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24th February 2023

Dear parents and carers,

Welcome back. I hope you all had a lovely half term break. It was so exciting to return to school to see all the hard work that Kelley and her team of volunteers had put in to create our amazing new woodland area. Take a look at the before and after photos later in the newsletter. Thank you to everyone who gave up their time to come and lend a hand.

We had some lovely feedback this morning from one of TFL's bus drivers. He phoned us to say thank you to the staff and children (in 4C) for their exemplary behaviour and wonderful manners on the way to their swimming lesson yesterday. He has been working for TFL for 34 years and said he had never had such a fantastic class on one of his buses. Well done year 4 for making us all feel very proud!

Don't forget it is World Book Day next Friday. We are looking forward to seeing the children dressing up as their favourite characters and will be spending the day celebrating books and reading.

Have a super weekend.

Best wishes.

Manda George
Headteacher



NEU Strike Action

Thursday 2nd March

School is closed for all children.
Online learning is available here:

<https://www.torridonprimary.lewisham.sch.uk/remote-learning-offer/>

LIVE DANCE 2023



This year we are delighted to be participating in Live Dance 2023 with two groups of dance performers!

Children from year 3 and year 5 will be taking part in the celebration of dance at Catford Broadway Theatre on consecutive evenings. Live dance is a showcase of Primary and Secondary schools in Lewisham.

We have been busy creating and rehearsing for the event. Below are the dates and times:

Year 5 will be performing Tuesday 7th March at 7.30pm

Year 3 will be performing Wednesday 8th March at 7.30pm

Tickets are available to purchase if you would like to come and support the evenings.

<https://www.broadwaytheatre.org.uk/events/live-dance-2023/>



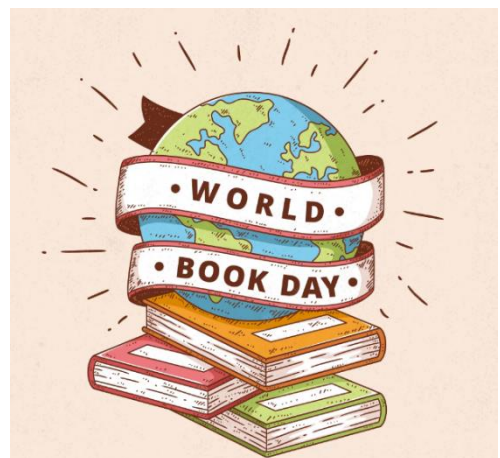
WORLD BOOK DAY – FRIDAY 3RD MARCH

Next Friday, we will be celebrating World Book Day.

On this day, please come to school dressed as your favourite character from a story!

On the day, there will be a World Book Day assembly and a 'drop everything and read session'. Teachers will also swap classes and read their favourite book to another class.

There will be a range of exciting, creative activities for the children to enjoy. We can't wait!



An important message from our children

Children in year 5 have been learning about the hazards of smoking. They were very upset to hear that some of our parents and carers have been smoking outside the gates whilst waiting to drop off or collect their children. Please read their very powerful pleas.

Parents and carers should not smoke outside our school gates because it can affect children as they inhale the smoke. The worst part is it could hurt their lungs terribly. People are also littering with their cigarettes. We care about the environment as well as our children.

Osei (Year 5)



People who smoke at or around schools are causing harm to the lungs of children and themselves. If people smoke while people pass them, they could inhale the fumes. Even though they are not smoking, it could still damage their health. This letter may inspire you to not smoke in public places or even to stop smoking. Many people have fainted, had memory loss or even died from smoking. Doing this is bad for you and others. Some sensitive children may die with just a little sniff. Please do what is right!

Felix (Year 5)

Please don't smoke around our school. Smoking will affect us in our learning and will affect you as well. So please don't! Many children have asthma and your cigarette fumes could make it hard for them to breathe

If you do smoke, please don't litter because it is bad for the environment and will clutter our school. If you do smoke, please go somewhere else. I am sure you are aware that smoking can cause sickness and unwellness and affects children as well.

So for the last time, please don't smoke around our school!

Mihir (Year 5)

**STOP
SMOKING
OUTSIDE OUR
SCHOOL!**

In terms of people smoking outside of the school whilst waiting for their kids, they could cause people who have asthma to have an asthma attack.

It is also bad for your health and your kids could get seriously ill or possible die. So we are kindly asking for parents to stop smoking at our school. Please spread the news to everyone you know.

Ilayda (Year 5)

Operation Woodland update



Phase 1 is complete and we could not be happier with the transformation!
This phase of our project could not have happened without the hard work and commitment of Michael Collins and his son Wilf who gave up 3 days of their holiday to transform our space!



On Wednesday we welcomed volunteers to join us to finish off the phase. Everyone who came worked so hard, thank you very much!



This week we have launched phase 2 with

small change...
big difference!

So far we have collected £234. Thank you so much for your generosity. Our donation tube will remain in the office for one more week so if you find any small coins that you no longer need, we will happily make use of them to pay for planting!

Resource Base Yoga



In our yoga lesson on Tuesday we celebrated Mardi Gras (Fat Tuesday): the penultimate day of carnival.

We breathed like King Cakes, "played" trumpets to stretch our entire upper bodies and tried out different animal poses like Elephant and Eagle. We had such a lot of fun!

FitFunActive Couch to 5K

A huge thank you to Darren from FitFunActive who has raised an incredible £1,000 towards the creative corner outdoor learning space at Torridon. Darren is one of our parents and committed to supporting local projects within our community through fundraising events that encourage healthy lifestyles and exercise. The money has been raised through the participation of 25 members embarking on a couch to 5k programme starting this month.

We are extremely grateful for the time and support given by Darren and FitFunActive.

Please see below for more information about FitFunActive



[FitFunActive | Deptford Gym | Personal Training and Group Exercises](#)

FitFunActive is a Deptford gym that offers personal training, group exercises, boxing, HIIT workouts and more to produce real results.

www.fitfunactive.co.uk

PTA UPDATES

PTA Coffee Morning: Friday, 3 March

Join the PTA for our regular coffee morning after drop off next Friday. Enjoy a home baked treat and hot drink, get to know other parents/carers, and learn about how you can get involved with upcoming PTA events. This half term we'll discuss the Maintenance Day, and Megan will give a presentation to formally kick off the Summer Fair planning season. If you're available to stay afterwards, we need help sorting uniform donations ahead of our next sale. We hope you can make it!

Summer Fair Info Session: Wednesday, 8 March, 8pm

We're kicking off the planning season for this year's Summer Fair with a virtual meeting. Join us via Zoom (link to follow) to learn about how you can get involved and help us make this year's Summer Fair the best yet!

Second Hand Uniform Sale, Friday, 10 March

Grab a bargain on your child's next season uniform at the PTA's uniform sale after school on Friday, 10 March. If you have clean, good quality uniforms you'd like to donate, please bring these to the school office by the morning of Friday, 3 March. We need helpers to sort the donations at our Coffee Morning on the 3rd and to manage the sale on the day. If you're available, please email friendsoftorridonpta@gmail.com.

Maintenance Day: Saturday, 11 March

Can you help us maintain the school premises? Our first regular Maintenance Day will involve painting the cloakrooms in the Year 3-4 building. Any time you can give will be much appreciated. Biscuits and hot drinks will be provided.

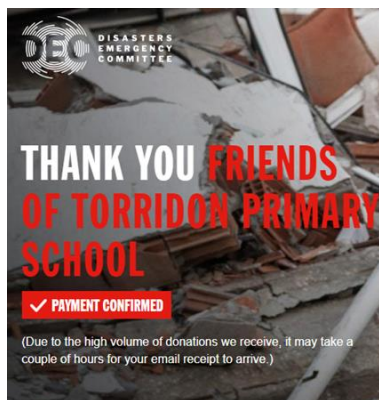
Learn more and sign up [here](#).

SEND NEWSLETTER



<https://mailchi.mp/b3ff6acf64c1/members-lpcf-february-2023-newsletter>

Non Uniform Day Fundraising



Thanks to your generosity, we were able to raise £500 on our non-uniform day before half term. We donated the money to the Disasters Emergency Committee to support families who had been affected by the recent earthquakes in Turkey and Syria. Thank you

Your generous donation of £500.00 has been processed successfully and will help provide aid to people affected by the earthquakes in Turkey and Syria.

Torridon Parents Had Their Say!



On Wednesday, the Inclusion Team held a coffee morning with Lewisham's Complex Needs Service. Parents were given the opportunity to feed back what has gone well and what needs to improve with regards to Lewisham's services for children with Special Educational Needs (SEN). This was a great opportunity to help to shape a brighter future for young people with SEN and to find out what support is available for children and families.

For more information on Lewisham's services for SEN, please go to:

<https://lewisham.gov.uk/myservices/socialcare/children/special-educational-needs-and-disabilities/information-advice-and-support/our-parent-and-carer-guide>

To find out more about events, drop-ins, information and training sessions that are happening in Lewisham, please go to:

<https://lewisham.gov.uk/myservices/socialcare/children/special-educational-needs-and-disabilities/information-advice-and-support/upcoming-events>



Breakfast Club






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We have an upcoming vacancy for a breakfast club assistant. If you would like to find out more about the position, please get in touch via email: admin@torridonprimary.lewisham.sch.uk

Dates For Your Diary

Tuesday 28 th February	Year 5/6 basketball tournament
Wednesday 1 st March	Year 3 trip to the Tate Modern
Thursday 2 nd March	SCHOOL CLOSED DUE TO NEU STRIKE ACTION
Friday 3 rd March	PTA Coffee Morning
Friday 3 rd March	World Book Day
Tuesday 7 th March	Year 5 dance performance at Catford Broadway
	Year 3 parent and carer open evening
Wednesday 8 th March	Year 3 dance performance at Catford Broadway
	PTA Summer Fair Information Session – 8pm
Thursday 9 th March	Year 6 National Dental Programme
	6.00pm Year 6 School Journey Meeting
Friday 10 th March	PTA uniform sale
	Year 5 Dance Workshops
	Year 5/6 swimming gala
Saturday 11 th March	PTA Maintenance Day
Monday 13 th March	Year 5 to The Science Museum
Tuesday 14 th March	Year 3 parent and carer open evening
Wednesday 15 th and Thursday 16 th March	POSSIBLE NEU STRIKE ACTION
Friday 17 th March	RED NOSE DAY
Week beginning Monday 20 th March	Whole school assessment week (change of date to avoid potential NEU strike action)
Tuesday 21 st March	Reception vision and hearing screening
Friday 24 th March	Year 4 to the Science Museum
Sunday 26 th March	Torridon and Sandhurst 10K fun run
Week beginning 27 th March	Autism Acceptance Week
Tuesday 28 th March	Y3/4 Tri-Golf tournament
Tuesday 28 th and Thursday 30 th March	Parent and carer open evenings
Monday 3 rd April – Friday 14 th April	EASTER HOLIDAY
Tuesday 11 th – Friday 14 th April	Year 6 Easter School
Tuesday 18 th April	Y3/4 Quad Kids Tournament
Tuesday 25 th April	Y5/6 Football Tournament
Wednesday 26 th April	Y3/4 Football Tournament
Monday 1 st May	BANK HOLIDAY
Wednesday 3 rd May	Y5/6 girls' cricket tournament
Monday 8 th May 2023	ADDITIONAL BANK HOLIDAY FOR THE CORONATION OF HIS MAJESTY KING CHARLES III
Tuesday 9 th May – Friday 12 th May	Year 6 SATs week
Monday 22 nd May	Year 6 Unity at Crystal Palace
Wednesday 24 th – Friday 26 th May	Year 6 Residential Trip
Monday 29 th May – Friday 2 nd June	HALF TERM HOLIDAY
Friday 23 rd June	INSET DAY
Friday 21 st July	Last day of the summer term

Weekly Attendance by Class

	Class	Attendance		Class	Attendance		Class	Attendance
	1G	94%		3A	95%		5L	90%
	1M	99.6%		3L	93%		5R	95%
	1N	94%		3S	92%		5S	88%
	2G	91%		4C	95%		6A	91%
	2S	90%		4V	97%		6C	97%
	2SW	99.2%		4W	93%		6L	98%

2SW were just pipped at the post by 1M this week. can they make it to 100% next week?
 Congratulations to 1M, 4V and 6L who won the attendance cup for their phase this week. who will be the winners next week?

Support for families of children with autism



Drumbeat Outreach

Early Years Parent Training

These workshops are over four sessions:
Part One and Two: Exploring social communication differences, the Autism spectrum and the dyad of impairment.
Part Three and Four: Interventions and ways of supporting your child at home.

Part One: Wednesday 1st March 2023: 7pm-8.30pm
 Part Two: Wednesday 8th March 2023: 7pm-8.30pm
 Part Three: Wednesday 15th March 2023: 7pm-8.30pm
 Part Four: Wednesday 22nd March 2023: 7pm-8.30pm

These sessions will be webinars.

Please email outreach_admin@drumbeat.lewisham.sch.uk or telephone 02031431431 to reserve your place.

Drumbeat Early Years Outreach Team



Stars of the Week

Class	Name	Reason
Nursery am	Everyone	For their amazing start with their new topic 'The Little Red Hen'
Nursery pm	Everyone	For their amazing start with their new topic 'The Little Red Hen'
Red Class	Idris	For doing good listening, being very helpful and being kind to all of his friends. Well done, Idris!
Blue Class	Max	For being brave and showing great enthusiasm in Forest school this week. Well done Max!
Yellow Class	Daniel	For settling in so well! He is always kind and tries his best. Well done!
1G	Pasha	For trying his best in all areas of his learning! Pasha has really improved, especially in writing. Well done 😊
1M	Jehonel	For returning to school with a positive attitude to his learning and working really hard on his writing and maths. Well done, Jehonel!
1N	Rina	For her excellent effort in all areas of the curriculum but especially reading, writing and maths. She has really impressed us with her positive attitude to learning. Great work!
2G	Malachi	For his amazing effort with his writing! Keep up the super work 😊
2S	Aadhiran	For always being such a positive role model in and around the school. It is wonderful to have such a thoughtful and hard-working member of the class - Well done Aadhiran 😊
2SW	Austin	For completing an excellent piece of writing using a variety of descriptive techniques. Well done Austin!
3A	Xavier	For being an amazing role model on our trip to the British Museum.
3L	Oli	For showing high aspirations in his maths learning, especially in home learning.
3S	Lola	For being an amazing member of our Torridon community. For always helping others. Thank you Lola.
4C	Taylen	For his effort in focus and completing his learning,. Well done Taylen 😊
4V	Nicole	For consistently reading at home and bringing in her signed reading record.
4W	Kayden	For always being keen to participate in class. Continue to work on making positive and insightful contributions to the learning community. Well done Kayden!

5L	Daisy	For always being a fantastic role model. Daisy applies herself daily in her learning, is always thoughtful, and is respectful to her peers as well as adults. Well done Daisy !
5R	Nawel	For consistently demonstrating resilience and producing excellent quality writing. Well done Nawel.
5S	Olivia	For consistently reading at home and producing great quality learning in her writing. Also, for always wanting to share her learning to inspire the class. Well done Olivia!
6A	Jerome	For working exceptionally hard in his precision spelling this week and making an excellent progress. Really proud!
6C	Sammy	For settling in so well on your first week. You have also demonstrated an excellent attitude towards your learning – well done!
6L	Shardonai	For being helpful in the classroom and improving your commitment to reading. Well done!
Blue Pathway	Meritt	Well done for being so hardworking and calm all week.
Green Pathway	Amarachukwu	Well done for being so resilient and hardworking in Year 1 this week.

22. National Indian Safety, we believe in representing parents, owners and licensed adults with the information to hold on inherent conversations about online safety with their children, should they feel it is needed. This website is not an all-in-one solution and we believe that parents should be aware of them and use additional resources to learn for themselves where and how to protect.

SPOTIFY

WHAT ARE THE RISKS?

As per Spotify's terms and conditions, people need to be at least 18 to use it. That said, the platform doesn't censor lyrics. Unless instructed to do so in the settings – as it's worth noting that young teenagers could still be exposed to age-inappropriate songs which contain explicit references to sexual behaviour, violence, discriminatory language and invasion.

Although Empty doesn't come with seed corn (that functionality), concerns were raised in January 2001 in two reports of an 11-year-old girl who'd recovered into sharing explicit pictures of herself on the Internet. The case has raised questions regarding the meaning of Empty. Does it mean that the user has never been asked to share pictures, or that the user has never been asked to share pictures of herself? The latter is the more likely interpretation.

Spotify provides a perfect way to play music, with the ability to connect to another device, such as a Bluetooth speaker or an in-car stereo. While this is a useful feature, it's also easy to forget your surroundings and inadvertently play content which isn't appropriate for all listeners (especially those under the age of 18), potentially causing minor or distress.

Spotify's podcast community has grown exponentially and its become a popular base for millions of users to listen to shows, stories, interviews and more – with content covering an array of topics. This includes some material which isn't suitable for minors, including audio which is obviously adult-themed, but can be just as easily accessed as something else.

If your child has a Spotify account, try to close his access to the service's music. Only track services like Last.fm, which is a free service that lets you track Spotify (and other) music, can be accessed from the main iTunes platform, but it's not possible to share with other users. If you're using Last.fm, you can turn off the sharing feature and delete the user's account, which might be a little tricky, but it's the right move.

If you're concerned about what your child might hear while streaming music, specify that you want a service that offers parents the ability to restrict their child's listening to age-appropriate content. For example, if you have a 12-year-old, you can allow your child to listen to music and audiobooks, and to watch TV shows and movies, but you can restrict your child's access to streaming services that offer adult content. If you have a 5-year-old, you can restrict your child's access to streaming services that offer adult content, but you can allow your child to listen to music and audiobooks, and to watch TV shows and movies. If you have a 2-year-old, you can restrict your child's access to streaming services that offer adult content, but you can allow your child to listen to music and audiobooks, and to watch TV shows and movies. If you have a 1-year-old, you can restrict your child's access to streaming services that offer adult content, but you can allow your child to listen to music and audiobooks, and to watch TV shows and movies. If you have a 6-month-old, you can restrict your child's access to streaming services that offer adult content, but you can allow your child to listen to music and audiobooks, and to watch TV shows and movies. If you have a 3-month-old, you can restrict your child's access to streaming services that offer adult content, but you can allow your child to listen to music and audiobooks, and to watch TV shows and movies. If you have a 1-month-old, you can restrict your child's access to streaming services that offer adult content, but you can allow your child to listen to music and audiobooks, and to watch TV shows and movies. If you have a newborn, you can restrict your child's access to streaming services that offer adult content, but you can allow your child to listen to music and audiobooks, and to watch TV shows and movies.

As with any platform, it's good practice to talk to your child about what they should be aware of when using Spotify. For instance, it's important they're aware never to share any personal information with strangers, and what they should do if they're exposed to inappropriate content. Encourage them to think critically about what they see and hear so that they feel comfortable raising any concerns with you.

Regardless of what type of account your child uses to access Spotify, there is an option to turn off explicit content in the settings – grooving out all songs marked with an 'R' tag. If your child has their own individual account, it's easier for them to turn it back on – whereas with a family plan, you're in control and your child can't alter the setting without breaking the password.

If you're concerned that your child is spending too much time on Netflix or YouTube and that they're being particularly susceptible to their marketing, it's important to take steps to ensure that they're not being misled. It's always prudent to show an interest in their online habits from the outset – so you're confident they're using apps and services in the right way, for the right reasons, and that they're not being drawn into anything they shouldn't be.

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquiry, Carly is now a freelance technology journalist, editor and consultant.



**National
Online
Safety***

#WakeUpWednesday

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