

Communication and Touch Cards

1. Kel is 14 years old and has been going out with Shay for two weeks. Kel wants to kiss Shay but is too embarrassed to ask. Kel decides to just kiss Shay anyway. Shay doesn't really want to kiss Kell but is too embarrassed to say anything.

2. Sayeed and Mark have been best mates for ages and Sayeed often gives Mark a big hug each morning when they meet at school. They have never spoken about it but it just happens. Mark doesn't really like being hugged but he goes along with it because he doesn't want to lose the friendship.

3. Jay always gets told to kiss his grandma when she comes over. He really doesn't want to but feels like he has to and feels like he can't say anything.

4. Christy and Sam have been married for three years they both often like to have a cuddle after work when they get home. They can often tell without asking the other person if they want a hug just by looking at their body language.

5. Hai really loves giving her friends a hug but always checks in with them to see if they want a hug too. If they say "no thanks", that's fine.

6. Jax and Roo are both 18 and have been dating for a year. Right from the beginning of their relationship they had conversations about what kind of touch they did or didn't like.

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Good communication

Some communication

Poor communication