



Hazelbank Road, Catford, London, SE6 1TG

Headteacher: Manda George

Telephone: 0208 697 2762

Email: [admin@torridonprimary.lewisham.sch.uk](mailto:admin@torridonprimary.lewisham.sch.uk)

24<sup>th</sup> June 2022

Dear parents and carers,

It has been another busy week at Torridon. We continue to be immensely proud of all our children who have represented Torridon at external events. 40 children represented Torridon at the Hope 4 Justice event on Saturday – you can read more about the event later in the newsletter. A group of year 5 and 6 children represented Torridon at the Lewisham Games Cricket event and received a silver medal. They worked well as a team. Well done to all of them.

This week our year 6 have had a graffiti workshop. They have created two exciting walls in our playground. There are a number of events for the rest of this term for all year groups. Please make sure that you check the dates for your diaries section in this newsletter. There will be further information about our sports days (R and N Tuesday 12<sup>th</sup> July am; KS1 and 2 14<sup>th</sup> July) coming out next week.

Thank you for all the donations for the school fair today. We are looking forward to seeing as many of you as possible at the event next Saturday.

Have a restful weekend.

Best wishes

Manda George  
Headteacher

## ADDITIONAL BANK HOLIDAY



As I am sure you are aware, there was an extra Bank Holiday on 3<sup>rd</sup> June to commemorate the Queen's Platinum Jubilee. As this fell within the half term holiday, schools are able to identify an alternative date for the holiday. School will be closed to staff and children on **Friday 8<sup>th</sup> July 2022**.

# SUMMER FAIR – SATURDAY 2<sup>ND</sup> JULY



There is still time to sign up for the Summer Fair volunteer/ donation. Please take a couple of minutes to complete this form if you're able to get involved:

<https://forms.gle/Ryu4rii6TQkL3CTh8>.

There will be lots of stalls including a bouncy castle, a bouncy adventure course, barbeque, cake stall, a bar, face painting, glitter tattoos, games such as beat the goalie to name a few!

We look forward to seeing you there.

Thanks!

Friends of Torridon PTA

## YEAR ONE DT

Year 1 DT designers worked with determination to build bread towers. They made cement out of bread and water and learnt about using a toaster safely. Very sticky business!



# Hope 4 Justice

On Saturday, 40 of our year 5 & 6 students performed as part of an 800 strong children's' choir, in the Hope 4 Justice event in Mountsfield park.

The event involved poetry, dance and singing, all performed by children and young people from the borough of Lewisham, making a much-needed call to action on climate change and pollution and highlighting the role of pollution in death of Ella Adoo-Kissi-Debrah, a 9-year-old girl who died in 2013 from a pollution-related asthma attack.



The quality of the performance was amazing, and the songs, composed by the brilliant Eska, although difficult to learn, were amazing, and complimented the climate message brilliantly.

Well done to the final 40 performers for your dedication and strength of character in surviving 34 degrees outside all day for the rehearsals on Friday and returning to complete the performance on the Saturday in the final event.





## Art Workshop in Year 6 – Lasting Legacy

Amazing things have been happening in the playground this week! Year 6 have had an incredible opportunity to leave their legacy at Torridon by working with some street artist to create these fantastic piece in the playground! On Tuesday we created a colourful Torridon sign and on Wednesday we created fists of different colours to symbolise the diversity throughout our school.



## Torridon Summer Music Concert

The summer music concert is on 19th July at 6:00 pm.

There will be performances from groups and individuals, as well as rock band, steelpan, and string ensemble performances.

Tickets are free to families of performers - maximum 2 as space is limited. Any remaining tickets will be available on the door at a £2 per ticket.



Refreshments will be sold during the evening.

# NHS Measles Information

## Make sure your child is up to date on their routine vaccinations

Many children have missed vital routine vaccinations over the past couple of years, putting them at risk of preventable diseases. The good news is that it's not too late to protect your child.

Your child is eligible for their MMR jabs at 1 year, and 3 years and 4 months. Check your child's red book, if they have one, or contact your GP, to check your child's vaccine status. If your child has missed one or both of their vaccinations, it's not too late – make an appointment with your GP as soon as you can.

All vaccines used in the UK have been approved by the UK's independent medicines and vaccines agency. Find out more at [www.nhs.uk/MMR](http://www.nhs.uk/MMR)



## Twitter

- If your child is due to have had two doses of MMR but has not yet received them, it's not too late, contact your GP practice to get them vaccinated as soon as possible.
- Is your child aged 1-5? Make sure to take them for both doses of their MMR vaccine. Missed an appointment – it's not too late – contact your GP to rebook. For more information visit [nhs.uk/MMR](http://nhs.uk/MMR)

## Facebook/Instagram post

- The MMR vaccine is the safest and most effective way to protect your child and community from measles, mumps and rubella, which can cause serious illness. If your child is due to have had two doses of MMR but has not yet received them, or has missed them for any reason, it's not too late – contact your GP practice to get them vaccinated as soon as possible. To find out more visit [nhs.uk/MMR](http://nhs.uk/MMR).
- Measles, mumps and rubella can cause serious complications, which is why it's important to get your child vaccinated. The MMR vaccine is safe and offers the best protection for your child and community. If you can't remember if your child has had their MMR vaccines, check his or her personal child health record (red book) and speak to your GP practice to book their first or second dose. Visit [nhs.uk/MMR](http://nhs.uk/MMR) for more information.

## WhatsApp message

- If your child has missed getting their MMR vaccines over the past couple of years, it's not too late – you can still make an appointment with a GP to get them caught up. Check your child's Red Book (their personal health record) to find out their vaccination status or contact your GP surgery.

## Family Reading in the Resource Base



We had another successful reading time in the resource base this week. We all enjoyed sharing our love for reading.

## School Uniform Exchange

Do you have old school uniforms cluttering your wardrobe? Wondering what to do with your child's outgrown school jumper or old school shirts? Think no further!

Friends of Torridon PTA is setting up a school uniform exchange – and is now accepting donations. **Bring your child's old, freshly laundered, good condition shirts, trousers, skirts, pinafores, summer dresses, jumpers, cardigans, PE uniform and coats to the school office.**

We will sort all the donations and have a stall at the Summer Fair on 2<sup>nd</sup> July and at other points during the summer term for you to get clothing in exchange for your donations or, if you've not donated, to buy the uniform for a small price (any proceeds will go to the school).

Contact Sarah Hanks at [friendsoftorridonpta@gmail.com](mailto:friendsoftorridonpta@gmail.com) with any questions.



## Diary Entries from Year 1

This week we have been looking at different primates that live in the rainforest, we have discussed the effects of deforestation and planting trees for palm oil. Today, we imagined we were primates living in the Amazon rainforest and thought about all of our senses; what we could see, hear, smell, taste, and feel. Then we wrote a diary entry of our eventful day!

LQ ~ Can I write in role?

Dear Diary, Today was lovely in the Amazon rain forest.  
I climbed 15 M tall known bark trees today. <sup>6</sup> Dear Diary  
Today I ate Mango, peach, pear and pineapple. Dear Diary  
Today I was chased by a <sup>fierce</sup> jaguar <sup>jaguar</sup> he chased me  
round and round and when I climbed a tree so he could  
not get me. Then I swung back home to check  
on my kids. Next I set off to <sup>get</sup> ~~have~~ lunch but  
on the way I saw a pithecia so I ran and hid.  
When I had got lunch I went home and had a  
nap.

Friday 17<sup>th</sup> June, 2022  
LQ ~ Can I write in role?

I do fear Liary I've been stuck here since it's been raining all day. Even when I was stuck here I just realised I saw a <sup>unfortunate</sup> unfortunat veggie of the rain, It was a green water of the rain! I've started spotting a scorpion in the trees and it was very fast well I was faster than him. I saw another scorpion here but I was hungry that I was going up the tree to get some good and eat it and I started to get tired. The next morning, I was going on an adventure I brought some good and water but I got lost. <sup>it was</sup> It was a rather Capuchin and it was my family + I was jumping up and down I got excited.

## Dates For Your Diary

Wednesday 29 <sup>th</sup> June	Community Police Visit – KS1
Friday 1 <sup>st</sup> July	Community Police Visit – Y5/6 Year 3 trip to Lewisham Migration Museum
Saturday 2 <sup>nd</sup> July	Summer Fair
Week beginning 4 <sup>th</sup> July	Assessment Week
Monday 4 <sup>th</sup> July	Year 6 Community Safety Workshop
Wednesday 6 <sup>th</sup> July	Year 2 to London Zoo
Thursday 7 <sup>th</sup> July	Community Police Visit – Y3/4
Friday 8 <sup>th</sup> July	Bank Holiday
Tuesday 12 <sup>th</sup> July	EYFS Sports Morning – Torridon Primary School
Wednesday 13 <sup>th</sup> and Wednesday 20 <sup>th</sup> July	Year 6 Transition Workshops
Thursday 14 <sup>th</sup> July	KS1 and KS2 Sports Day – Whitefoot Lane
Tuesday 19 <sup>th</sup> July	Torridon Summer Music Concert - 6pm
Wednesday 20 <sup>th</sup> July	Year 5 to Tate Britain
Friday 22 <sup>nd</sup> July	Last Day of Term
Thursday 1 <sup>st</sup> and Friday 2 <sup>nd</sup> September	INSET Days
Monday 5 <sup>th</sup> September	First Day of Autumn Term

## National Gardening Week



My Mini Garden is the UK's first brand new children's gardening magazine (independently reviewed by the [schoolreadinglist.com](https://www.schoolreadinglist.com) [here](#)). We are working with schools across the UK supporting their school gardening activities throughout this term and have also been supporting the National Children's Gardening Week.





# Online Safety Information – Setting up parental control

## Setting up your device with parental controls.

All smart devices, whether it is game consoles, smartphones or other connected gadgets, can be restricted by exploring the parental controls and safety features available. However, regular, open and honest discussion with your child about the boundaries is always recommended alongside parent controls.

Most of these devices will have information online, ensuring appropriate age limits for content, managing screen time and what purchases can be made. You can do this by searching online for your device's name, plus the words 'parental controls'.

You will need to create an adult account to set your preferred levels for the content and activities available to those who use them.

Gaming consoles like Xbox and PlayStation offer apps or family accounts to manage who can do what and with whom.

If you have children of different ages, not all devices allow you to create separate profiles for different age ranges, so you may need to consider the needs of the youngest user in your family when putting controls in place.

Parental control is also available for streaming services and built-in web browsers on smart TVs.

## What to consider when setting parental control?

Depending on your child's age(s), you may want to:

- Set age limits and browsing filters for inappropriate content.
- Manage app/game downloads.
- Manage in-game/store purchases.
- Manage contact with friends and strangers online.
- Manage screen time limits.
- Set up secure passwords and PIN codes so only you can change these settings.
- 

Below are some useful links for setting up parental controls on these devices:

[Apple iPods, iPhones and iPod parental controls](#)

[Android device parental controls](#)

[Kindle and Amazon Kids + settings](#)

[Xbox Family Settings](#)

[PlayStation Network \(PSN\) family accounts](#)



# What Parents & Carers Need to Know about WHATSAPP

UK AND EUROPE  
**16+**  
THE REST OF THE WORLD

WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts, photos, videos and documents, as well as making voice and video calls. Its end-to-end encryption means messages can only be viewed by the sender and any recipients: not even WhatsApp can read them. Updates to its privacy policy in 2021 (involving sharing data with parent company Facebook) caused millions to leave the app, but the new policy was widely misinterpreted – it only related to WhatsApp's business features, not to personal messages.

## WHAT ARE THE RISKS?

### SCAMS

Fraudsters occasionally send WhatsApp messages pretending to offer prizes – encouraging the user to click on a link to win. Other common scams involve warning someone that their WhatsApp subscription has run out (aiming to dupe them into disclosing payment details) or impersonating a friend or relative and asking for money to be transferred to help with an emergency.

### DISAPPEARING MESSAGES

Users can set WhatsApp messages to disappear in 24 hours, 7 days or 90 days by default. Photos and videos can also be instructed to disappear after the recipient has viewed them. These files can't be saved or forwarded – so if your child was sent an inappropriate message, it would be difficult to prove any wrongdoing. However, the receiver can take a screenshot and save that as evidence.

### ENABLING FAKE NEWS

WhatsApp has unfortunately been linked to accelerating the spread of dangerous rumours. In India in 2018, some outbreaks of mob violence appear to have been sparked by false allegations being shared on the app. WhatsApp itself took steps to prevent its users circulating hazardous theories and speculation in the early weeks of the Covid-19 pandemic.

### POTENTIAL CYBERBULLYING

Group chat and video calls are great for connecting with multiple people in WhatsApp, but there is always the potential for someone's feelings to be hurt by an unkind comment or joke. The 'only admin' feature gives the admin(s) of a group control over who can send messages. They can, for example, block people from posting in a chat, which could make a child feel excluded and upset.

### CONTACT FROM STRANGERS

To start a WhatsApp chat, you only need the mobile number of the person you want to message (the other person also needs to have the app). WhatsApp can access the address book on someone's device and recognise which of their contacts also use the app. So if your child has ever given their phone number to someone they don't know, that person could use it to contact them via WhatsApp.

### LOCATION SHARING

The 'live location' feature lets users share their current whereabouts, allowing friends to see their movements. WhatsApp describes it as a "simple and secure way to let people know where you are." It is a useful method for a young person to let loved ones know they're safe – but if they used it in a chat with people they don't know, they would be exposing their location to them, too.

## Advice for Parents & Carers

CLICK HERE

### CREATE A SAFE PROFILE

Even though someone would need a child's phone number to add them as a contact, it's also worth altering a young person's profile settings to restrict who can see their photo and status. The options are 'everyone', 'my contacts' and 'nobody' – choosing one of the latter two ensures that your child's profile is better protected.

### EXPLAIN ABOUT BLOCKING

If your child receives spam or offensive messages, calls or files from a contact, they should block them using 'settings' in the chat. Communication from a blocked contact won't show up on their device and stays undelivered. Blocking someone does not remove them from your child's contact list – so they also need to be deleted from the address book.

### REPORT POTENTIAL SCAMS

Young people shouldn't engage with any message that looks suspicious or too good to be true. When your child receives a message from an unknown number for the first time, they'll be given the option to report it as spam. If the sender claims to be a friend or relative, call that person on their usual number to verify it really is them, or if it's someone trying to trick your child.

### LEAVE A GROUP

If your child is in a group chat that is making them feel uncomfortable, or has been added to a group that they don't want to be part of, they can use WhatsApp's group settings to leave. If someone exits a group, the admin can add them back in once; if they leave a second time, it is permanent.

### THINK ABOUT LOCATION

If your child needs to use the 'live location' function to show you or one of their friends where they are, advise them to share their location only for as long as they need to. WhatsApp gives a range of 'live location' options, and your child should manually stop sharing their position as soon as it is no longer needed.

### DELETE ACCIDENTAL MESSAGES

If your child posts a message they want to delete, WhatsApp allows the user seven minutes to erase a message. Tap and hold on the message, choose 'delete' and then 'delete for everyone.' However, it's important to remember that recipients may have seen (and taken a screenshot of) a message before it was deleted.

### CHECK THE FACTS

You can now fact-check WhatsApp messages that have been forwarded at least five times, by double-tapping the magnifying glass icon to the right of the message. From there, your child can launch a Google search and decide for themselves whether the message was true or not.

## Meet Our Expert

Parveen Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



**National Online Safety**  
#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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# STARS OF THE WEEK

Class	Name	Reason
<b>Nursery FT</b>	Anish	For concentrating and sustaining interest when making his wonderful seed.
<b>Nursery AM</b>	Arush	For trying really hard to follow the carpet rules and helping others.
<b>RF</b>	Whole class	For their fantastic commitment to mark making this week.
<b>RL</b>	Dexter	For his outstanding attitude towards all areas of curriculum, especially in mental maths and rhyming words
<b>RP</b>	Omar	For always showing enthusiasm in his phonics lessons
<b>1BC</b>	Zenab	For always being so kind and hardworking. She is a great friend to have and a fantastic asset to the class.
<b>1G</b>	Austin	For being on fire this week! Austin has worked really hard in maths and his writing has been brilliant and so imaginative! Keep it up Austin 😊
<b>1N</b>	Mekai	For the dedication he consistently shows to meeting new targets and doing his absolute best. Keep up the great work! 😊
<b>2G</b>	Djhonathas	For his outstanding attitude towards his learning. Keep it up! 😊
<b>2L</b>	Ofure	For his excellent engagement and sharing valuable ideas during the carpet session – well done!
<b>2S</b>	Lenny	For his positive attitude to learning and for being such a pleasure to have in 2S! Your writing is AMAZING-keep up the beautiful handwriting too 😊
<b>3A</b>	Jasmine	For showing respect to everybody in our diverse community, especially during PSHE lessons.
<b>3L</b>	Thashyini	For sharing her knowledge of Hinduism with the class so proudly.
<b>3S</b>	Aksa	For her enthusiastic approach to reading. Well done Aksa keep it up!
<b>4CH</b>	Sadie	For demonstrating excellence in all lessons and showing consideration and empathy to others.
<b>4CW</b>	Whole class	For their attitude to learning this week showing perservance.
<b>4V</b>	Grace	For her enthusiasm for learning and maintaining positive relationships with peers as well as adults. Keep up the fantastic work Grace and happy birthday!
<b>5CR</b>	Rhylee	For working consistently throughout the week.
<b>5CY</b>	Samaya	For her positive attitude to learning and always taking part in class discussions.
<b>5W</b>	Laju	For his teamwork, effort and community spirit at the cricket tournament. He is always a positive and helpful member of the class.
<b>6A</b>	Nicholas	For being an excellent team player, who recognises the importance of including others in his activities and celebrating our differences and diversity.
<b>6C</b>	Evallia	For your outstanding efforts in all areas this week. You are a fantastic role model - well done.
<b>6P</b>	Joshua MR	For his outstanding attitudes towards learning, particularly in writing lessons and production rehearsals. Keep up the good work.
<b>RB Blue</b>	Javontai	For his effort and positivie attitude during the trip this week. Well done.
<b>RB Green</b>	Cam'ron	For staying so focused and engaged with learning this week. Well done!



# Free Fun Football programme on behalf of McDonald's

We are delivering a free Fun Football programme on behalf of McDonald's.

This is 3 weeks of free football in Beckenham, Bromley, Sydenham and Lewisham for children aged 5-11 year olds.

We also have adverts on TV!

Please see the link for parents to book for free: <https://www.mcdonalds.com/gb/en-gb/football/fun-football-centres.html>

If you have any questions, please do not hesitate to contact me.

**Amir Khoshmanesh**

**Academy Director**

**We Make Footballers: Beckenham & Bromley**

**Office:** +44 (0)7842790257

**Web:** <http://www.wemakefootballers.com/beckenham>

