digital world. This can make young people in particular (as they tend to act more impulsively online) far more likely to disclose personal information on the internet, as well as making ill-advised confessions or revealing their fears and insecurities.

PROTECTION FOR BULLIES

Having their identity hidden makes bullies feel safe from repercussions, so anonymous chat sites are a major avenue for cyberbullying. NGL claims to use AI to filter out insulting terms, but our expert sent a range of such phrases (starting with 'cow' and 'ugly', and becoming progressively more offensive) to a 'dummy' account. All of these trial messages were delivered to the recipient's inbox.

COSTLY SUBSCRIPTIONS

NGL offers a subscription where – for a weekly fee – users can unlock hints about who's been messaging them, including the sender's approximate location and which device they used. Young people will naturally be extremely curious about who sent which message (especially if they have a lot of Instagram or Twitter followers) and may be unable to resist spending money to find out.

INFLATED ENGAGEMENT

In June 2022, NGL had to revise its terms of service: informing users if a message was sent by the app's developers as opposed to genuine followers. It emerged that previously, NGL's makers had attempted to boost engagement with the app (as well as enticing users to pay for subscriptions) by sending fake anonymous messages from bots. This update was rolled out very quietly by the team.

QUESTIONABLE SUPPORT

NGL does have a 'report this message' button for users to flag upsetting content. After sending a message, however, an automated reply arrives stating "... NGL is 100% anonymous and we have no way of knowing the identity of the user and would not be able to find out, even if we tried." This did not fill our expert with confidence that the app can address bad behaviour adequately.

ACCIDENTALLY GOING VIRAL

The messages on NGL itself are anonymous, but users can share these messages via their Instagram story or Twitter feed – enabling all their followers (or anyone, if their accounts are set to 'public') to see them. If a young person has disclosed something embarrassing or identifiable on NGL without realising, this information has the potential to be re-shared very quickly to a far wider audience.

Advice for Parents & Carers

DEALING WITH NEGATIVITY

Blocking another user on NGL will prevent them sending anonymous messages to your child in the short term – although a determined abuser could get around that obstacle simply by setting up a new Instagram account. If your child continually receives negative messages that upset them, it might be worth encouraging them to consider whether they really need to use the app at all.

BLOCK IN-APP PURCHASES

To avoid your child running up an eye-watering bill through an NGL subscription (or indeed any kind of costly in-app purchases), go into the settings on whatever devices they use to go online and either disable the ability to make purchases or protect that function with a password. If those options aren't available, it's prudent to ensure there aren't any payment methods linked to their account.

EXPLAIN ANONYMOUS APPS

We understand that a conversation with your child about the risks of anonymous messaging may seem difficult to initiate (especially if you aren't that comfortable with using social media yourself). It is vital, however, that young people understand that, for some people, having their identity obscured online can make them feel more powerful and less accountable for their actions.

THINK BEFORE SENDING

Regardless of whether a messaging app is anonymous or not, it's a good idea to regularly talk to your child about how it's wise to think through what they're sharing before they post it. Emphasise that nothing is truly private once it's online. If the post is something your child might hesitate to say to someone face to face, then it's probably not the sort of thing they should be writing online either.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



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#WakeUpWednesday

Source: https://ngl.link/#what-s_ngl

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Secondary School Open Morning – Year 5



We warmly invite the families of your current Year 5 pupils, who are considering secondary education in September 2024 to our Open Morning on Saturday 4 March 2023.

Christ's Hospital was established 470 years ago as a charitable boarding school and is proud to maintain its founding principles and ethos. It offers an independent boarding education of the strongest quality to children with academic potential, from all backgrounds in a caring and supportive environment.

Our means-tested bursaries are granted to 630 of our 900 pupils; 11% of those receive a free place with 35% paying less than 10% of the full boarding fee.

To book now sign up here > [Book an open morning - Christ's Hospital \(christs-hospital.org.uk\)](https://www.christs-hospital.org.uk)

Year 5 Boys

St. Olave's Grammar School:
An exciting opportunity for boys in Year 5

WAKEHAM CHORISTERSHIP

Are you a boy in Year 5 who likes to sing?
Maybe you're already a member of a choir?

St. Olave's Grammar School has 4 places for Year 7 entry available every year via our Wakeham Choristership scheme singing with the prestigious choir at:

The King's Chapel of The Savoy

Singing in a Chapel Royal Choir
Musical training at the highest standard
Admission to one of the country's best state schools

**APPLICANTS MUST BE BORN BETWEEN
1 SEPTEMBER 2012 – 31 AUGUST 2013**

Applications open via our website on Monday 27 February 2023
and close on Monday 27 March 2023

for further information on how to apply and what's involved, please see our website www.saintolaves.net

