

RSE & PSHE > Key Stage 1 > Safety and the changing body > Lesson 4: Appropriate contact: My private parts

Learning objective and success criteria	Before the lesson
 To begin to understand the concept of privacy and the correct vocabulary for body parts I understand what 'private' means I can name parts of the body I can name the private parts of my body correctly 	Have ready • Link: NSPCC video: 'Pantosaurus' Print • Activity: Body parts x1 per pupil • Activity: Body partsword bank for pupils requiring extra support. (see Classroom resources)

Attention grabber

Sing the song 'heads, shoulders, knees and toes' with the children.

Go on to point to other parts of your body and ask the children to name them. Keep this activity quick and fun and focus on the ones children will know (not the private parts) e.g. arm, leg, hand, wrist, neck, head, knee, foot, ankle.

Key questions

What are the names of some of the parts of our body?

Main event

Explain that we are going to be learning about parts of the body. Give out the *Body parts* activity sheets (see *Differentiation*) and ask the children to label the body parts indicated.

Move on to explain that in these pictures, and probably most pictures we see, some parts of the body are covered and these are sometimes called private parts.

What does the word private mean? (Something we don't show to anyone or tell people about unless we want to).

Go on to explain that although we keep our private parts covered they are still parts of our body and nothing to be embarrassed about. Like all the other parts of our body these parts have names.

Explain that the children might have names they use to refer to these areas at home but at school they are going to learn the proper names. Unlike the other parts we have looked at so far these parts are different on a boy and girl. Using the images from the *Activity: Body parts* resource, point to the parts of the bodies covered by pants and explain that a girl's private part is called a vulva and a boy's, a penis. Then ask them to return to their own *Body parts* activity sheet and label these parts.

Reinforce the names of the parts with children and explain if they ever have a problem with those parts it will help them tell someone about it if they know the correct names for them.

Key questions

- What does private mean?
- What are our private parts called?

Wrapping up

Show the class the NSPCC video: 'Pantosaurus'. Explain they will be learning more about this next lesson.

Key question

• What is the PANTS rule?

Glossary

• Penis

• vaginaclass="glossary-tooltip glossary-term-34394" tabindex="0">Vulva - sometimes called the vagina, but vulva is the correct terminology

- Arm
- Leg
- Hand
- Wrist
- Neck
- Head
- Knee
- Foot
- Ankle
- Elbow

Assessing pupils' understanding and progress	Next steps
 Pupils with secure understanding indicated by: Knowing the name of parts of the body including those of the private parts for their gender. Pupils working at greater depth indicated by: Knowing a wider range of body parts and using the correct names for private parts for both genders. 	 Pupils needing extra support: Can use the Activity:Body parts with word bank so that they can select from the body parts provided. Pupils working at greater depth: Label other areas on the Activity: Body parts, such as wrist, shoulder, knee, ankle.

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