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30th September 2022

Dear parents and carers,

Torridon has been as busy as ever this week. It was great to see Year 3 children enjoying their first trip of the term, visiting Lewisham on Monday to learn about our local history. The children in year 5 and 6 welcomed visitors from the Breck Foundation who helped us to think about the importance of keeping ourselves safe online.

Thank you to those who were able to join the PTA annual general meeting this week. Ruth and the team will shortly be holding elections for new committee members for this year. Look out for more details later in the newsletter.

We are looking forward to the launch of Black History Month next week. In addition to special assemblies and learning about significant people in their history lessons, the children will be taking part in music workshops to support their learning about Caribbean culture.

As you will have seen from my previous letter, we are very excited to be welcoming chef Tom Kerridge on Tuesday who will be leading his 'Full Time Meals' takeover at Torridon. I have reattached the information for any of you who may have missed it. We hope that all children will take up the offer of a free, delicious lunch and that many of you will be inspired by the recipe cards and ingredient bundles that will be provided. You can find out more about the Full Time Meals campaign here: [Full Time Meals](#)

Wishing you a wonderful weekend.

Best wishes

Manda George
Headteacher



Year 5 - Science



During our science lessons, 5R were investigating Friction. We transferred jelly into a bowl using chopsticks and later added oil to the jelly to investigate how the oil changed the effect of friction. It was quite tricky but great fun!



Congratulations Yoel!

Congratulations to Yoel in Year 6 who has worked incredibly hard outside of school playing football and has been officially signed by Chelsea FC. We are all incredibly proud of your success.

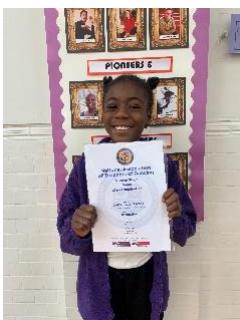


Attendance



A reminder that school gates open at 8.45am and close at 8.55am. All children should be in their classrooms ready for learning by 9.00am. Registers close at 9.05am and any child arriving after this time will be recorded as having arrived late for school. Our school target for overall attendance is 97%. Where a child's attendance is below 96%, we will write to you and monitor your child's attendance.

Torridon Dance Community



Gabrielle in Year 5 obtained a fantastic "Distinction" in her Modern Stage Grade Examination, achieving 90 out of a possible 100 marks. Well done Gabrielle!

Year 1 Colour Mixing



It's been a busy week in the Art room with lots of colour mixing and portrait painting. Look at all the wonderful colours that Year One managed to mix using only primary colours! If you see them around school be sure to ask them how they did it.

They then had lots of fun using all the colours they had mixed to fill their self portraits with their favourite shades.



RIGHTS RESPECTING SCHOOL



3

Article 3: Best interests of the child

'The best interests of the child must be a top priority in all decisions and actions that affect children.'

Whilst exploring Article 3, we had a discussion about decision making. We talked about who makes decisions for us and how these decisions can affect us.

**BEST INTERESTS
OF THE CHILD**

Lewisham Autism Support



LEWISHAM AUTISM SUPPORT

Support for families of children with a diagnosis of autism living in Lewisham

What we offer:

- 1-hour clinic appointment with experienced Family Support Coordinators who provide support for parents/carers in:
 - Understanding more about autism.
 - Information about accessing local services and benefits.
- For families resident in Lewisham, access to ongoing support (Comeback Service).

How to access our service:

- Paediatricians and other Kaleidoscope diagnosing teams can automatically refer families after diagnosis. This includes families diagnosed at Kaleidoscope but living in other boroughs. These families will receive an initial 1-hour clinic only.
- We accept referrals from other professionals working with diagnosed children living in the borough.
- Families of diagnosed children can also self-refer.

Contact details:

- Tel: 020 8699 3066
- Email: lewisham.familysupport@nas.org.uk

NEXT DROP IN SESSION

Monday 3rd October, 10.30am -12.30pm at Kaleidoscope

An opportunity to chat with an experienced Family Support Coordinator and find out about strategies, services and benefits that can support you.

No appointment necessary – just drop in

INTERNET SAFETY WORKSHOPS



This week, the children in years 5 and 6 had a workshop from the Breck foundation which helped them to understand how they can reclaim the internet. The session taught the children the warning signs of online grooming and exploitation and we discussed ways to keep ourselves safe online.

Dates For Your Diary

Monday 3 rd October	Black History Month Launch
Tuesday 4 th October	'Full Time Meals' campaign – Torridon Take Over Day
Friday 7 th October	Black History Month Caribbean Music Workshops
Tuesday 11 th & Thursday 13 th October	Parent and carer open evening
Thursday 13 th October	School Photos
Friday 14 th October	Deadline for parent governor nominations
Monday 17 th October	Resource Base Hollywood Bowling Festival
Tuesday 18 th – Thursday 20 th October	Whole school musical performances (6pm)
Friday 21 st October	Non Uniform Day
Monday 24 th – Friday 28 th October	HALF TERM HOLIDAY
Monday 31 st October	Back to school
Thursday 3 rd November	Year 6 SATs meeting for parents and carers (5pm)
Saturday 5 th November	PTA Gardening Day
Thursday 10 th November	PTA Coffee Morning Year 2 SATs meeting for parents and carers (5pm)
Tuesday 15 th November	Resource Base Primary Panathlon
Thursday 17 th November	Year 4 Multiplication Check meeting for parents and carers (5pm)
Friday 18 th November	Children in Need
Thursday 24 th November	Year 1 Phonics Screening Check meeting for parents and carers (5pm)
Friday 25 th November	INSET DAY
Week beginning 28 th November	Whole school assessment week
Thursday 8 th December	Christmas Disco
Tuesday 3 rd January	FIRST DAY OF THE SPRING TERM
Friday 16 th December	Last Day of Term (2pm Finish)

Toilet Training Sessions

Drop-In

**Mondays 12th September
& 10th October**

1.00pm - 2.00pm

Ladywell Children & Family Centre
30 Rushey Mead, SE4 1JJ

**Wednesdays 28th September
& 9th November**

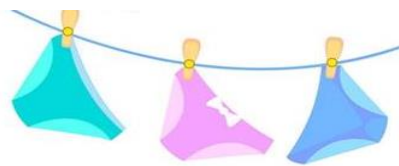
1.00pm - 2.00am

Evelyn Children & Family Centre
231 Grove Street, SE8 3PZ

Tuesday 1st November

1.00pm - 2.00pm

Bellingham Children & Family Centre
109 Randlesdown Road, SE6 3HB



**Join us at these drop-in
sessions to learn tips
and techniques for
successfully toilet
training your child.**

- When to start
- What are the key signs?
- How to get started
- Ten top tips
- Moving on to dry nights
- Your questions answered

**For children aged
18 months to 5 years**

Election of PTA Committee members 2022

Would you like to become more involved in the planning and delivery of events organised by the PTA? Please email friendsoftorridonpta@gmail.com to express your interest in one of the following roles:

Key Committee positions:

- CHAIR and Co-Chair
- TREASURER
- SECRETARY and Co-secretary

Other open Committee positions:

- Green Team Lead
- Reading Room Lead
- Uniform Lead
- Event Leads
- General Committee Members

Timeline

Thursday,
6/10

Nomination deadline

Friday, 7/10

Voting by Google
Forms opens

Thursday,
13/10

Voting closes

Friday,
14/10

New Committee
announced

Year 6 girls - James Allen's Girls' School (JAGS) taster days

Taster session 1:

JAGS warmly invites potential applicants to join them for their virtual taster after school on Tuesday, 11 October from 4.30pm – 5.45pm. This will consist of two fun and engaging lessons in History and French Cooking, and will take place via an interactive Zoom webinar (using question and answer surveys).



Taster session 2:

The Music taster morning is a fun and engaging opportunity for young aspiring musicians to meet, chat and play music in small ensembles with some of the JAGS Music scholars. The taster morning is designed for **instrumentalists** (regretfully not for pianists or vocalists) who play an orchestral instrument to Grade 5 standard or above and are interested in applying for an 11+ Music Scholarship. The music won't need to be prepared in advance: quite simply come along and enjoy the experience. At the end of the taster morning, parents will have the chance to hear what the group has been preparing! **Attendees should bring their instruments with them.**

Friday 14 October 2022 9:30 AM - 11:30 AM

If you think your daughter may be interested in either of the taster days, please contact JAGS to book a place: enquiries@jags.org.uk

Lewisham EP Connect

Lewisham EP Connect

A TELEPHONE SERVICE FOR PARENTS & CARERS

Talk to one of the Lewisham **Educational Psychologists (EPs)** about issues related to your child. We can offer support to think about..

How to help your child with their learning/ homework

Managing routines at home

School issues, e.g. peer relationships / friendships, learning

Other services that might be helpful to you

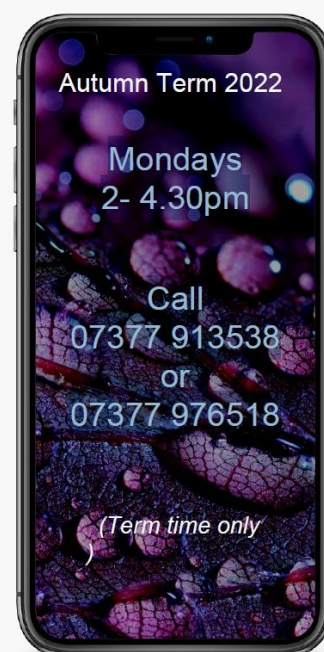
Supporting your child's well-being

A listening ear for you... How you are feeling?

Fears and worries associated with return to school after lockdown

Understanding children's feelings and behaviour

Please let us know if you are calling about a looked after child



BLACK HISTORY MONTH

Black History Month runs nationally every October to commemorate the history, achievements and contributions of black communities in the UK.

There are many events taking place in Lewisham that celebrate the history, learning, talents and ideas of our black communities during the month of October and beyond. Lewisham Council are proud to launch a year-round commitment which acknowledges the legacies and contributions of our black communities: Black History Lewisham 365.

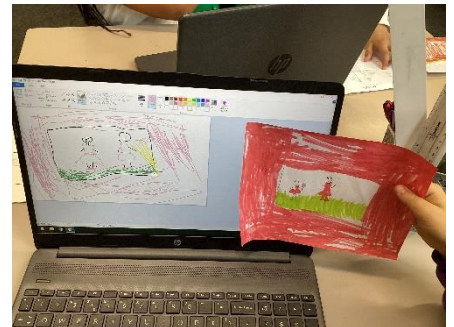
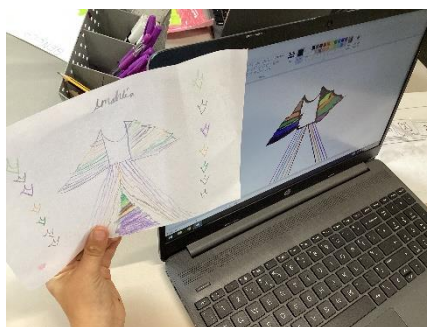
Black History Lewisham 365 will explore Black history and culture during the month of October and beyond.

To find out more about events, click here: [Lewisham Council - Black History Lewisham 365](#)



Year 3 Computing

This week year 3 were recreating their hand drawn pictures using the paint software on laptops. They discussed the benefits and disadvantages of using a digital device compared to non-digital methods.



FOXGLOVE FOREST SCHOOL





Nature based Forest School
sessions for children!
Singing, stories and play!

follow @foxgloveforestschool

Grow Mayow
Community Garden, London
Weekdays 10 - 11:30
(15 mths - 5yrs old)

Book your place now at
www.foxgloveforestschool.co.uk

For general enquiries contact Info@foxgloveforestschool.co.uk



Stars of the Week

Week commencing 26.09.22

Class	Name	Reason
Nursery FT	Beaudi	For his willingness to learn and for always following the Nursery rules. Well done Beaudi!
Nursery AM	Emma	For settling into the Nursey routine and showing confidence exploring the Nursery environment. Well done Emma!
Red Class	Eve	For being ambitious about learning and following instructions. Well done Eve!
Blue Class	Carter	For his enthusiasm and curiosity to learn, and for his excellent listening skills. Good job Carter!
Yellow Class	Rowan	For being an excellent role model. Well done!
1G	Evie	For always trying her best in all areas of her learning! She has made a huge amount of progress in her writing and in maths. Well done!
1M	Anice	For showing great enthusiasm in our English lessons and for her fantastic writing. Well done, Anice!
1N	Salome	For always being kind and polite and always doing her absolute best in any task she is given. Thank you, Salome!
2G	Amaya	For her progress in her writing and independent learning. Keep it up!
2S	Elsie	For her brilliant dragon poem! Well done for including such creativity and imagination into your work 😊
2SW	Joshua	For being kind to others and always being helpful to everyone! Super job Joshua!
3A	Ellis	For showing excellence in all areas of learning, especially his story about our adventure in Lewisham. Well done!
3L	Rhianni	For showing excellence across all subjects; reading at home, helping others in maths and putting her hand up more often!
3S	Miracle	An excellent attitude towards her learning in all areas of the curriculum. Well done for being a determined member of our class.
4C	Kiron	For excellent effort in maths lessons this week.
4V	Radiatoulaye	For always striving for excellence in her learning and never giving up.
4W	Ariz	For consistently choosing to show excellence in everything he does at school. Continue to be an excellent class role model.
5L	Sariah	For showing fantastic enthusiasm and effort in her learning! Well done Sariah 😊
5R	Rocco	For always demonstrating excellence in all his learning. He always accepts challenges and showed great resilience when problem solving in Maths this week. Well Done!
5S	Shahan	For showing excellence in your behaviour and in the work you produce. For being a role model to the whole class. Well done!
6A	Sedrach	For consistently displaying excellent behaviour for learning and being resilient in his assessments this week.
6C	Ava	For your excellent work in history. You have demonstrated your understanding of how London has changed over time.
6L	Melika	For always concentrating on your learning and putting the best effort into everything that you do! Well done!
Resource Base	Gabriel	For his excellent, smooth integration into his year 2 class this week.
	Naoki	Foe a great audition and his part in Bugsy Malone.

RAPUNZEL - Family Theatre in the Sydenham Centre

Family theatre for all ages

Two shows every Sat & Sun at 3pm & 4.30pm

FROM SAT 17 SEPT - SUN 16 OCT 2022*

*No performances Sun 25 Sept & Sat 1 Oct

**SPONTANEOUS
PRODUCTIONS**
in association with **KIRKDALE BOOKSHOP** presents

@SponProdsTC



Suitable
for families
with children
of all ages

Rapunzel

Adapted from the classic fairy tale by
JONATHAN KAUFMAN and **ANITA OJUKWU**
Original songs and music by **PAUL TORNBOHM**

SHOW DATES

Sat 17 Sept, Sun 18 Sept,
Sat 24 Sept, Sun 2 Oct,
Sat 8 Oct, Sun 9 Oct,
Sat 15 Oct, Sun 16 Oct 2022

Show lasts approx 45 mins

UPSTAIRS AT THE SYDENHAM CENTRE

44a Sydenham Rd SE26 5QX

Let down your hair!

Advance
booking
recommended

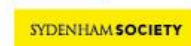
BOOK ONLINE HERE spontaneousproductions.co.uk/rapunzel



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Supporters

10 tips for parents and carers

HOW TO BE GREEN WITH YOUR TECH

Right now, humans aren't living sustainably: we're taking too many resources and not leaving the world in a fit state for future generations. Old tech products are a clear example: if we throw them away, the poisonous lead and mercury inside can get into the food chain through the soil. Recycling tech, though, has its own issues: it's often exported to countries where the law doesn't protect people from hazards. Whole villages (including children) sort through discarded devices to remove useful parts and substances like gold, silver and copper – often putting their health at risk. Finding ways to re-use tech is the greenest option.

So what can we do with those cupboards and drawers full of old phones and unwanted computers?
Reuse, recycle, donate or sell them!

1 DONATE THEM TO CHARITY

There are lots of charities that redistribute unwanted tech to worthy causes, either in the UK or in developing nations. If your old products are still working, this is a great option – as it means that new products don't have to be made. Search online for your nearest place that does this.

2 REMEMBER THE BATTERIES

Almost all batteries can be recycled – even the little 'button' ones from smaller gadgets. You could choose a box at home or school to keep used batteries in, and then take them to a designated place that collects them. Be very careful, though – button cells can be deadly if eaten by small children or pets.

3 USE YOUR ONLINE SAFETY KNOWLEDGE

If you're recycling, selling or repurposing any of your devices, make sure that all your personal data, private photos and so on have been deleted before the tech leaves your hands or is connected online.

4 REUSE THEM

Old smartphones can be used as webcams, security cameras, baby monitors or pet cams: there are apps that will configure them to do this. You can also turn an outdated phone into a TV remote control, an alarm clock that wakes you up with your favourite track, or a media centre you can take to places where you wouldn't risk your new phone.

5 TURN IT INTO SOMETHING NEW

Smartphones are more powerful than most older computers. If you have an unwanted android phone, it's quite easy to create a new computer – you could use an old TV as a monitor, meaning you just need a mouse and keyboard. There are also small devices you can buy which let you do the same with iPhones.

6 RETURN THEM

Return devices to the manufacturer or retailer you bought them from. Some manufacturers take responsibility for their products and accept them back, to refurbish and redistribute. If they don't, you could contact them and ask why: the more consumer pressure there is on shops and manufacturers, the more likely they are to act in a greener way.

7 SUPPORT SCIENCE

Let your old devices help modern research. Scientists currently investigating topics like far-off star systems, cancer treatment and earthquakes need enormous computing power. If your unwanted device is WiFi enabled, for example, you can connect it to a network so that it can boost scientists' research.

8 SELL THEM

This is also a green option as it means that fewer devices have to be produced. On top of that, you could also donate some of the money you make to an environmental charity.

9 RESEARCH DISPOSAL METHODS

If your device is beyond repair and no one wants it, get rid of it safely through a specialist tech disposal company. Check that your device won't be shipped off to another country for processing.

10 KEEP THINKING

There's no such thing as 'too many' ways to help our planet! If you come up with a better idea than ours, contact National Online Safety and tell us.

Meet Our Expert

Neil Atkin teaches scientific literacy through his non-profit organisation, Rubbish Science, which engages people in working together to live more sustainably and creatively uses waste to help address real-life problems. There are a range of environmental activities you may like to try on their website: www.rubbishscience.com.



National Online Safety

#WakeUpWednesday

USEFUL LINKS: Parents to go to for advice on how to use tech safely: www.nationalonlinesafety.com | How to turn an old smartphone into a computer: www.madeusefrom.org/ways-to-turn-smartphone-into-go | The UK's official recycling website: www.gov.uk/government/organisations/waste-producer-supplier-responsibility | How to find a recycling centre: www.recycling.gov.uk | Find your local tech recycling centre: www.reycle.org.uk



www.nationalonlinesafety.com



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