

Learning objective and success criteria	Before the lesson
<ul style="list-style-type: none"> • To understand the biology of conception • I understand the menstrual cycle • I understand how a baby is conceived 	<p>Watch</p> <ul style="list-style-type: none"> • <i>Pupil video: Menstruation</i> If you would prefer to use a version of this video with a man's voiceover, see https://www.kapowprimary.com/subjects/relationships-and-sex-education/animated-puberty-videos/ • <i>Pupil video: Conception</i> Pupil video: Conception If you would prefer to use a version of this video with a man's voiceover, see https://www.kapowprimary.com/subjects/relationships-and-sex-education/animated-puberty-videos/ <p>Have ready</p> <ul style="list-style-type: none"> • <i>Presentation: Sequencing</i> (see Main event) <p>Print</p> <ul style="list-style-type: none"> • <i>Activity: Sequencing</i> (see Classroom resources) one per pair of pupils • <i>Activity: Sequencing with images</i> (see Classroom resources) for any pupils needing additional support
Attention grabber	
<p>Recap with the class the ground rules that were created at the beginning of the year/topic. Answer any questions from the question box that the children may have asked since the previous lessons – focusing on those which won't be covered during this lesson. Show the <i>Pupil video: Menstruation</i> from the Year 5 lesson to remind the children of what happens during the menstrual cycle. Explain that this is the way that a woman's body prepares for having a baby and that we're going to learn more about how a baby is made.</p> <p>Key question</p> <ul style="list-style-type: none"> • What happens during the menstrual cycle? 	
Main event	
<p>Explain that we are going to learn how a baby is conceived. Put this into context by saying that for most couples this is a big decision and something they will have thought about for a long time. Your school policy and ethos may mean you need to stress the importance of marriage. Show the <i>Pupil video: Conception</i> then take any questions that the children have. Explain to children that the age at which you can legally have intercourse in this country is 16 and this law is designed to protect us. Emphasise that they should never feel pressure or pressurise anyone else into having intercourse or doing anything else they don't want to. Rewatch the video so children can further consolidate their understanding. Give out the <i>Activity: Sequencing</i> (there are 2 sets on a page) per pair of pupils and display slide 1 of the <i>Presentation: Sequencing</i>. Presentation: Sequencing Show on your interactive whiteboard Then ask the children to write the statements into the correct order and record which image from the presentation goes with each statement. Pupils needing extra support can use the <i>Activity: Sequencing with images</i> version which has images too and can stick the text and images into the correct order. When the children have completed the activity, share slide 2 of the presentation and they can self mark their work.</p> <p>Key question</p> <ul style="list-style-type: none"> • How is a baby made? 	
Wrapping up	

Remind children that intercourse is something adults do and tell them that the legal age they can have intercourse is 16 and that they should never feel pressure or pressurise anyone else into having intercourse or doing anything else they don't want to.

Give time for questions to be answered now or put into the question box.

Contraception

Children may ask about contraception or ask if there are ways to not get pregnant if you have intercourse. How you respond to this should be part of your school policy but it is recommended to give simple and concise answers. The key information children need at this stage is that:

- contraception can prevent a pregnancy but it is never 100% effective.
- a condom can be worn over the penis to stop the sperm entering the female.
- the pill can be taken by the woman which stops the eggs being released each month.

Key question

- At what age can people legally have intercourse?

Glossary

- Sperm
- Egg
- Erection
- Fertilise
- Conception
- Sexual intercourse
- Relationship

Assessing pupils' understanding and progress

Next steps

Pupils with secure understanding indicated by:

Understanding of the menstrual cycle and that a male and female are needed to conceive a baby.

Pupils working at greater depth indicated by:

Understanding how a baby is conceived and explaining the stages independently and in the correct order.

Pupils needing extra support: May need further consolidation around the process of conception and can use *Activity: Sequencing with images* for the activity.

Pupils working at greater depth: Should be challenged to write their own sequence of conception without the aid of *Activity: Sequencing*.