



Hazelbank Road, Catford, London, SE6 1TG

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17<sup>th</sup> March 2023

Dear parents and carers,

Thank you for your support this week during the industrial action. There are no further strikes planned at the moment. I will keep you updated if there are any new announcements in the coming weeks.

A huge thank you to all who have up their time last weekend to come and help on our maintenance day. We now have a beautifully decorated cloakroom in the Year 3 and 4 block. Thank you also to Tom and Darryl, our wonderful premises team who worked hard to finish the painting this week.

Next week is whole school assessment week. The children have been working so hard and we are really looking forward to seeing how much progress they have made this term.

You will have received a letter today inviting you to make an appointment to meet with your child's class teacher. I hope you will take the opportunity to come and see how well they are doing and how proud of them we are.

We have finished the week with lots of Red Nose fun. Classes set themselves some exciting challenges. Take a look at some of the photos later in the newsletter. Thank you for those who donated on the gate this morning. There is still time for you to donate on our just giving page here: [Comic Relief](#)

I hope you have a lovely weekend.

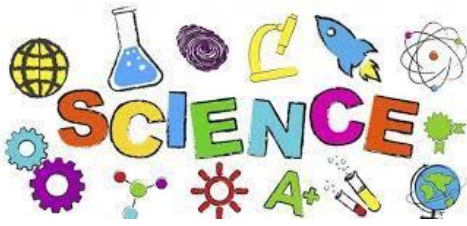
Best wishes.

Manda George  
Headteacher



# Year 5 Trip To The Science Museum

Year 5 had great fun visiting the Science Museum this week.



The science museum had lots of space rockets and old fashioned cars. My favourite thing was when I saw the space rockets and there were lots of space outfits. I enjoyed that in the space room we could see inside where the astronauts worked and we could hear the conversations they were having.



The science museum was very fascinating and amazing because there were many things people did not know. It was a fun way to learn about space and space travel.

The museum was interesting and enjoyable as we got to learn by reading and looking. Some of the galleries let you touch the exhibits and watch videos about the subject.

Rocco

Alayah



The science museum was a hive of activity. There were so many historical facts and interesting things to do. There were many different diagrams about different planets and space equipment.

The technology used to create effects to the scenery was immaculate and the information was top level. Examples of the original structures were shown in a way never seen before.

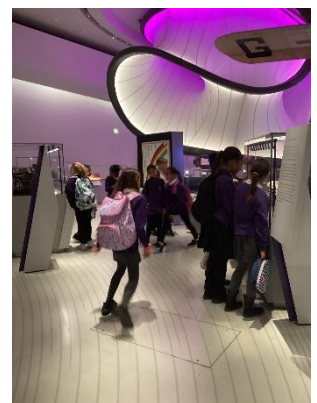
Sadie

The science museum was really cool. My favourite parts were the space and mathematics sections. I liked the spinning globe that spun round slowly, changed colour and changed the planet.

The mathematics section was also really interesting. I like the really old till which was once used in a shop. The pocket watches were also quite interesting with a video and two pairs of headphones. The video was all about the invention of clocks.



Hazel







PRESENTS



Come and join us for an

**Easter**

**Holidays and Food programme**

Easter themed Performing Arts Art and Crafts and Outdoor Activities

Plays and Drama Activities | **Arts and Crafts** |  
**Singalongs and Dance** | Clay Modelling Activities | **Physical Activities** |  
**Nutrition Education Activities** | Easter Egg and Scavenger Hunts, Relays,  
Toss Challenges and Trail | Parent Workshops and Families Support |  
**Best dressed Easter Bunny Competition**

**Monday 3rd April 2023 - Thursday 6th April 2023**

**(Monday to Thursday)**

**10am-2pm**

**Torrison Primary School, Hazelbank Road, SE6 1TG**

For more information and to register please visit the website

<https://www.skipzproductions.org/skipzhaflewisham>

**IN PARTNERSHIP WITH LEWISHAM COUNCIL**

**HAPPY  
EASTER**

# World Autism Acceptance Week

## World Autism Acceptance Week

27th March-2nd April 2023



As part of Autism Acceptance week, Drumbeat Outreach are seeking the views and opinions of autistic children, young people and adults as well as the people who care for them and work with them. We would like you to answer this question...

**What would you change/adapt/introduce/ban/create/build to make Lewisham a more autism friendly place to live?**

We would love to hear what you think and want you to tell us your ideas in whatever way is comfortable for you.

Create a poster, make a short film, send us a voice note, send us a dm on Instagram, send us an email or create a piece of art in your chosen medium.

**Deadline Friday 24th March 2023**

**Write AAW on your submission, include your name or stay anonymous**

**Address:** Drumbeat Turnham, Turnham Road, SE4 2HH

**Instagram:** @drumbeat\_outreach

**Email:** outreach.admin@drumbeat.lewisham.sch.uk



## Help To Plan The Summer Fair

Spring is almost here, so it's time to start planning the Summer Fair! We need lots of help to plan and run an event of this scale. In case you missed Megan's presentation during the virtual meeting on Wednesday, you can view the presentation slides [here](#). If you have ideas to share or you'd like to join our planning committee, please tell us [here](#) or email [friendsoftorridonpta@gmail.com](mailto:friendsoftorridonpta@gmail.com). Thank you!

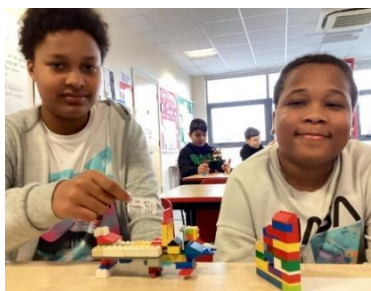
**This year's Summer Fair will be on Saturday, 8 July, 12-4pm - save the date**



# Red Nose Day Fun



Reception challenged themselves to see how long they could keep their balloons in the air. They managed a record 2 minutes. Well done Reception!



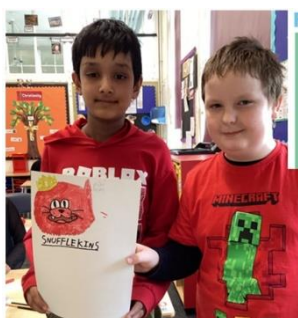
Year 6 participated in a Red Nose Day challenge which focussed on building an object that makes the people around you smile. We created cars for younger children and transformers for older children. We had a great time creating our Lego structures and hope that they will bring a smile to others. We also found out some key facts about smiling:

“Smiling is contagious! We bet you have caught one before. If your friends are laughing, it’s very hard to stop yourself from laughing too!”

Year 1 had a really fun dance competition this afternoon. We voted for a winning group as a class.



Have a look at 1M's winners!



Year 5 took on a drawing challenge today. They had to roll dice in their groups to draw the different features of the Snufflekin red nose. They all ended up with different versions of Snufflekins



# Lewisham FoodBank

It's that time of year when Lewisham Foodbank seek to treat their clients. We believe that families deserve a treat from time to time - in addition to the nutritionally balanced food parcel.



Donations of Easter Eggs and sweet treats will be very welcome. You can bring them to the school office or directly to the Hope Centre (118 Malham Road SE23 1AN)



by Friday 24th March.




Thank you for your support.

## CORE VALUE: RESPECT

We have been talking about our core value of respect this week. We discussed the importance of all members of the school community using appropriate language and behaviour and speaking to each other in a polite and respectful manner. We need to remember to act as role models for our children at all times.

Thank you for your support

## Weekly Attendance by Class

	Class	Attendance		Class	Attendance		Class	Attendance
	1G	95%		3A	94%		5L	94.7%
	1M	94%		3L	96%		5R	94.8%
	1N	93%		3S	97%		5S	93%
	2G	95%		4C	94%		6A	94.6%
	2S	93%		4V	95%		6C	93%
	2SW	97%		4W	94%		6L	94.6%

It was very close in Year 5 and 6 this week. 5R just edged ahead by 0.1%. Congratulations to 2SW, 3S and 5R who won the attendance cup for their phase this week.



# Operation Woodland Update

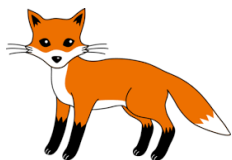
What a busy week it has been at Forest school! The children have been busy planting Hazel and Cherry plum saplings which were donated by the friends of Forster Park.



We have also received delivery of 30 saplings from the Woodland Trust which have been sponsored by our amazing families. The children have started to plant their own tree, so far 10 Wild Cherry saplings have been planted. Next week we will be inviting the remaining 20 sponsors to plant their saplings.



We are so proud of how our woodland is developing and thank you all for your continued support.



We invite you to come to school on **Monday 15<sup>th</sup> May** dressed as a woodland creature! Children who do not want to dress up as a woodland friend are invited to wear green.

Donations can be paid directly to Parent pay or buckets will be on the gate to accept cash. Suggested donation of £1.

# English Competitions

## Egg-cellent, Egg-stravaganza competition

For this competition, please create a scene from your favourite story. You could focus on either one character or your favourite part of a story. You could use an egg or a potato to create your character. If you would like to take part, please bring your creations to school on

**Monday 27<sup>th</sup> March.**

Please see examples below for inspiration:

Rainbow fish, The Cat in the Hat and Harry Potter.

We can't wait to see your creations!



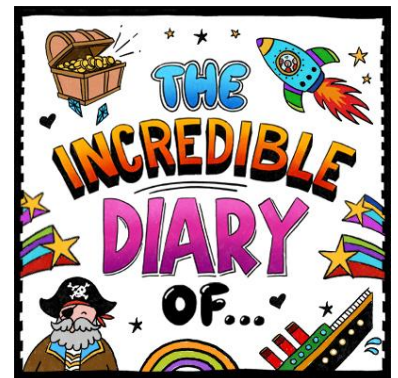
## Creative writing competition

Our second competition is our writing competition. We would like to give you the opportunity to take part in a competition that gives you the chance to become a real author.

The theme for the competition is 'diary writing'. You could write a recount of a special day or you could write an imaginary diary entry. You have 100 words for this competition. The entries will then be sent to Young Writers. The winning entries will be published in a book.

Please complete the planning sheets and give back to your teacher by Friday 24<sup>th</sup> March.

We look forward to reading your stories!





## Dates For Your Diary

Week beginning Monday 20 <sup>th</sup> March	Whole school assessment week
Tuesday 21 <sup>st</sup> March	Reception vision and hearing screening
	Reception and Year 4 parent and carer open evening
Thursday 23 <sup>rd</sup> March	Resource Base Green Pathway to Bellingham Soft Play
Sunday 26 <sup>th</sup> March	Torridon and Sandhurst 10K fun run
Week beginning 27 <sup>th</sup> March	Autism Acceptance Week
Monday 27 <sup>th</sup> March	Resource Base Blue Pathway to SEND Sports Festival
Tuesday 28 <sup>th</sup> March	Y3/4 Tri-Golf tournament
Tuesday 28 <sup>th</sup> and Thursday 30 <sup>th</sup> March	Parent and carer open evenings
Friday 31 <sup>st</sup> March	Year 5 Dance Workshop
Monday 3 <sup>rd</sup> April – Friday 14 <sup>th</sup> April	<b>EASTER HOLIDAY</b>
Tuesday 11 <sup>th</sup> – Friday 14 <sup>th</sup> April	Year 6 Easter School
Tuesday 18 <sup>th</sup> April	Y3/4 Quad Kids Tournament
Monday 24 <sup>th</sup> April	Year 6 to Junior Citizenship Event
Tuesday 25 <sup>th</sup> April	Y5/6 Football Tournament
Wednesday 26 <sup>th</sup> April	Y3/4 Football Tournament
Monday 1 <sup>st</sup> May	<b>BANK HOLIDAY</b>
Wednesday 3 <sup>rd</sup> May	Y5/6 girls' cricket tournament
Monday 8 <sup>th</sup> May 2023	<b>ADDITIONAL BANK HOLIDAY FOR THE CORONATION OF HIS MAJESTY KING CHARLES III</b>
Tuesday 9 <sup>th</sup> May – Friday 12 <sup>th</sup> May	Year 6 SATs week
Week beginning Monday 15 <sup>th</sup> May	Walk to School Week
	Woodlands Dress Up Day
	Year 2 SATs week
Wednesday 17 <sup>th</sup> May	NSPCC Workshops for Year 5 and Year 6
Monday 22 <sup>nd</sup> May	Year 6 Unity Competition at Crystal Palace
Wednesday 24 <sup>th</sup> – Friday 26 <sup>th</sup> May	Year 6 Residential Trip
Monday 29 <sup>th</sup> May – Friday 2 <sup>nd</sup> June	<b>HALF TERM HOLIDAY</b>
Thursday 22 <sup>nd</sup> June	6pm – Year 5 secondary transfer meeting
Friday 23 <sup>rd</sup> June	<b>INSET DAY</b>
Week beginning 3 <sup>rd</sup> July	Assessment week for Nursery, Reception, Year 1, 3, 4 and 5
Saturday 8 <sup>th</sup> July	<b>Summer Fair 12-4pm</b>
Monday 10 <sup>th</sup> July	Nursery and Reception Sports Day
Tuesday 11 <sup>th</sup> July	9.15 Year 6 production
Wednesday 12 <sup>th</sup> July	Year 1 and 2 Sports Day
	6pm Year 6 production
Thursday 13 <sup>th</sup> July	Year 3,4,5 and 6 Sports Day
Tuesday 18 <sup>th</sup> July	5pm – summer music concert
Friday 21 <sup>st</sup> July	Last day of the summer term
	9.30 – Year 6 leavers' assembly



## Stars of the Week



Class	Name	Reason
Nursery pm	Peter	For trying new things. Well done, Peter!
Nursery Full Time	Theo	For joining in during carpet time. Well done, Theo!
Red Class	Daisy-Joyce	For being very helpful and kind to her friends. Well done, Daisy!
Blue Class	Ayla	For her willingness to learn and sharing her ideas with the class!
Yellow Class	Melita	For fantastic independent writing. Well done!
1G	Ethan	For his improved independence and attitude to learning. He always has a bright smile for everyone!
1M	King-David	For using his imagination in our writing lessons. His writing has been so creative and wonderful to read!
1N	Najla	For the effort and care she has been putting into her learning. It's wonderful to see her doing her best and making fantastic progress.
2G	Ana Paula	For her great reading and for making sure her work is neat. Keep it up! 😊
2S	Max	For his wonderful positive attitude to learning this week! Well done for trying your best all of the time 😊
2SW	Sara	For her positive attitude to learning and for trying her best in lessons. Well done Sara!
3A	Serhjo	Fantastic progress in reading and writing since joining Torridon.
3L	Rhianni	Improvement in reading and classroom participation.
3S	Rashid	For showing respect to his friends, his peers and all the adults in our community. Well done!
4C	Javonae	For improved focus in class and for really trying his best. Well done Javonae.
4V	David	For always being polite and showing respect to all others. Well done, David, keep it up. 😊
4W	Reis	For being a good friend to his peers and always trying to help others. Continue to build positive relationships across the school 😊
5L	Andrei	Andrei has settled fantastically into his new class, has progressed well within his learning, and has formed great relationships with his peers in year 5. Well done Andrei!
5R	Rumaysa	For being a kind, considerate and helpful member of the class and Torridon community. She always challenges herself and has made great progress. Well done!
5S	Paris	For showing excellent, model behaviour on the school trip. For consistently contributing to class discussions and engaging positively with her learning. Well done!
6A	Kayla	For being a respectful member of our class and school community; always polite and kind towards others. Keep it up Kayla!
6C	Mubashar	For always being an excellent role model to others. You work very hard in all lessons and are very respectful – well done!
6L	Shahinth	For always being a polite and respectful member of our class. You always display our school's core values – well done!
Blue Pathway	Kenny	Well done for doing excellent work on the zones of regulation.
Green Pathway	Martin	Well done for engaging in independent activities this week.



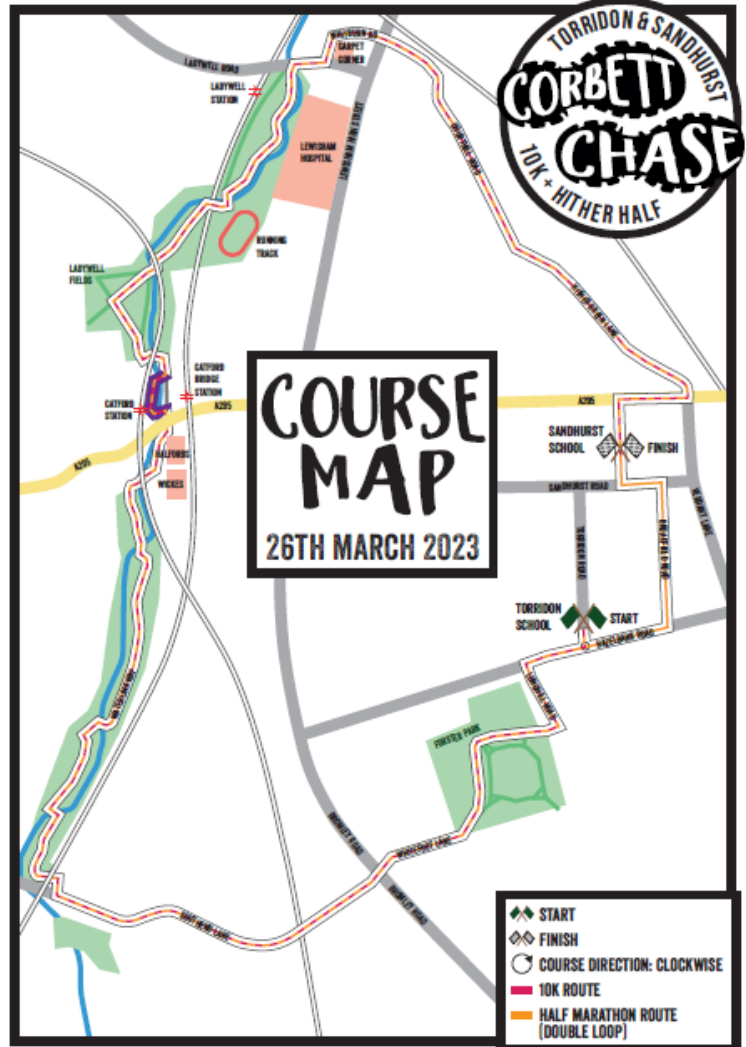
# The Corbett Chase 10K & HALF-MARATHON



THE CORBETT CHASE & STREET  
PLAY OUT - SUNDAY 26 MARCH  
2023

9:15am - 10k and half-marathon  
run starts at Torridon Primary  
School

10:00am - 12:00pm - Play Street on  
Minard Road in front of Sandhurst  
Primary School, where race finishes



**DON'T DELAY - FIND OUT MORE & SIGN UP [HERE](#) TODAY! WE NEED YOU -  
RUNNERS, WALKERS AND VOLUNTEERS.**

Come one come all! We're looking forward to a wonderful community event with Sandhurst School but still need lots more helpers to make it happen and lots more runners/walkers to match Sandhurst's team! If you can't run or volunteer - bring your family to enjoy the Play Street on Minard Road, and cheer on the runners as they finish the race - or sponsor the runners as they raise money for the new outdoor Creative Corner - [donate here](#). Many thanks for your support.



# Torridon Primary School



## AUTUMN TERM 2023

<b>INSET DAYS</b>	<b>Monday 4<sup>th</sup> and Tuesday 5<sup>th</sup> September 2023</b>
<b>First Day of Autumn Term</b>	<b>Wednesday 6<sup>th</sup> September 2023</b>
<b>HALF TERM HOLIDAY</b>	<b>Monday 23<sup>rd</sup> - Friday 27<sup>th</sup> October 2023</b>
<b>INSET DAY</b>	<b>Friday 24<sup>th</sup> November 2023</b>
<b>Last Day of Autumn Term</b>	<b>Wednesday 20<sup>th</sup> December 2023</b>
<b>CHRISTMAS HOLIDAY</b>	<b>Thursday 21<sup>st</sup> December 2023 – Friday 5<sup>th</sup> January 2024</b>

## SPRING TERM 2024

<b>First Day of Spring Term</b>	<b>Monday 8<sup>th</sup> January 2024</b>
<b>INSET DAY</b>	<b>Friday 19<sup>th</sup> January 2024</b>
<b>HALF TERM HOLIDAY</b>	<b>Monday 12<sup>th</sup> - Friday 16<sup>th</sup> February 2024</b>
<b>Last Day of Spring Term</b>	<b>Thursday 28<sup>th</sup> March 2024</b>
<b>EASTER HOLIDAY</b>	<b>Friday 29<sup>th</sup> March – Friday 12<sup>th</sup> April 2024</b>

## SUMMER TERM 2024

<b>First Day of Summer Term</b>	<b>Monday 15<sup>th</sup> April 2024</b>
<b>BANK HOLIDAY</b>	<b>Monday 6<sup>th</sup> May 2024</b>
<b>HALF TERM HOLIDAY</b>	<b>Monday 27<sup>th</sup> May – Friday 31<sup>st</sup> May 2024</b>
<b>INSET DAY</b>	<b>Friday 21<sup>st</sup> June 2024</b>
<b>Last Day of Summer Term</b>	<b>Thursday 25<sup>th</sup> July 2024</b>

**Children do not come to school on INSET Days**



# Easter Holiday MultiSports Camp



**£25 A DAY**

## EASTER HOLIDAY MULTISPORTS CAMP

BOYS & GIRLS AGES 4-14 ALL ABILITIES

3RD APRIL | 4TH APRIL | 5TH APRIL | 6TH APRIL

**LOCATION:**  
NEW WOODLANDS  
49 SHROFFOLD RD  
BROMLEY  
BR1 5PD

**0207 1013 652**   @BALLERSSPORTSCOACHING



## MULTISPORTS EASTER HOLIDAY CAMP

**Free Spaces Available !!**  
In partnership with Lewisham Council and the Department of Education

**Who the spaces are for :**

- Children eligible for and in receipt of free school meals.
- Children assessed as being in need.
- Children with EHC plan (education, health and care)

**Aim of provision:**

- To take part in engaging activities during the school holidays.
- Eat healthier and gain knowledge of healthy nutrition.
- Be more active, safe and not socially distanced.

**WHEN:** 03.04.23 - 06.04.23

**TIME:** 10:00AM - 2:00PM (LUNCH WILL BE PROVIDED)

**WHERE:** NEW WOODLANDS  
49 SHROFFOLD RD, BROMLEY, BR1 5PD

For more information and to book your spot:

**0207 1013 652**  
 [info@ballerssportscoaching.com](mailto:info@ballerssportscoaching.com)  
  @ballerssportscoaching

**Ages: 4-11**

 **LIMITED SPACES**

## Theatre Performance - Aladdin



There are 8 more performances, until **Sun 26 March, Upstairs at the Sydenham Centre** - there are **TWO** shows **every Sat & Sun at 3pm & 4.30pm** - and is suitable for families with children of all ages. With a range of ticket prices to suit most pockets, **under 3s are FREE** as usual, advance booking highly recommended!

Performances last approx 50mins and we advise advance booking to avoid disappointment. Tickets are now on sale at [Aladdin - from Saturday 4 March](#)

[2023 - Spontaneous Productions](#) or can be purchased in person at Kirkdale Bookshop (9.30am-5pm Mon-Sat) or by phone 020 8778 4701. Any remaining tickets are available at the door from 30mins before show start time.

# THREE DAY TV & FILM WORKSHOP

End2End productions are thrilled to be running a NEW 3 Day TV & Film Holiday Workshop in their multi-camera green screen studio & production control room at Hurstmere School in Sidcup, starting on Monday 3rd April. With brand new exciting content, the workshops are suitable for young people aged 8-14, including those who have attended e2e Clubs before as well as absolute beginners..The three-day workshop will run from Monday 3rd - Wednesday 5th April 10.00-3.00pm.

## Hands On Workshops

### After School & Holiday Workshops

Be one of the first to experience our new  
Green Screen Studio & Production Control Room



### 3 Day TV & Film Production Workshop

Cutting edge multi-camera green screen  
studio & production control room...

[Read More](#)

Starts Apr 3

Available spots

[Book Now](#)

Booking is open now, and places are limited. To find out more information please follow this link:

<https://www.end2endtv.co.uk/clubsandworkshops>



... from concept to creation



# Online Safety: Online Habits

## Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here ...

### WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times; it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

### MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

### KEEP YOUR HEALTH IN MIND

- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

### REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

### PUT SAFETY FIRST

- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

### GET THINGS CLEAR IN YOUR HEAD

- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

### Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Engage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



National  
Online  
Safety®

#WakeUpWednesday

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