

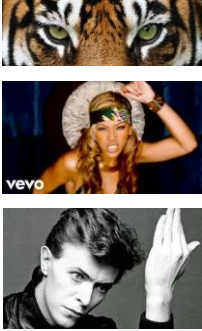




Heroes/Heroines Music activities

<p>Activity 1</p> 	<p>Watch and listen to this silly Superhero song. https://www.youtube.com/watch?v=Py4fhsx3Ct4 Can you copy the moves and sing along? Which superheroes did they sing about?</p>
<p>Activity 2</p> 	<p>Listen to this theme tune. https://safeyoutube.net/w/Nble Can you list the instruments you can hear? Try humming/whistling/singing the main part of the tune. Which superhero is it about? Can you hear their superpowers in the music?</p>
<p>Activity 3</p> 	<p>Do you know any songs about heroes or heroines? Or any about being brave or strong? Try learning one from the internet. There are loads! Here are some ideas: David Bowie - Heroes Bonnie Tyler - I need a hero Katy Perry - Roar Survivor - Eye of the tiger Destinys Child - Survivor Can you write your own lyrics for a song?</p>
<p>Activity 4</p> 	<p>Find something you could use as an instrument at home. Try playing it in different ways eg. fast, slow, loud or soft. Now think of the qualities a hero or heroine might have. Can you make sounds on your instrument in that way? Eg. strong, fast, flying, creeping, jumping etc. Could you tell a story with your instrument? Eg. hero/heroine - villain - battle - ending?</p>
<p>Activity 5</p> 	<p>Listen to this Spiderman theme tune. https://www.youtube.com/watch?v=SUtziaZIDeE Can you use instruments at home to make up your own hero or heroine theme tune? You need to think of a hero or heroine. It could be somebody you know. Can you think of lyrics (words) to describe them, a bit like the ones in the Spiderman theme? Try putting these words to a rhythm on an instrument or using your voice. You can use an online piano (like this one https://www.imusic-school.com/en/tools/online-piano-keyboard/) to compose your theme. Practise it and perform it. You could post it to our Torridon Creative Arts Blog, or to our Instagram account. Make sure you get permission from your parent or carer first.</p>