



Hazelbank Road, Catford, London, SE6 1TG

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19th November 2021

Dear parents and carers,

It was real treat to see children skipping across the playground in their pyjamas and onesies this morning. Thank you for your generous donations for Children in Need. Classes had great fun with the Joe Wickes Workout, Mindfulness with Dr Ranj and lots of fun activities with Pudsey and his friends. It has been a fantastic end to the week.

This week has been anti-bullying week and the children have had daily Personal, Social and Health Education (PSHE) lessons to talk about different types of bullying, the impact bullying can have and ways in which we can tackle bullying at school and online. Some of the children have shared their thoughts for the newsletter and, as you can see, they feel very strongly about making sure there is no bullying here at Torridon.

We have spent a lot of time this week talking about kindness and how just one kind word can make a huge difference to someone's day. We hope that we will all be able to continue to use those kind words on a daily basis at school and at home.

I am extremely proud of our sports teams and our eco team who have been outstanding ambassadors for Torridon over the past week. Well done to those who took part and set such a good example for everyone.

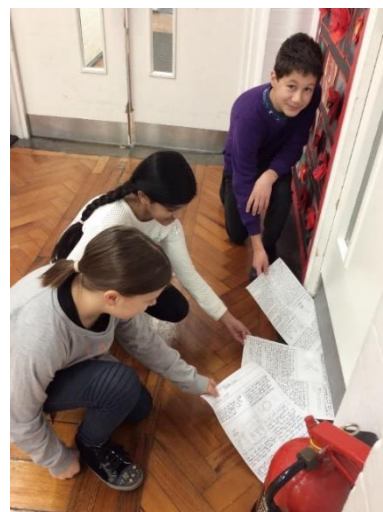
Have a lovely weekend.
Best wishes

Manda George
Headteacher

Anti-Bullying News Reporters

For our Anti-Bullying news report, we started by researching information for Anti-Bullying week. We found out when, why, what, and who for the introduction. Then we researched anti-bullying activities for the main. To add to the newspaper style, we gathered some quotes from the headteacher, Manda. She gave some answers, which we could include. When we made our newspaper report, we decided to post them around the school, so that everyone could find out more information about anti-bullying. We did this by posting them under their doors. This was our second article for Torridon News and we are looking forward to the next edition.

Jacob (6C)



Anti Bullying week – One Kind Word

If someone has been bullied, you should try to be their friend.

Genevieve (4CW)

If you bully someone, you might break their heart.

Dante (1BC)

Don't hurt people. We need to get rid of bullying.

Campbell (2S)

If people get bullied online, they might not tell their parents. They might try to handle it themselves and that can go badly wrong.

Bertie (5CR)

Bullying is when you are not kind to each other. You can tell the teacher or tell Manda if she is going past.

Georgina (1G)

We learned about different types of bullying like cyberbullying on the internet. If someone is bullying you, you can tell the teacher or stand up to them.

Eliza (4CW)

Bullying can make people ill because they are so sad. We don't want any bullying at our school.

Ted (2G)



A bystander is someone who is not in the situation but does not do anything about it. It is not smart. You should go and help or tell an adult.

Chester 5CR

You should not say bad words to people because you should be kind not rude.

Rakaiah-Renae (1BC)

Bullies might be hurting people on the inside. Even if you don't push them you might still be hurting them.

Maliyah (2S)

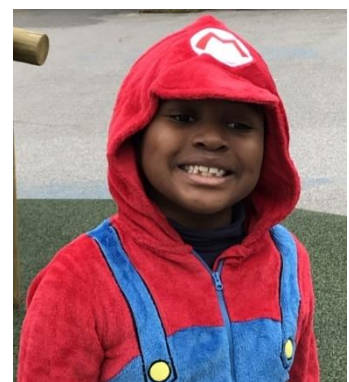
Anti bullying week is good because if you were bullying someone, you might be exposed and then you would stop doing it.

Bea (5CR)

<https://anti-bullyingalliance.org.uk/anti-bullying-week/parents-and-carers>

Children in Need

We had such fun coming to school in our pyjamas, onesies and fancy dress outfits. Thank you for helping us raise money for Children in Need! We are counting up your donations and will let you know how much we raised next week.



Year 5 and Year 6 Netball Superstars

Jamie and Michael took us to a Netball tournament at St Dunstan's which consisted of 16 teams, split into two groups of 8. There were 5 positions: goal keeper, goal defence, goal centre, goal attack and goal scorer. We managed to win 6 matches and draw 1 which resulted in us winning our group and advancing into the final. We managed to score against other teams in our group but when it came to the final game we lost 4-1 to St Dunstan's. We had a great day and we had lots of fun. We got a silver medal that represents 2nd place. We all worked as a team. The first match we played, which was against Stillness, we were a little bit nervous but as we got further we built our confidence and our teamwork. We are really proud of ourselves. WELL DONE TORRIDON!!!!



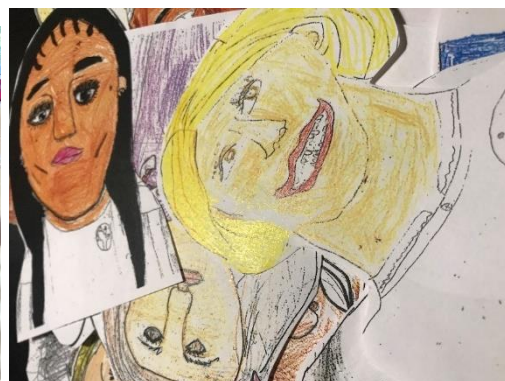
It was Tuesday, 16th November. We competed in a netball tournament against 16 other teams that was split into two groups of 8. We had won 6 of our matches and drew which meant we had won our group and qualified for the final. There were 5 different positions but we had to rotate which means that we all had to play each part. We scored loads of baskets which meant we got loads of points. After a while, we found out that we made it into the finals. We were all excited and were very confident that we were going to win. It was against St Dunstan's. The game started. They looked as if they had been playing for years. St Dunstan's scored a basket and our confidence went down but we still believed that we could come back from it. They scored again. We had finally scored but after some time St Dunstan's scored again. Just before the game ended they scored once more meaning we lost 4-1. It was very disappointing to know that we came so far and had so much confidence that we were going to win it all. Although, we were very proud that we only practised netball for 30 minutes altogether and got second place. I am very proud of our team because at the beginning we had no confidence whatsoever but as the games went on our confidence kept on boosting up. Well done Torridon!



Reports by Meda and Annaliese

Portraits

Very exciting things are afoot in the Art room! Every child at Torridon has drawn a self portrait and these are now being brought together in a large piece of collaborative work to celebrate all the incredible Creative Arts that go on at Torridon School.....watch this space!



Support, Advice and Information

We are Contact, the charity for families with disabled children. We understand that life with a disabled child brings unique challenges, and we exist to help families feel valued, supported, confident and informed. Contact Lewisham provides support, advice and information for families with disabled children living anywhere in Lewisham.



GET IN CONTACT
WITH US

Contact Lewisham

Leamore Central Community Hub
Bonfield Road, London SE13 5EU

☎ 020 8297 8056

✉ lewisham.office@contact.org.uk

If your enquiry is urgent you can call our helpline:

0808 808 3555

helpline@contact.org.uk

www.contact.org.uk

Our website is packed with up-to-date help for you and your family, including information on hundreds of health conditions and disabilities. You can download our guides and factsheets on issues like education, benefits, family life and growing up too.



THANK YOU

Contact would like to thank the
Big Lottery Fund and LB Lewisham.



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contact For families
with disabled children

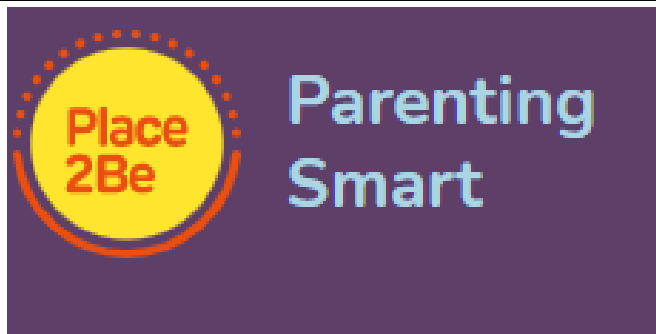
London Borough of Culture

IRIE! dance theatre visited school this week working alongside children and staff. We all learnt the signature movement sequence entitled LBOC Bop. It is created by Irie Dance Theatre in celebration of our diverse communities.

We are incredibly proud to be taking part in a performance which will be live, filmed and screened as part of the London Borough of Culture celebrations in January 2022.



Supporting Children's Mental Health and Wellbeing



Place2Be have developed a free, online resource featuring video support and practical tips for parents and carers of primary age children. The resources offer a range of support from child mental health experts to support wellbeing and manage behaviour.

Topics covered include: anxiety, friendship difficulties, peer pressure, safe social media, positive meal times and bed times and transition to secondary school.

Please see link below to start exploring the wealth of resources available.

<https://parentingsmart.place2be.org.uk/>

**Parenting advice from our
child mental health experts**

Practical tips to support children's wellbeing and manage behaviour

Climate Change Champions

By Romy and Alice

The year 6's began their Green team journey in 2020, when a group of passionate, young climate enthusiasts were given the opportunity, by Nursery teacher Emma Aduaka, to collaborate with a company named RAFT (Retrofit Action For Tomorrow).

RAFT is an organization that aims to remove carbon completely from all schools across London. Although it may be a challenging objective, it can be grasped- with hard-work, drastic changes to the school and facts.

The group researched the materials from the different buildings at the school. We discovered that many of the resources, used in the original building (built in 1906) and the year 6 building (built in 2010) were unsustainable and the lifespan was poor. This means the school will have to replace it when needed.

We worked alongside Nidhi, a member of RAFT. She walked us through the history of the buildings, and set up interesting workshops. She never failed to inform us on intriguing facts and data. It made us realise how desperate the Torridon buildings are for replacement.

Last week, we presented our video which was based on all the hard work we have achieved. Green team created magnificent poems to persuade others to help. The zoom meeting took place in the new library. 5 other schools took part and presented their work, when it came to our presentation we were so grateful for the comments we received. People were very impressed by the effort we put in and how fascinating our facts were. A woman from Lewisham Council and even someone from the COP26 Climate Change Conference spoke to us about how well each and every school did.

We continue to dedicate ourselves to the school and continue the task of making our school as eco friendly as possible before we leave.



Thank you for reading 😊

Christmas Shoe Box Appeal

As we approach the Christmas period, we would like to spread some Christmas joy! Last year, we collected and distributed over one hundred Christmas boxes, as a way to spread Christmas cheer to others. This year, we would like to create as many Christmas boxes as possible, so that we can give them to children who may not have as much as others. Therefore, we need your help to support our project. If you can, please decorate a shoe box with wrapping paper, and fill with small gifts, such as: a colouring book, pens, pencils or bubble bath. These gifts do not need to be expensive, just small, thoughtful items, which will brighten up a child's Christmas. Alternatively, any spare shoe boxes, wrapping paper or gifts would be appreciated, as we can then make these into Christmas boxes. Please bring the shoe-box to the office by Friday 3rd December.



Saturday League Football Fun

Our Saturday League boys' football team played their first matches last weekend and, similar to the girls' team, produced an impressive start to their campaign. The first match was against Dalmain - a team who we shared a winning trophy with at the end of our previous season. Our boys dominated the majority of the possession throughout the match with Bryant, Junior, Fraser and Josiah all finding the back of the net. After going 4 goals up, Dalmain did find a break at the end to score a consolation goal but that wasn't enough to deny our first win of the season. After winning the first game 4-1, the boys went into their second game hungry for more goals. Stillness, who had just won their first match 7-0, took advantage of their first counter attack to make it 1-0 early in the match followed closely by a second goal coming from an unfortunate deflection from a free kick. Although our team could not find a way to break down their formidable defence, they did manage to regroup as a team and halt their opponents from scoring any more goals. The match ended as a 2-0 defeat but after just one training session, the Torridon boys' team are already looking incredibly strong and will be eagerly awaiting their next matches! Well done to all our boys.



Our girls' team will be playing again this Saturday 20th November at Blackheath. The first match against Fairlawn kicks off at 10:30am followed by their second match against John Ball at 11:30am. Good luck to our girls!

Dates For Your Diary

Tuesday 23 rd November	Y3 and Y4 Athletics Tournament
Monday 29 th November	National Child Measurement Programme (Reception and Year 6)
Week beginning 29 th November	Whole School Assessment Week
Wednesday 1 st December	Year 5 and Year 6 Athletics Tournament
Friday 3 rd December	INSET DAY
Thursday 9 th December	Christmas Disco
Monday 13 th December	NHS Flu Vaccination Programme
Tuesday 14 th December	Christmas Jumper Day Christmas Lunch Reindeer Fun Run
Thursday 16 th December	Year 6 Netball Tournament
Friday 17 th December	Last day of autumn term
Monday 20 th December to Monday 3 rd January	CHRISTMAS HOLIDAY
Tuesday 4 th January	BACK TO SCHOOL

Torridon Primary Foodbank Funding Support

Just a reminder to vote for us at your local Tesco store by putting your token in the slot for our foodbank. We could be eligible for £1,500 funding which could make a huge difference to our vulnerable families over the festive period.

Please see below a list of Tesco stores taking part in the voting.

GROVE PARK EXPRESS	SE12 0DU	Express
LEWISHAM	SE13 7PY	Superstore
LOAMPIT VALE EXPRESS	SE13 7TG	Express
DOWNHAM BROMLY RD EXP	BR1 4PB	Express
HITHER GREEN LANE EXP	SE13 6UR	Express

Voting will continue until 31st December 2021.

TESCO
Community Grants

Year 1 Arty Architects

The children in year 1 have been learning about the world famous architect Zaha Hadid. They have exploring what it means to be an architect and learning about 2D and 3D shapes and using this knowledge to build their own structures.



Keeping In Touch

Please remember to let us know if you or a member of your household receives a positive test result for COVID-19. We have a dedicated phone number for you to call if you need to inform us of a confirmed case within your household– **07376 358065**.

We also have a dedicated email address for any communication related to COVID-19. You can contact us at the following email address:

covid@torridonprimary.lewisham.sch.uk



Stars of the week



Congratulations to these superstars for some amazing learning this week!

Nursery	Seyon Dumirita	Resource Base	Rafael Romel
RF	Emmanuel	3S	Sobaan
RL	Vivian	4CH	Reyhan
RP	Jude	4CW	T'Shae
1BC	Siddy	4V	Noble
1N	Perla	5CR	Lewis
1G	Malaysia	5CY	Hisham
2G	Miracle	5W	Michael
2L	Ofure	6A	Meda
2S	Maxwell	6C	Gabriel
3A	Isla	6P	Daniel
3L	Isla		