



Hazelbank Road, Catford, London, SE6 1TG

Headteacher: Manda George

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23rd September 2022

Dear parents and carers,

Another fun-filled week at Torridon. The children were treated to some wonderful workshops from the 'Fantastic FRED Experience'. The workshops were designed to help children to understand the importance of looking after their mental health. Children will be bringing home some leaflets to share with you. Ask them about their learning and see what they can remember.

Next week, the children in years 5 and 6 will be having online safety workshops from the Breck Foundation. The workshops are designed to teach children the importance of keeping safe when gaming and socialising online and alert them to some of the potential hidden dangers which can be masked on social media.

Our play street this afternoon was a huge success. Thank you to our fabulous Friends of Torridon PTA for organising and running the events and to all who contributed delicious goodies for the refreshment stand. The children had a brilliant time – as you will see from the photographs on the next page.

Thank you for your patience with our technical problems with home learning platforms this week. Our ICT team have worked hard to fix the issue and all should be back to normal. If you are still having difficulty logging in, please get in touch and one of the team will be able to help you.

We hope you will be able to join us at the PTA Annual General Meeting on Thursday. Please come along and see some of the plans for this year and ways in which you may be able to help. We look forward to seeing you there.

Have a lovely weekend.

Best wishes

Manda George
Headteacher



PTA Play Street

We had such fun playing in the street with no cars to worry about. Thank you to the PTA for organising our play street this afternoon.



Parent Governor Elections

Last summer term the Governing Board welcomed Bethan Webb as a parent governor and she joins committee meetings this term.

But life does not stand still and there is a further opportunity to nominate a parent governor. Would YOU like to be part of the team delivering Torridon's vision and value?

"The school has a compelling vision for an inclusive, high-quality education for all which enables our children to achieve and thrive regardless of background. Our Core Values underpin all policies and practice. To this end, leaders at all levels ambitiously and purposefully work to achieve short- and long-term goals".

Manda and her team have daily front-line responsibility for this. The governing board is a group of community representatives who work with Manda to keep the Vision and Values fresh and relevant, to hold school leaders to account for the educational performance of the organisation and its pupils, and the performance management of staff and to ensure that all resources are being used effectively

The Governing Board is a diverse group of people - although the men are seriously outnumbered! There are 4 parent governors (including this vacancy) so you will not be alone. As a parent governor you will bring a parent's perspective to the discussion as well as your own personal skills and insights. It's a fine line to tread, but you're not there to speak on behalf of parents. The Governing Board needs your perspective to help the board make good decisions and maintain a link between governance and the parent community. You **don't** need to be an expert, training is available and your fellow governors are also a good source of information. THEY will also look forward to learning about YOUR experience and perspective as a parent/carer.

What is the time commitment?

Governors currently meet as a full Governing Body 4 times each year, with additional regular committee meetings and/or Working Party meetings throughout each term. Papers for each meeting are circulated 7 days ahead. They will usually take a couple of hours to read through and think about the questions you will want to ask.

We also ask each governor to be a link governor taking a special interest in a particular area linked to the School Improvement Plan or another identified priority. Each link governor will liaise with the school to work out the best way for them to monitor their area. Most times this will involve visiting during the school day but the last year has shown that there are some things which can be done over MS Teams. After the visit governors write up a short Note of Visit so that their findings can be shared with other Governors.

If you are interested please complete and return a personal statement, explaining why you would like to fulfil the role of parent governor. (A template can be found on the website or the office can provide a hard copy). Please email your statement to

governors@torridonprimary.lewisham.sch.uk by **MIDDAY on FRIDAY OCTOBER 14TH.**

You can meet Manda and the Chair of Governors for a chat about the role Thursday September 29th after school. Please email the school (admin@torridonprimary.lewisham.sch.uk) if you would like to talk to them at this time.

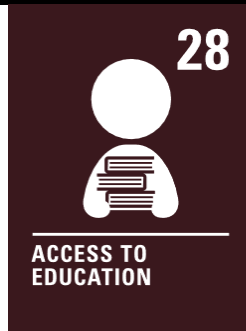
Dates For Your Diary

Week beginning Monday 26 th September	Year 6 Assessment Week
Monday 26 th September	Year 3 Lewisham History Walk
Tuesday 27 th September	Year 6 Meeting for parents and carers re:sschool journey
Thursday 29 th September	Year 5 and 6 Online Safety Workshops
	PTA Annual General Meeting
	Headteacher and Chair of Governors meeting prospective parent governors
Tuesday 4 th October	'Full Time Meals' campaign – Torridon Take Over Day
Tuesday 11 th & Thursday 13 th October	Parent and carer open evening
Thursday 13 th October	School Photos
Monday 17 th October	Resource Base Hollywood Bowling Festival
Tuesday 18 th – Thursday 20 th October	Whole school musical performances (6pm)
Friday 21 st October	Non Uniform Day
Monday 24 th – Friday 28 th October	HALF TERM HOLIDAY
Monday 31 st October	Back to school
Thursday 3 rd November	Year 6 SATs meeting for parents and carers (5pm)
Saturday 5 th November	PTA Gardening Day
Thursday 10 th November	PTA Coffee Morning
	Year 2 SATs meeting for parents and carers (5pm)
Thursday 17 th November	Year 4 Multiplication Check meeting for parents and carers (5pm)
Friday 18 th November	Children in Need
Thursday 24 th November	Year 1 Phonics Screening Check meeting for parents and carers (5pm)
Friday 25 th November	INSET DAY
Week beginning 28 th November	Whole school assessment week
Thursday 8 th December	Christmas Disco
Friday 16 th December	Last Day of Term (2pm Finish)
Tuesday 3 rd January	FIRST DAY OF THE SPRING TERM

After School Clubs

	Reception	Years 1 and 2	Years 3, 4, 5 and 6
Monday	Dance Club	Mini Makers African Dance	Games Club Chess Club Create (iPads) Multi-sports Rock band
Tuesday		Book Club Forest School	Choir Let's Talk Active Club Arts Award Maths Club
Thursday	Cooking	Ukulele Lego Club	Making Beginners Football Typography Design Outdoor Games
Friday			Mindfulness Steel Pans

Rights Respecting School



Article 28 – The Right to Education

‘Every child has the right to an education. Primary education must be free and different forms of secondary education must be available to every child.’

Article 29 – Goals of Education

‘Education must develop every child’s personality, talents and abilities to the full.’

This week we have been exploring the different ways in which we can learn. We then discussed what we thought were the most important things for children to learn about in school.

Polio Vaccination



Extra polio vaccine dose for children in Lewisham



Children aged **1 to 9 years** old in London are being offered a dose of polio vaccine. For some children this may be an extra dose on top of their routine vaccinations. In other children it may bring them up to date with their routine vaccinations.

There are signs the virus may be spreading in London and the number of children vaccinated in London is lower than it should be. Boosting immunity in children should help protect them and reduce the risk of the virus continuing to spread in Lewisham and beyond.

If your child is eligible for an extra dose, the NHS will contact you to ask you to book an appointment for the vaccine.

You can visit a walk-in clinic listed below (1-9 years of age):

Day	Date	Time	Venue
Saturday	24 Sept	9am-1pm	Goldsmiths Community Centre, Castillon Road SE6 1QD
Monday	26 Sept	2pm-6pm	Goldsmiths Community Centre, Castillon Road SE6 1QD
Tuesday	27 Sept	11:30am-4pm	Evelyn Community Centre, 9 Wotton Rd, Deptford SE8 5TQ
Thursday	29 Sept	2pm-5:30pm	Elliot Bank Children and Family Centre, Thorpewood Avenue SE26 4BY
Friday	30 Sept	2pm-5:30pm	Bellingham Children Centre, 109 Randlesdown Road, Bellingham SE6 3HB

If your child is aged **5 to 9**, you can book a polio vaccination appointment at [Lewisham Hospital](#).

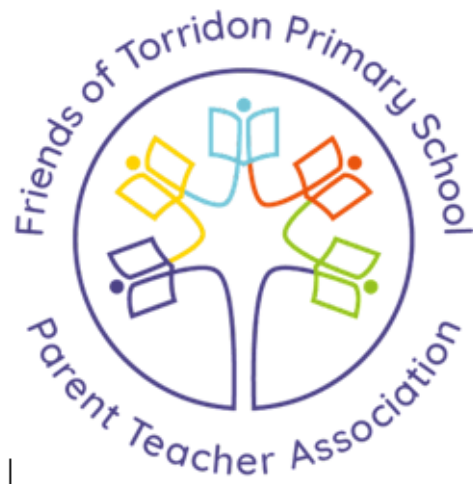
Clinics are between **8am and 5pm** on **Mondays, Fridays, and Saturdays** in September. Please book an appointment by [clicking here](#).

If your child is aged **1 to 4** contact your GP.



[List of London Polio vaccination sites](#)

[South east London ICS Polio information](#)



Please join us for the
Friends of Torridon PTA Annual General Meeting:

Torridon Primary School Hall
Thursday 29th September 9am

Everyone is Welcome
Stay informed and get involved

This meeting will also be streamed and a link will be sent out next week

Making Club



We had a very exciting start to Making Club this week. We have started changing the floor sheet from Year 6's production of *The Lion King* in the Summer into part of the backdrop for our upcoming school production of *Bugsy Malone*!

We looked at mixing different tones and tints of red, and making marks with lots of different media.



Book Signing with Oliver Jeffers

Book Signing with Oliver Jeffers



Children's book author and illustrator Oliver Jeffers MBE is visiting the shop on **Thursday, 6 October at 4pm** to sign copies of his new book, *Meanwhile Back On Earth*, coming out on October 4th and available to pre-order now.

A blend of art, science and adventure, *Meanwhile Back On Earth* tells the story of a father who takes his two children on a thrilling out-of-this-world adventure into space, and invites them to look back at Earth and the conflicts that have taken place since the beginning of time. It is a brief history of the world and a whistle-stop guide to the universe, all rolled into one - with an enduring message that what binds us together matters more than what sets us apart.

If you are unable to attend this day, we can get Oliver's book signed for you! Please e-mail us to arrange collection or shipping (UK only).

For more information, click here: [Tales on Moon Lane Bookshop](#)

Wellbeing Hub



Vicky has been working hard to make sure the wellbeing hub looks beautiful and is ready for her nurture groups. Please remember to get in touch if you have feel your children would benefit from some emotional support. Vicky will be happy to discuss any concerns you may have.

Fantastic Fred Experience

This week the children have really enjoyed participating in the Fantastic Fred workshop. They learned all about how to look after their mental health.

Remember Fred stands for, **F**ood, **R**est, **E**xercise, **D**evice. We hope the children will put their learning into practice.



Year 3 really enjoyed the Fantastic Fred workshop. The children found out about how to support their mental health.

Lost Keys

Thank you for those who have donated uniform for our uniform exchange. These keys were found amongst the donated uniform. If you recognise them or they belong to you, please let a member of the school admin team know so we can return them safely.





Stars of the Week

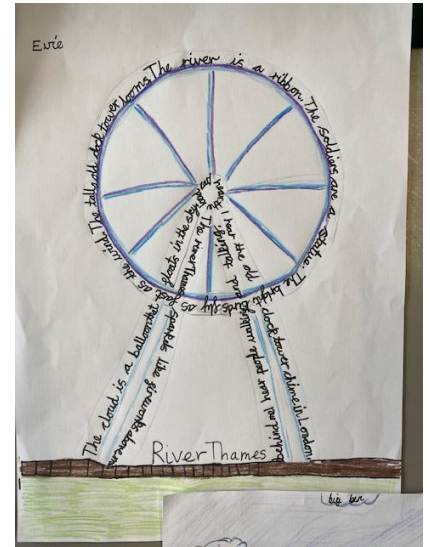
Week commencing 19.09.22

Class	Name	Reason
Nursery FT	Frankie	For settling well and following all the Nursery rules. Well done!
Nursery AM	Mubashir	For settling well and gaining confidence in Nursery. Well done!
Red Class	Nia	For showing excellent behaviour during carpet session and for demonstrating positive attitude towards learning.
Blue Class	Ava	For always having a positive attitude to learning. Well done!
Yellow Class	Carlos	For being such a good role model, especially at lunch times. Well done!
1G	Rowan	For always trying her best with her learning and always showing kindness to all in 1G. Well done!
1M	Chloe	For always being super helpful and using her manners. Well done!
1N	Danilo	For his fantastic writing! He has been focused on his learning and tried his best and has made good progress already. Keep up the great work!
2G	Sophie	For her beautiful handwriting and for her wonderful expanded noun phrases. Keep it up!
2S	Cairo	For his positive attitude to learning and for always trying his best! Your friendly manner is a pleasure to have in the classroom 😊
2SW	Luca	For working so hard during English sessions and consistently editing his writing! Keep up the good work Luca!
3A	Sasha	For having such determination in all aspects your learning, and your consistent kindness towards everybody, including yourself. Well done!
3L	Vega	For embracing diversity and including others in her play and her learning.
3S	Edward	For being a helpful and supportive member of the class. Well done Edward you are a star!
4C	Thiksga	For being an ardent worker, very helpful and always on task. Keep it up!
4V	Tavarie	For always having a positive attitude to his learning and for never giving up even when he finds it challenging.
4W	William	For making a tremendous effort to persevere through a diverse range of learning tasks. Keep up the hard work!
5L	Ismael	For showing a great attention to detail when answering inference questions and using the most appropriate evidence from the text. Well done Ismael!
5R	Tobi	For excellent, thoughtful contributions to class discussions this week. Well Done!
5S	Jack	For always having a positive attitude towards your learning and always putting great effort in everything that you do! Well done, keep it up!
6A	Roc'El	For her outstanding behaviour for learning and always being supportive, helpful and kind towards all her peers, thereby displaying the core value of diversity.
6C	Joshua	For working very hard in Religious Education this week – well done!
6L	Mason T	Mason has shown great perseverance in maths and a great attitude towards his learning when presented with a challenge.
Resource Base Blue	Jesse	For doing some fantastic independent writing.
Resource Base Green	Gregory	Well done for participating in some great learning this week!

Year 4 Poetry



This week, the children in year 4 wrote poems about the city of London using descriptive language, similes and metaphors. They enjoyed publishing their poems into shapes of famous London monuments.



Half Term Tech Camp



OCTOBER HALF TERM!

TECH

HOLIDAY CAMP

ONE WEEK OF SPOOKY TECH FUN!



Creative



Spooktacular



Fun!

St George's Primary School
 Tynley Road, Bromley, Kent, BR1 2RL
 FIND YOUR NEAREST CAMP ON OUR WEBSITE
www.nexttthing.education



CHILDCARE
VOUCHERS
ACCEPTED

OCTOBER HALF TERM 2022

What's on?



Revoluting Robots
& Creepy Coding



Magical Minecraft
& Insane Inventions



LEGO & Eerie
Engineering



Vampire Videography
& Virtual Reality



Terrifying
Tech Fun

Different activity theme each day, please check website for your camps activities

17TH 21ST OCTOBER LIMITED SPACES
24TH - 28TH OCTOBER LIMITED SPACES
 AGES 5 - 11 MULTI DAY BOOKING DISCOUNTS!

 **A great environment!**

"My kids loved it and we've rebooked for the next camps in October. The staff were also super helpful. Would 10/10 recommend!"
 St Bernadette Primary School

★★★★★



STEP 1

SCAN THE
QR CODE



STEP 2

FIND YOUR
NEAREST CAMP



STEP 3

USE OUR COUPON
TO GET £5 OFF

5OCT



Packed Lunch and Snacks
(NOT FREE)



Water Bottle



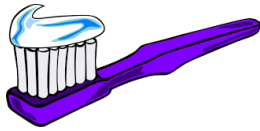
Medication
if Required



Halloween Costume
for Friday (optional)

www.nexttthing.education

Looking After Little Teeth



NHS
King's College Hospital
NHS Foundation Trust



The Oral Health Promotion team will be hosting a Q and A session via Zoom for parents and carers on:

Wednesday 21st September – 9.30am

Zoom link: <https://london.zoom.us/j/81188818089?pwd=OXE5UjZscm9kN1RlUWpNODhEaGp1RGdxRz09>

Thursday 22nd September – 2.00pm

Zoom link: <https://london.zoom.us/j/81188818089?pwd=OXE5UjZscm9kN1RlUWpNODhEaGp1RGdxRz09>

Join us for a friendly and interactive session for top tips on how to look after teeth.

Supporting Children with ASD



Drumbeat Outreach

Early Years Parent Training

These workshops are over four sessions:

Part One and Two: Exploring social communication differences, the ASD spectrum and the dyad of impairment.

Part Three and Four: Interventions and ways of supporting your child at home.

Part One: Tuesday 1st November 2022: 7.30-9pm

Part Two: Tuesday 8th November 2022: 7.30-9pm

Part Three: Tuesday 15th November 2022: 7.30-9pm

Part Four: Tuesday 22nd November 2022: 7.30-9pm

These sessions will be webinars.

Please email outreach.admin@drumbeat.lewisham.sch.uk or telephone

020 7635 9022 to reserve your place.

Drumbeat Early Years Outreach Team



Sports Opportunities



blue tennis

BOOK NOW

FOR 4-15 YEAR OLDS
MONDAY 17TH OCTOBER - FRIDAY 28TH OCTOBER
MONDAY TO FRIDAY - 9AM-3PM - £28.00 PP P/DAY
MONDAY TO FRIDAY 9AM-1230PM - £20 PP P/DAY
(TENNIS & TENNIS GAMES ONLY)
EQUIPMENT PROVIDED - GROUPED IN AGE & ABILITY
BRING A PACK LUNCH, WATER AND £1 FOR THE TUCK SHOP!

TENNIS+BASKETBALL+GOLF+BASEBALL+HOCKEY+
TIN CAN ALLEY+JENGA+FOOTBALL+CRICKET+
TABLE TENNIS+BADMINTON+MAGNETIC DARTS+
SKITTLES & MUCH MORE

For bookings and further information contact
Martin at Blue Tennis on 07528 319723
or email soundsman.mc@gmail.com
Kent County Cricket Ground, Worsley Bridge Road, Beckenham, BR3 1DR
LTA qualified coaches with DBS + first aid certification
We operate a wet weather programme & go inside subject to availability
We use sponge balls that enable the children to continue to practice on core skills

 www.bluetennis.co.uk



BROMLEY FOOTBALL COACHING COURSE



AT: HABERDASHERS' KNIGHTS ACADEMY
LAUNCELOT ROAD, BROMLEY, KENT, BR1 5EB

STARTING: MONDAY 3RD OCTOBER 2022

Mondays:	Group 1: School Years Reception and Year 1.....	6.00pm-7.00pm
	Group 2: School Years 2 & 3.....	7.00pm-8.00pm
	Group 3: School Years 4, 5, 6 & 7.....	8.00pm-9.00pm

Dear Parents,

I am pleased to inform you that, due to the huge success of our football courses over the last 21 years, we are following up the football coaching programme for the season starting in October 2022. The course will run for approximately 10 weeks and the programme is for boys and girls aged between 4 and 12.

About our Course

- The unique practice techniques are specifically designed to work with children of all abilities, ranging from the absolute beginner to the more advanced player.
- The course is run by F.A. qualified coaches, who are DBS checked, and hold an advanced premier skills qualification, they are currently working with children, enabling them to learn essential football techniques, building **CONFIDENCE**, improving **FITNESS** and providing the most important ingredient **FUN!**
- Children will be supervised at all times, although parents are welcome to stay and watch.
- Each child will be provided with a football for individual practice and their progress will be recorded each week.
- It is an indoor course held in the sports hall, therefore children should wear trainers and sportswear.
- Ex Premier League Birmingham City, West Bromwich Albion and Fulham player Geoff Horsfield quotes, "I've coached on these courses with the team and they are fantastic in the way they deliver their coaching sessions!"
- Ex England World Cup star and Sky Sports pundit Paul Merson quotes, "I have presented trophies to the children on these courses and it's great to see the smiles on their faces and sense of achievement!"

Presentation of trophies and award

- On the final week of the course we hold a presentation, whereby **EACH CHILD WILL RECEIVE AN ENGRAVED TROPHY.**
- Children also have a chance to win many other special individual awards and trophies for various skills, including 'premier league' and 'penalty shoot out' competitions.
- Parents and friends are most welcome to attend the presentation and watch the children being presented with their awards, as this encourages a fantastic atmosphere.

The cost of the course is £8 per week; payment is made in 2 simple instalments, with the first payment of £40 for the first 3 weeks due on week 1. (Second payment will not be due until week 6 which will cover the second half of the course). **Please Note:** Places are limited, therefore bookings will be taken on a first come, first served basis.

Mark Frith (course co-ordinator)

www.soccercoachinguk.co.uk

TO RESERVE PLACES PLEASE TEXT:
BROMLEY + CHILD'S NAME + AGE + GROUP NO. (1, 2 or 3)
and receive confirmation by text to:
07827 322780

What Parents & Carers Need to Know about

REDDIT

R/FUNNY

R/TRENDING

AGE RATING

13+

R/MEMES

WHAT ARE THE RISKS?

Reddit describes itself as a social news website where users connect and share stories, opinions and support; debate issues; ask questions; and chat to people with similar interests. Discussion topics are organised into communities (known as subreddits) that are created, run and populated by users, who remain anonymous throughout. Free speech is encouraged, and users – or 'redditors' – can vote posts 'up' or 'down' so they get more (or less) attention. Reddit is free to join, although signing up to Reddit Premium unlocks an advert-free version of the platform.

MINIMAL MODERATION

As sharing opinions on Reddit is easy (and anonymous), offensive or age-inappropriate content is frequently posted. Moderation by admins and bots does occur, but can't cover every community – so Reddit relies on users voluntarily moderating these spaces. Subreddits marked NSFW ('not safe for work') can contain anything from profanity to pornography, so are not suitable for under 18s.

HARASSMENT AND TROLLING

If someone on Reddit doesn't agree with your child's opinion, they may feel compelled to say so – in no uncertain terms. This could lead to a public bombardment of hurtful messages. Likewise, Reddit users are highly likely to encounter trolling (where someone posts a deliberately inflammatory comment to provoke a reaction) on the platform, which can be distressing.

FAKE NEWS

Absolutely anyone can post a story on Reddit, so sub-reddits are occasionally prone to bias, misinformation and opinions being repeated as if they are facts. Fake news articles often grab users' attention with catchy or controversial headlines, and Reddit is no exception. It's important that young people are able to identify fake news – and disregard it rather than sharing it.

GIFTING AND SPENDING

Users can gift awards to the authors of posts that they like (thereby encouraging their favourite redditors to keep contributing) by spending Reddit Coins. This virtual currency can be bought on demand (with real money) or received as part of the paid-for premium package. Users sending a gift can also leave an anonymous private message, a feature which has been abused by groomers.

'SUPPORTIVE' STRANGERS

By definition, Reddit users interact with strangers in public through their community – but also have the option to do so privately. Groomers could repeatedly up-vote a child's comments or respond encouragingly to their posts to win their trust. Once they've built a rapport, the predator then begins messaging the child in private to obtain personal details or try to lure them into meeting in person.

NEVER-ENDING NOTIFICATIONS

Reddit's default is for all notifications to be on. There are a total of 28 types of notification on the platform, ranging from chat messages and comments to updates and mentions of username. This would lead to a child's device being pinged almost constantly with alerts, frequently causing them to be distracted by incoming notifications rather than being present in the moment.

Advice for Parents & Carers

SORT THE SETTINGS

Reddit's user settings can help ensure that minors don't view adult material. Under the 'Feed Settings' tab, switch the Adult Content toggle to 'off', and enable Safe Browsing Mode (this blurs out any explicit images). Also in settings, you can turn off all unnecessary notifications, to prevent your child being distracted by every post or comment on Reddit, allowing them some tech-free time.

ENCOURAGE CRITICAL THINKING

It can often be difficult to tell if something online is real or fake – particularly for young people. It's important to encourage your child to double-check with reputable sources if what they've read is genuine. Remind them to consider what motives might be in the message – and to watch out for scams. Chatting about this regularly helps to develop critical thinking skills and good online habits.

RISE ABOVE IT

If a person says something critical or offensive to your child on Reddit, it's natural that they'll want to respond. Explain to them, however, that is exactly the reaction that trolls look for. Don't give them the satisfaction; instead, report the comment to Reddit Support for investigation. Blocking a user stops them from messaging or following your child on the platform.

AVOID PRIVATE MESSAGING

Through their Reddit profile, young people can control who's able to message them privately – with options including 'no-one' and 'accounts older than 30 days'. These controls help ensure potential groomers can't talk to your child in private, and that Reddit's admins and other users will be able to moderate and report anything they spot which causes them concern.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



Sources: <https://www.reddit.com/policies/aging-requirements> (september 12 2022 #EEA) <https://www.reddit.com/policies/content-policy>



National Online Safety®

#WakeUpWednesday



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 21.09.2022

Community Event

