

RSE & PSHE > Upper KS 2 > Safety and the changing body > Lesson 6: Pregnancy and birth (Parents have the right to withdraw their child from this lesson)

Learning objective and success criteria	Before the lesson
 To understand the development of the baby during pregnancy I understand how a baby develops in the womb during pregnancy I can identify some of the things a baby needs 	Watch • <i>Pupil video: Pregnancy and birth</i> Have ready • Resources for the creative activity e.g. magazine pictures, catalogues, books for research and links to suitable websites
Attention grabber	

Remind the children about ground rules for these lessons.

Answer any questions from the question box. Focus on those questions which won't be covered during this session.

Remind children that in the last lesson they found out how a baby is made. Today they are going to find out more about how the baby develops in the womb. Ask the children if they already know anything about pregnancy and the development of a baby. Make a note of these things on the board.

Key question

• What happens during pregnancy?

Main event

Show *Pupil video: Pregnancy and birth* which explains the development of the baby in the womb and birth.

Pupil video: Pregnancy and birth

Following the video answer any questions the children might have.

If the children don't ask, explain that not every couple will be able to have a baby this way. This could be for medical reasons or because they are in a same sex relationship. Explain that these couples may still want to have a baby and there are other options open to them such as adoption, someone else having the baby for them (surrogacy) or IVF, where the sperm and egg are put together by a scientist and once the egg is fertilised, it is placed into the uterus to grow. Explain that pregnancy and birth are only the start of being a parent and that it is a long-term commitment. Ask the children to talk to a partner about what a baby might need in the first nine months. Take some feedback and ensure they think about practical and emotional support as well as products.

Explain to the children that you would like them to create a piece of work which illustrates either how a baby develops during the nine months of pregnancy or what a baby needs during the first nine months of its life. The piece of work can include pictures and text must show their understanding of the aspect they have chosen.

Variations – you could decide which activity you want children to do. Children could work in pairs or small groups to produce their piece of work.

Show some of the children's work and emphasise the amount of commitment a baby takes. Remind them that because of this, most couples take a long time to decide to have a baby. Remind children that 16 is the age legally when a person can have intercourse, but this doesn't mean you have to have intercourse at that age, many people choose to wait until they are older. Everyone can make that choice for themselves.

Key questions

- How does a baby develop?
- What does a baby need in the first months of life?

Wrapping up

Explain to the children that over the last few lessons they have learnt a lot about how a baby is conceived; how it develops during pregnancy and what it needs during the first few months of life. Ask the children to write down three things they have learnt during the lessons.

They can then make their piece of paper into a snowball shape and throw it to someone else in the class. Make sure each child has a snowball and then ask them to read out one of the things that is on their piece of paper. As they read these out, correct any misconceptions or reinforce anything which you think is key learning such as the age of consent.

If possible give time for any remaining questions to be answered now or put into the question box.

Key questions

- What do we know about how babies develop during pregnancy?
- What do we know about babies' needs in the first months of life?

Glossary

- Sperm
- Egg
- Erection
- Fertilise
- Conception
- Sexual intercourse
- Relationship
- Pregnancy
- Development
- Commitment
- Baby
- Love
- Care

Assessing pupils' understanding and progress

Pupils with secure understanding

indicated by: Understanding that a baby changes in the womb and some requirements during the first months of life.

Pupils working at greater depth indicated by: Understanding of stages of development during pregnancy and the range of requirements during the first months of life.

Next steps

Pupils needing extra support: Provide more structured resources for the activity e.g. pictures or sentences about how a baby develops or items a baby will need and won't need to select from.

Pupils working at greater depth: Provide resources for individual research and ask children to include additional facts they have found out in their piece of work.

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