

| | |
|---|--|
| <p>Art / DT</p> | <p>Where was your favourite place to buy treat food before lockdown?</p> <p>Design a menu for your favourite eating establishment, consider the logo and the layout.</p> |
| <p>Dance / movement</p> | <p>Can you use kitchen utensils to enhance your ideas of sound and movement?</p> <p>Wooden spoons and pans at the ready!</p> |
| <p>Music</p>  | <p>Singing! Have a go at learning the song – ‘Food Groups are rocking tonight’. Visit the Music page on the Creative Arts blog to find the song and learn more about Rock n Roll music:</p> <p>https://creativeartstorridon.edublogs.org/2020/06/22/22-6-20-music-home-learning-food-topic-week-2/</p> |
| <p>Drama</p>  | <p>Kitchen Utensil Game! This is a very fun but silly game. You need to play with someone else or a group of people. When it is your turn you need to think of one kitchen utensil eg. Cheese grater, ice cream scoop, kettle, toaster....etc . You need to pretend to BE that utensil and mime how you move to the other people playing. They need to guess which utensil you are.</p> <p>Visit the Drama Creative Arts page for more! https://creativeartstorridon.edublogs.org/category/drama/</p> |
| <p>Yoga</p> | <p>Ayurvedic food for kids</p> <p>Ayurveda is the science of Yoga. It’s a system that looks to find balance... and uses food to help you feel better and more in harmony.</p> <ol style="list-style-type: none"> Have a look at these ayurvedic recipes for familiar foods: <ul style="list-style-type: none"> https://www.mapi.com/ayurvedic-recipes/entrees/ayurvedic-pizza.html https://www.mapi.com/ayurvedic-recipes/snacks-and-basics/baked-french-fries.html https://www.mapi.com/ayurvedic-recipes/entrees/veggie-burgers.html Answer the questions: <ol style="list-style-type: none"> What’s the same/familiar in this recipe? What’s different? Do you think it’s more/less healthy than the version you normally have? You are welcome to try a recipe – ask an adult first! And then write a review answering the questions: <ol style="list-style-type: none"> How easy/hard was it to make? How good did it taste? How did you feel afterwards? More/less energy? More/less full? Would you recommend the recipe/food? Why? |

